

Mesenteric ischemia: A pictorial review

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Learning objectives

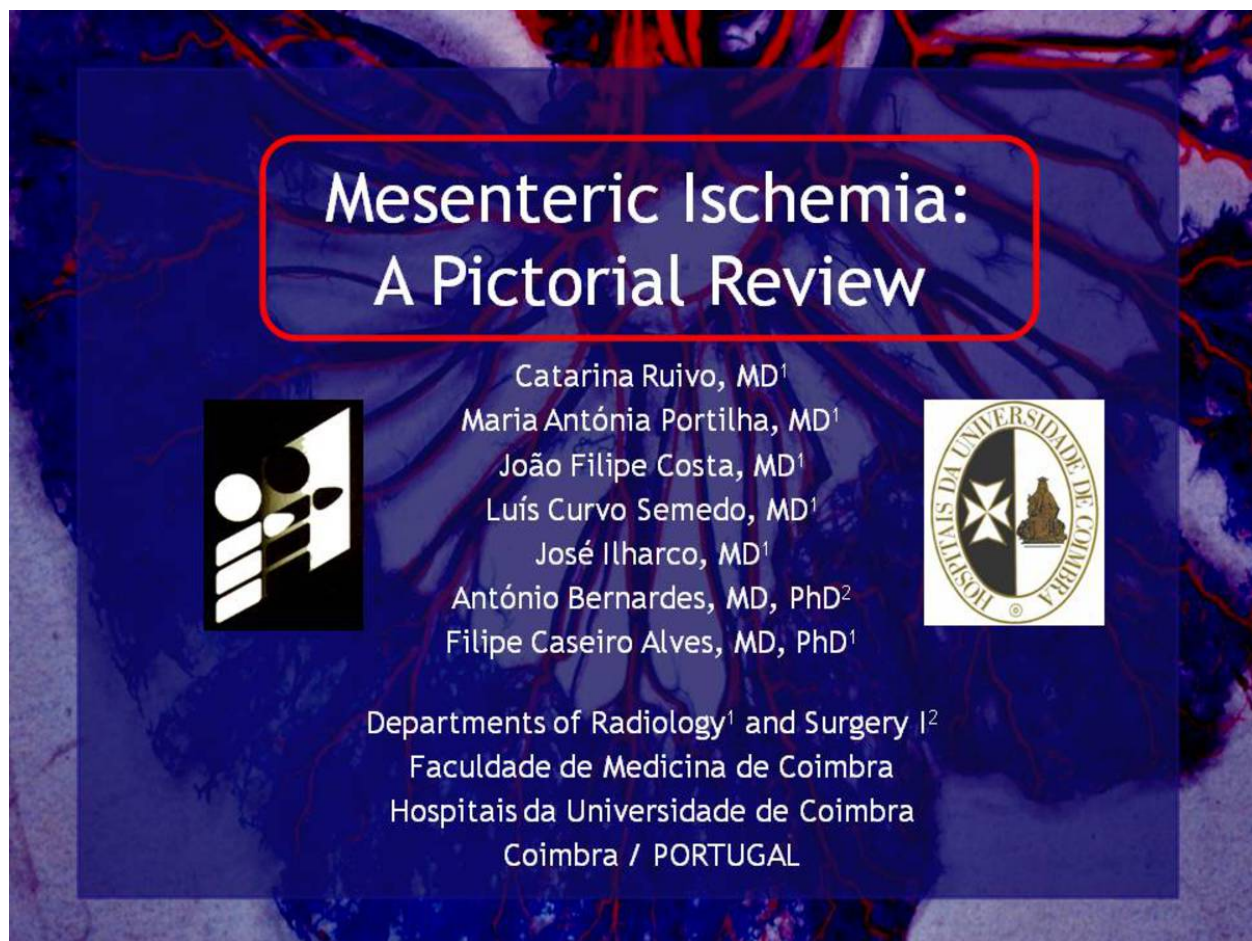


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL



LEARNING OBJECTIVES

- ✦ To review the anatomy and physiology of mesenteric perfusion, discussing the etiopathogenesis of mesenteric ischemia in its acute and chronic forms.
- ✦ To evaluate the value of diagnostic imaging in the diagnosis and management of mesenteric ischemia, describing and illustrating imaging findings in a multimodality approach.

Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

Images for this section:

Mesenteric Ischemia: A Pictorial Review



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Fig. 1



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Fig. 2

Background

BACKGROUND

In 1921 Cokkinis stated: *"Occlusion of the mesenteric vessels is apt to be regarded as one of those conditions of which the diagnosis is impossible, the prognosis hopeless, and the treatment almost useless."* (Cokkinis AJ. Mesenteric vascular occlusion. London: Bailliere, Tindall and Cox, 1926).

- ✦ Mesenteric ischemia is caused by *decreased intestinal blood flow* of sufficient magnitude to *compromise the metabolic requirements* and potentially *threaten the viability of a particular segment of bowel*. This may be acute or chronic, depending on the rapidity and the degree to which blood flow is compromised. Furthermore, it may involve the small or large bowel, be segmental or diffuse, and be mural or transmural.
- ✦ Ischemic bowel disease is responsible for approximately 1/1000 of all hospital admissions, occurring predominantly in the geriatric population (>60y).
- ✦ Despite recent advances in diagnosis and treatment, mortality rates remain high (up to 60-70% in acute mesenteric ischemia).

Fig.

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ANATOMY

- ✦ Knowledge of mesenteric vascular anatomy is essential in order to appreciate the causes and consequences of intestinal ischemia and infarction.
- ✦ Intestinal blood supply occurs predominantly through three branches of the abdominal aorta (Fig. 1):
 - Celiac axis (CA)
 - Superior mesenteric artery (SMA)
 - Inferior mesenteric artery (IMA)

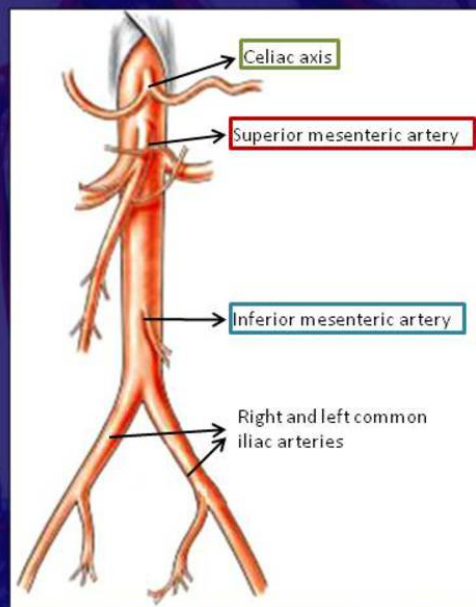


Figure 1. Diagram of the aorta and its main branches.

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ANATOMY

CELIAC AXIS

- It is the largest of the three arteries, emerging at a perpendicular angle under the median arcuate ligament near the level of the diaphragm (T12-L1).
- It trifurcates about 1 to 2 cm beyond its origin into (Fig. 2):
 - ◆ The splenic artery
 - ◆ The left gastric artery
 - ◆ The common hepatic artery
- It provides arterial blood supply to:
 - ◆ Stomach
 - ◆ Duodenum
 - ◆ Pancreas
 - ◆ Liver

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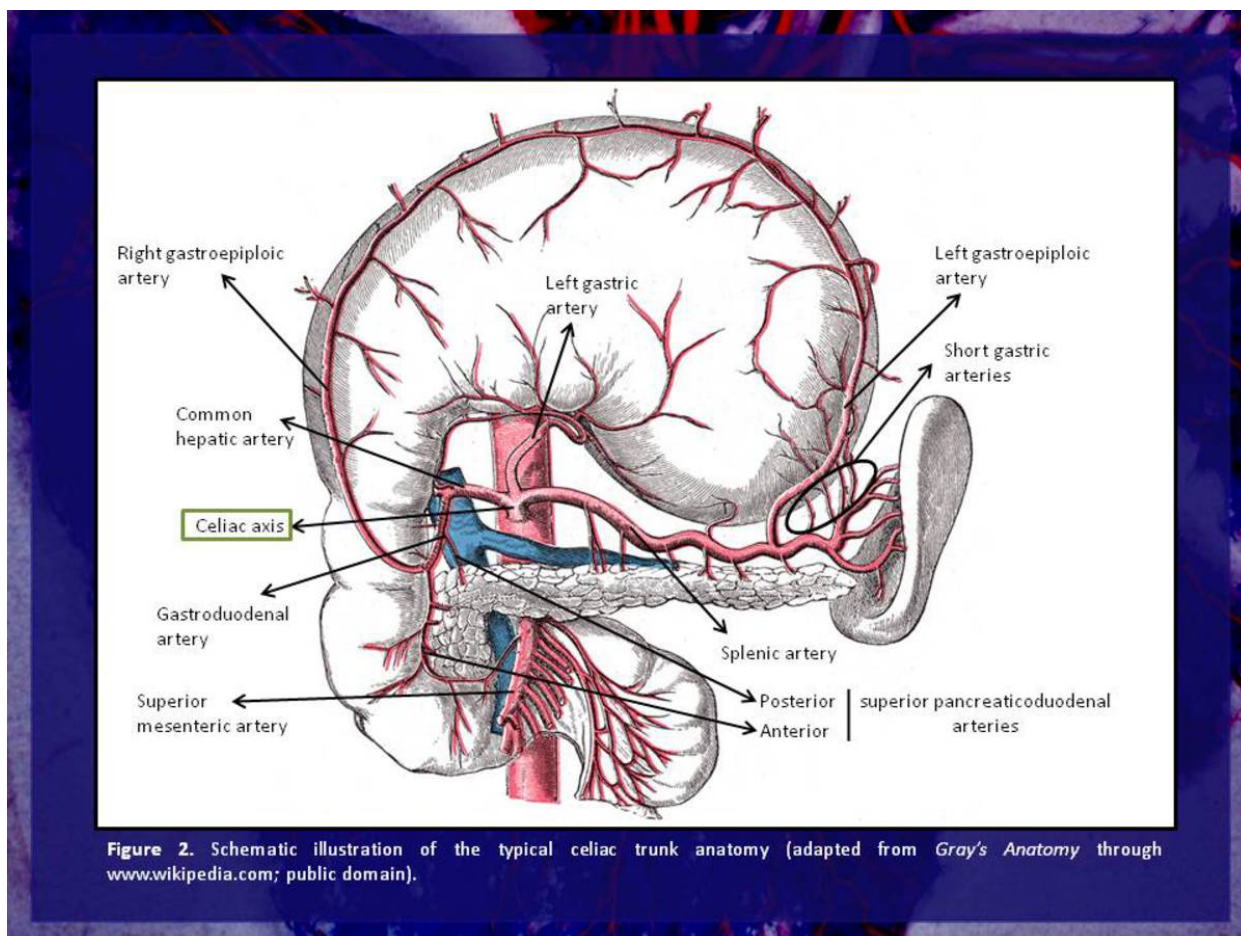


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SUPERIOR MESENTERIC ARTERY (SMA)

- It forms a more acute angle at its origin (making it *the most susceptible of the major mesenteric vessels to embolic phenomena*), which is generally 1 to 3 cm distal to the celiac axis.
- It courses almost parallel to the aorta proximally before curving towards the right lower quadrant and giving off branches that supply blood to the (Fig. 3):
 - ♦ pancreaticoduodenal arcade ⇒ inferior pancreaticoduodenal artery;
 - ♦ entire small bowel ⇒ jejunal and ileal branches, that form arcades; from the terminal arcade straight vessels enter the intestinal wall;
 - ♦ right and proximal half of the transverse colon ⇒ middle colic, right colic and ileocolic arteries.

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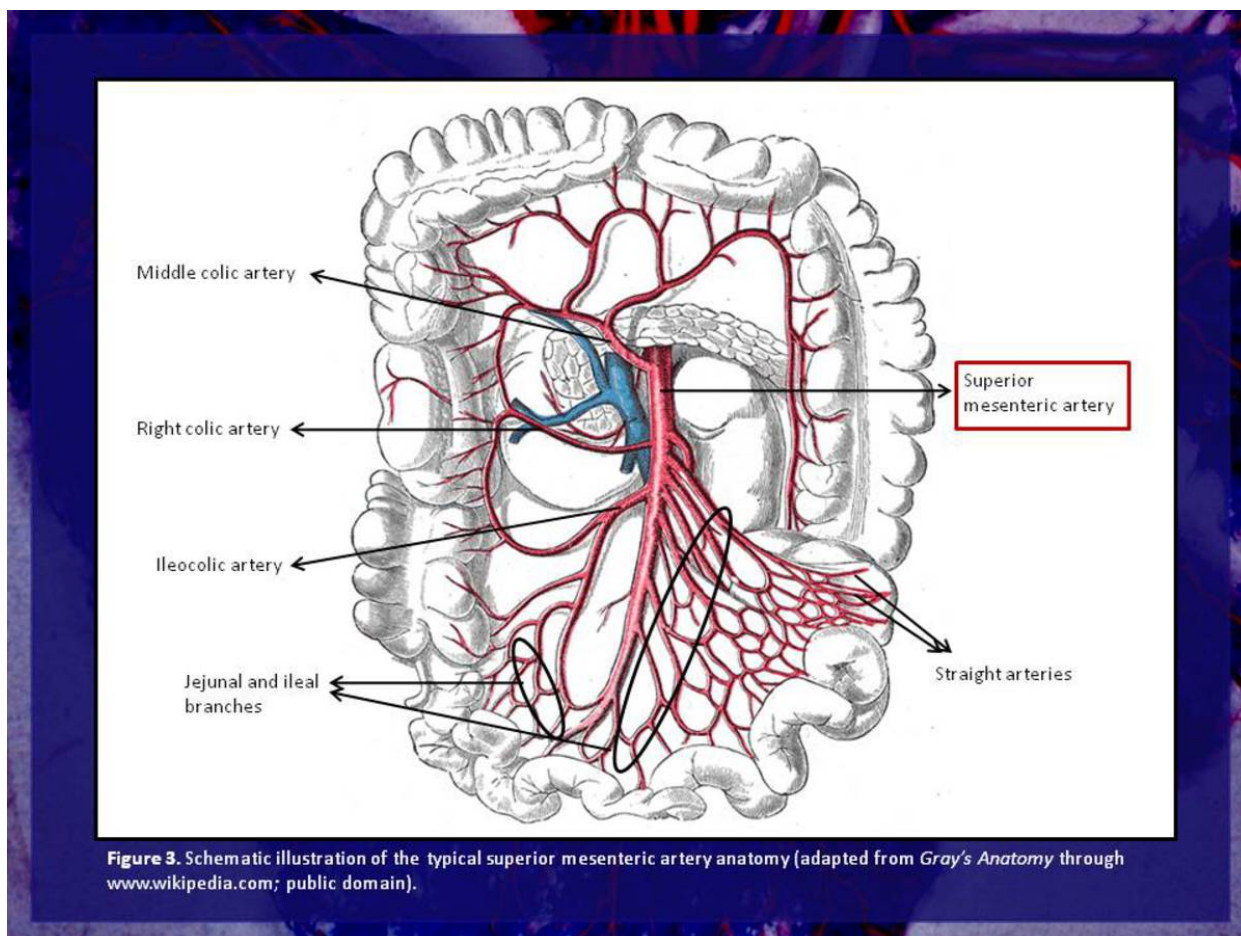


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- The IMA is smaller in caliber, originating from the infrarenal aorta 5 to 8 cm distal to the SMA, and about 4 cm above the aortic bifurcation.
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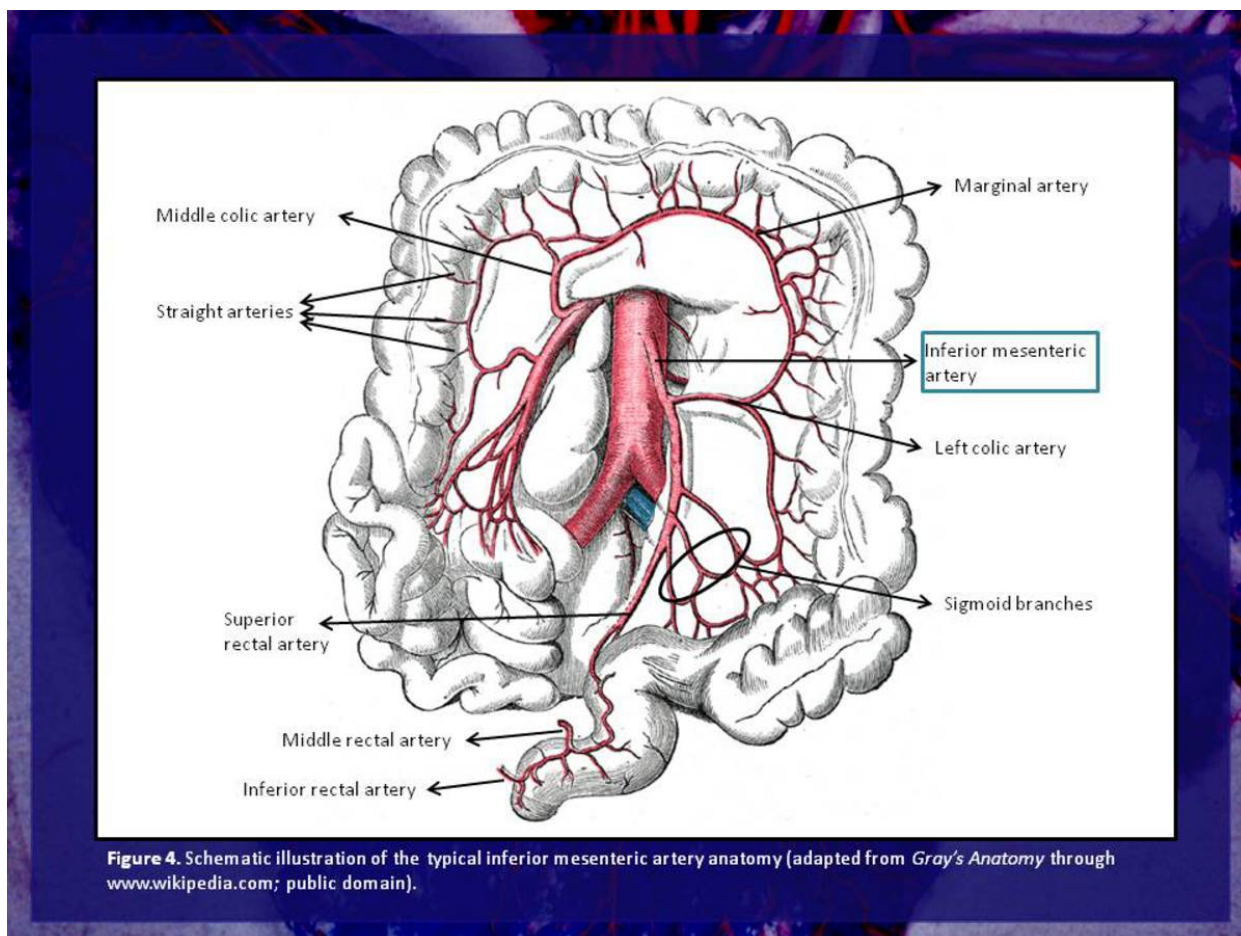


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ANATOMY

- ✦ There are numerous sources of collateral flow between the mesenteric vessels and nonmesenteric systemic vessels, which impart substantial protection against intestinal ischemia/infarction after segmental vascular occlusion.
- ✦ Critical ischemia from acute occlusion can result from single vessel disease in the absence of adequate collaterals, or when multiple vessels are diseased.

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- ✦ The **main collateral pathways** of the mesenteric circulation are:
 - Between the celiac axis and superior mesenteric artery: *gastrooduodenal* and (superior and inferior) *pancreaticoduodenal arteries* (Fig. 2).
 - Between the SMA and the IMA:
 - ♦ The *arch of Riolan* (the main anastomosis): it is a communication between the middle and left colic arteries in the transverse mesocolon.
 - ♦ The *marginal artery of Drummond*: it is derived from the confluence of the right, middle and left colic arteries and runs peripherically along the mesenteric border of the colon (Fig. 4 and 5).
 - Between the IMA and the internal iliac arteries: *rectal arteries* (Fig. 4 and 5) .

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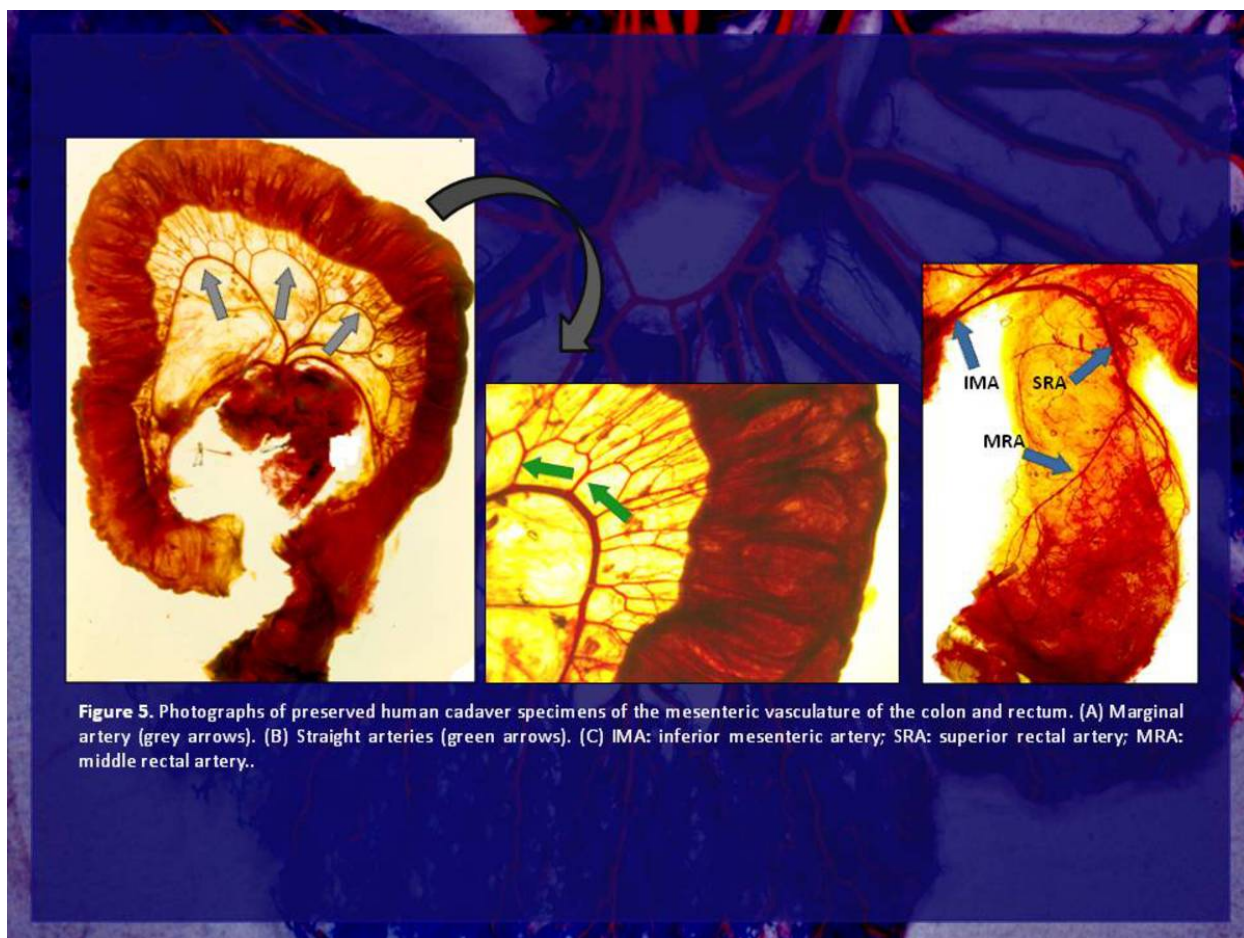


Figure 5. Photographs of preserved human cadaver specimens of the mesenteric vasculature of the colon and rectum. (A) Marginal artery (grey arrows). (B) Straight arteries (green arrows). (C) IMA: inferior mesenteric artery; SRA: superior rectal artery; MRA: middle rectal artery..

Fig.

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ANATOMY

VENOUS DRAINAGE

- ✦ The mesenteric venous blood is drained by the portal vein, which is formed by the confluence of *splenic vein* and *superior mesenteric vein* (SMV).
- ✦ The mesenteric veins run parallel to the corresponding arteries.
- ✦ The inferior mesenteric vein receives supply from the left colic, sigmoid and superior rectal veins. It joins the splenic vein before its confluence with the SMV.
- ✦ The SMV receives the duodenal, pancreatic, right gastroepiploic, jejunal, ileal, right colic, and middle colic veins. The coronary veins (right and left gastric) drain directly into the portal vein.

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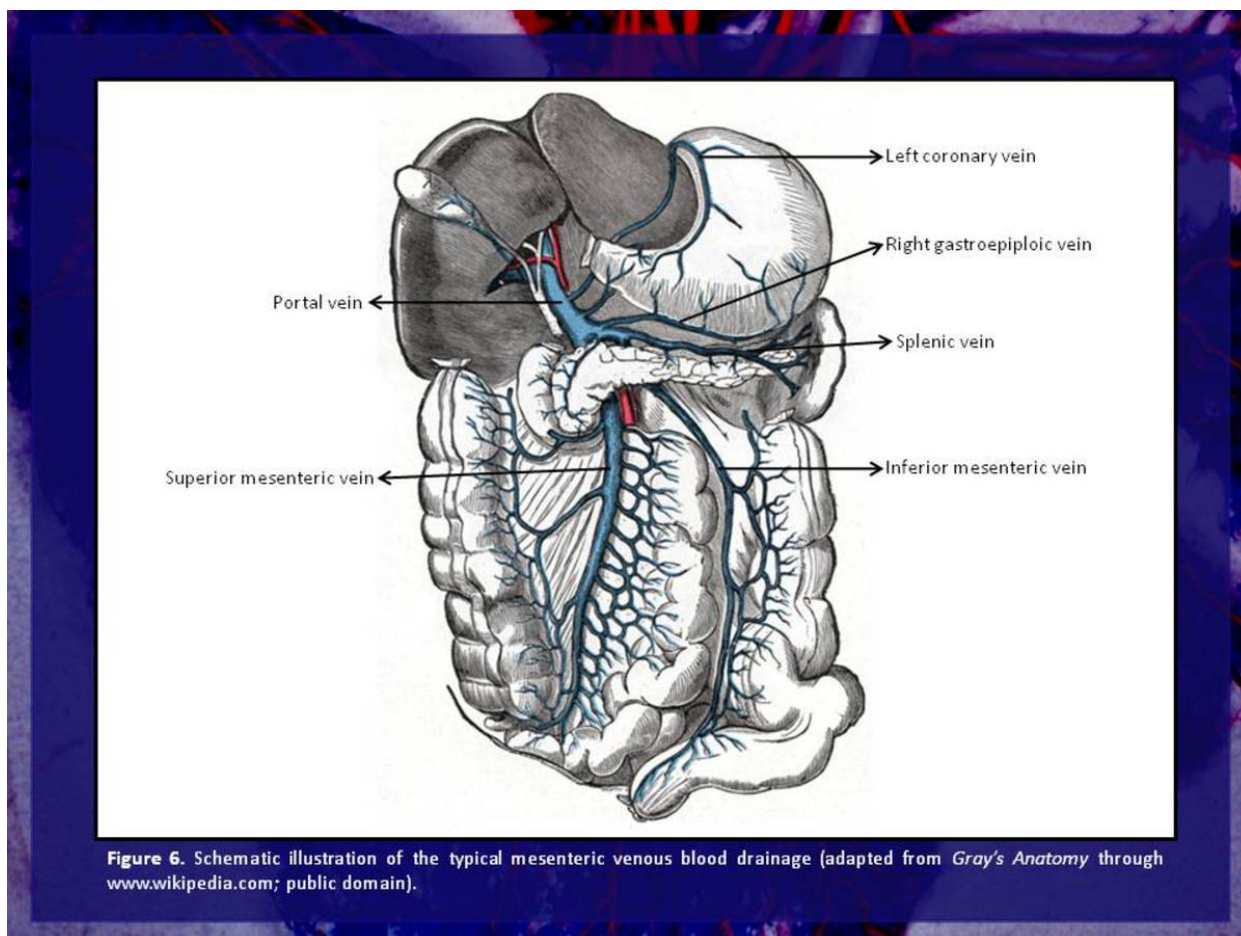


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PHYSIOLOGY

- ✦ Intestinal blood flow represents 10 to 20% of the resting and up to 35% of the postprandial cardiac output (25% through the hepatic artery and 75% by way of the portal venous system):
 - $\frac{3}{4}$ - supplies the mucosa (high metabolic activity \Rightarrow most susceptible to ischemia);
 - $\frac{1}{4}$ - supplies the submucosal and serosal layers of the gut.
- ✦ It is regulated by both intrinsic and extrinsic factors.
- ✦ The intestine has significant collateral circulation at all levels that allows for some protection from ischemia and is able to compensate for approximately a 75% acute reduction in mesenteric blood flow and oxygen consumption for up to 12 hours, without substantial injury.
 - Splenic flexure and sigmoid colon have fewer collateral vessels, so they are prone to a higher risk for ischemia.

Fig.

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PHYSIOPATHOLOGY

- ✦ During mesenteric ischemia, bowel injury is mediated by two different mechanisms: **ischemia** and **reperfusion**.
- ✦ Whereas the interruption of mesenteric blood flow initiates tissue injury and systemic illness, its restoration is associated to increased microvascular and epithelial permeability, with leakage of fluid and molecules into the bowel lumen, bacterial translocation and decreased intestinal blood flow.

Fig.

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PHYSIOPATHOLOGY

- ✦ Injury severity depends on:
 - The status of the systemic circulation
 - The degree of functional or anatomic vascular compromise
 - Number and caliber of vessels affected
 - Response of vascular bed to diminished perfusion
 - Nature and capacity of the collateral circulation
 - Duration of the ischemic insult
 - Metabolic requirements of the involved segment of bowel
- ✦ Damage to the affected bowel portion may range from reversible ischemia to transmural infarction with necrosis, intestinal bleeding, perforation, abscess formation, and peritonitis.

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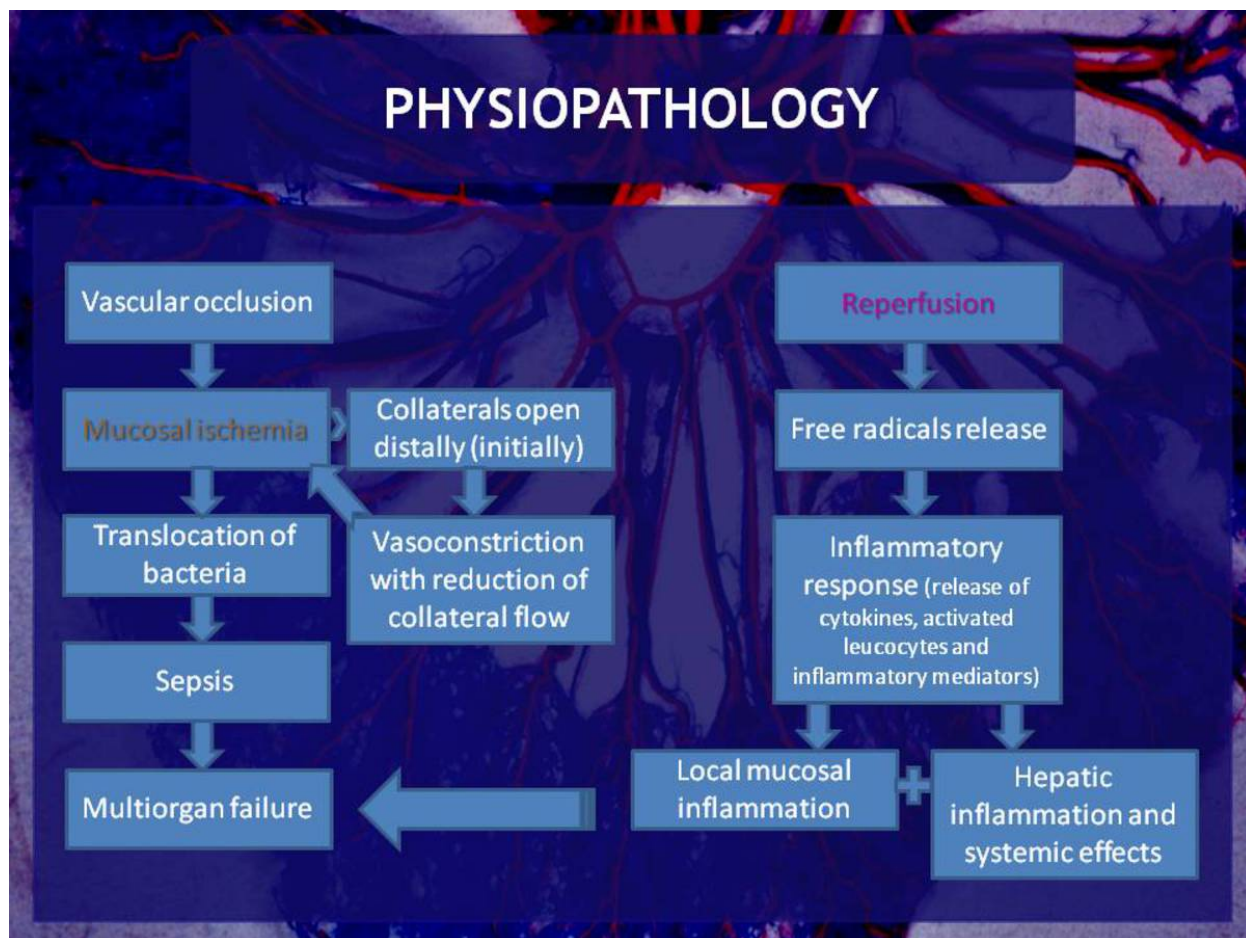


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ETIOPATHOGENESIS

CLASSIFICATION OF ISCHEMIC BOWEL DISEASE

- ✦ Acute mesenteric ischemia (AMI)
- ✦ Chronic mesenteric ischemia (CMI)
- ✦ Colonic ischemia (CI)

Fig.

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ACUTE MESENTERIC ISCHEMIA

- ✦ Arterial occlusion
 - Embolism (50%)
 - Thrombosis (10%)
- ✦ Venous thrombosis (10%)
- ✦ Non-occlusive mesenteric ischemia (NOMI) (25%)
- ✦ Focal segmental ischemia (extravascular) (5%)

Fig.

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ETIOPATHOGENESIS

TABLE 1. CAUSES OF ACUTE MESENTERIC ISCHEMIA				
ARTERIAL OCCLUSION		VENOUS OCCLUSION	NONOCCLUSIVE	FOCAL SEGMENTAL
Embolism	Thrombosis			
Arrhythmias	Atherosclerotic disease	Hypercoagulable states	Heart failure	Bowel obstruction
Valvular disease	Vasculitis	Sepsis	Cardiac bypass	Volvulus
Myocardial infarction	Fibromuscular dysplasia	Malignancy	Sepsis	Bands / Adhesions
Hypokinetic ventricular wall	Trauma	Portal hypertension	Systemic hypotension	Herniation
Cardiac aneurysm	Dissection	Compression	Renal failure	Neoplasm
Aortic atherosclerotic disease	Cocaine abuse	Pregnancy	Medications	Surgery / Radiation
Iatrogenic		Oral contraceptives	Pancreatitis	Trauma (vessel injury)
		Surgery / Trauma	Burns	

Fig.

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ACUTE MESENTERIC ISCHEMIA

ARTERIAL EMBOLISM

- Embolization to the SMA is the most frequent cause of AMI (50%), due to its wide caliber and narrow takeoff angle from the aorta.
- Location:
 - 85% - just beyond the origin of middle colic artery ⇒ less chance for collateral flow (because it is distal to the origin of the inferior pancreaticoduodenal artery) ⇒ ischemia from proximal jejunum to the splenic flexure);
 - 15% - origin of SMA ⇒ ischemia extending proximally to the ligament of Treitz
- Up to 20%: multiple emboli → more than one arterial bed affected
- Embolic sources: cardiac (80%); aortic plaques
- Celiac trunk and IMA occlusion usually tolerated (because of collateral flow)
- SMA occlusion → less well tolerated
- Most patients have underlying atherosclerotic stenoses.

Fig.

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ACUTE MESENTERIC ISCHEMIA

ARTERIAL THROMBOSIS

- 15% of acute intestinal ischemia
- Pre-existing atherosclerotic disease
 - ◆ Worsening chronic mesenteric ischemia (50%)
- Found at the origin (or very proximal segments) of SMA
- Other localizations of atherosclerosis (coronary artery disease, cerebrovascular disease, peripheral vascular disease) are often observed
- More insidious onset than in arterial embolism (because of previously developed collateral vessels)

Fig.

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ACUTE MESENTERIC ISCHEMIA

VENOUS THROMBOSIS

- 5-10% of acute intestinal ischemia
- Younger patient population (30-60 y); predominates in women
- Primary (no apparent cause) or secondary (known predisposing conditions)
- 80% have hypercoagulable states (eg: polycythemia vera)
- Risk factors: oral contraceptives, malignancy, portal hypertension, nephrotic syndrome
- Primary pathophysiologic process: rise in portal and superior mesenteric venous hydrostatic pressures \Rightarrow luminal fluid sequestration and bowel wall edema \Rightarrow relative hypovolemia and hemoconcentration \Rightarrow vasoconstriction \Rightarrow infarction of the affected intestinal segments; eventual focal hemorrhage and necrosis \Rightarrow loss of the gut barrier function \Rightarrow bacterial translocation and possible endotoxemia
- May limit arterial flow \rightarrow edema, segmental infarction

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ACUTE MESENTERIC ISCHEMIA

NONOCCLUSIVE MESENTERIC ISCHEMIA

- 20-30% of acute intestinal ischemia
- It represents an adrenergic sympathetic system response to systemic hypoperfusion; it thus typically occurs in the intensive care setting
- The underlying mechanism of nonocclusive mesenteric ischemia is related to splanchnic vaso-constriction severe enough to overwhelm the normal autoregulatory processes at the intestinal microvascular level.
- Causes: any severe systemic illness, acute myocardial infarction, heart failure, dehydration, arrhythmias, cirrhosis, sepsis, hypovolemia, chronic renal disease, drugs (splanchnic vasoconstrictors), ...
- A key point is that ischemia can continue after reversal of hypotension, especially in the presence of underlying atherosclerotic disease.

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ACUTE MESENTERIC ISCHEMIA

FOCAL SEGMENTAL ISCHEMIA

- 5% of acute intestinal ischemia
- It consists of ischemia to a short segment of bowel, and may be caused by a large number of disorders, including vasculitis, medications, surgery, radiation therapy, trauma, neoplasms, and, most importantly, bowel obstruction.
- The clinical presentation is variable and depends on the length and distribution of the ischemia, and the course of the disease.
- Most cases of mesenteric ischemia show similar radiologic features regardless of their primary cause. However, it is important to discriminate the underlying cause in order to guide diagnostic and therapeutic planning.

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CHRONIC MESENTERIC ISCHEMIA

- ✦ Rare condition (< 5% of intestinal ischemia), because of the extensive and effective collateral vascular supply for both the small and large bowel.
- ✦ It typically occurs in patients over 50 years of age, and presents with a clinical triad/syndrome known as **intestinal angina**, which consists of:
 - recurrent post-prandial abdominal pain that lasts for about 1 to 2 hours (likely due to inability of the blood supply to keep up with the metabolic requirement of the bowel),
 - food aversion (sitophobia), and
 - weight loss.
- ✦ The causes of CMI include a variety of conditions (Table 2). *Atherosclerosis* is responsible for more than 95% of the cases of CMI.
- ✦ The **“two vessel rule”** - *severe compromise of at least two of the three mesenteric arteries* - holds in most patients and is the clinical hallmark for the diagnosis. Evidence of this severe compromise with imaging could suggest CMI if other causes of abdominal pain have been confidently ruled out

✧ **Diagnosis of exclusion!** ✧

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CHRONIC MESENTERIC ISCHEMIA

TABLE 2. CAUSES OF CHRONIC MESENTERIC ISCHEMIA

Atherosclerosis and atheroma	Nonatherosclerotic causes
(Risk factors include positive family history, smoking, hypertension, hypercholesterolemia, diabetes mellitus, and other vascular occlusive diseases.)	<ul style="list-style-type: none">✓ Extrinsic compression:<ul style="list-style-type: none">• Median arcuate syndrome (celiac artery compression syndrome)• Adhesive bands• Tumor• Inflammatory mass✓ Fibrovascular dysplasia✓ Takayasu's arteritis / Thromboangiitis obliterans✓ Arterial dissection✓ Neurofibromatosis✓ SLE, Polyarteritis nodosa✓ Buerger's disease

Fig.

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COLONIC ISCHEMIA

- ✦ Colonic ischemia (CI) is *the most common form of intestinal ischemia* and the most common cause of colitis after the age of 50 years. The colon is predisposed to ischemia because it receives less blood flow per gram of tissue than does the remainder of the gastrointestinal tract.
- ✦ Patients are usually elderly and present with acute abdominal pain, diarrhea and small volume of blood loss (hematochezia).
- ✦ Ischemic injury in CI may be either totally or partially reversible (80-85%), is usually self-limited, and does not often proceed to total infarction and gangrene.
- ✦ The causes of CI are vast and in many cases the cause is unknown (idiopathic) (Table 3).
- ✦ Colon involvement is usually segmental. The most commonly involved areas are “*the watershed areas*” (Fig. 7), because of their vascular anatomy:
 - ✓ the splenic flexure (Griffith’s point- the watershed territory between the SMA and IMA blood supply) – 25%, and
 - ✓ the distal sigmoid colon (Sudek’s point- the watershed area between the IMA and hypogastric artery supply) – 75%.
- ⊗ In systemic low flow states, colonic ischemia usually affects the right colon in the retroperitoneal surface.

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COLONIC ISCHEMIA

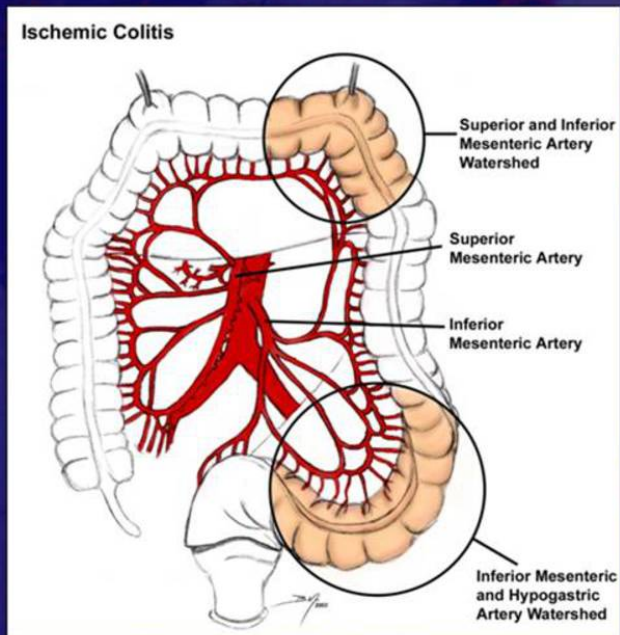


Figure 7. Arterial blood supply to the large bowel showing the potential site of ischemia (from <http://emedicine.medscape.com/article/366808-overview>)

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COLONIC ISCHEMIA

TABLE 3. CAUSES OF ISCHEMIC COLITIS

IMA thrombosis
Arterial embolism
Cholesterol emboli
Cardiac arrhythmia
Congestive heart failure
Shock
Volvulus
Stagnated hernia
Vasculitis
Hematologic disorders (Protein C and S deficiencies, AT III deficiency, Factor V Leiden mutation, Polycythemia vera)
Infections
Trauma
Long-distance running
Pregnancy
Surgical (Aneurysmectomy, Aortoiliac reconstruction, Colectomy with IMA ligation, ...)
Medications
Cause unknown (idiopathic)

Fig.

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Images for this section:

BACKGROUND

In 1921 Cokkinis stated: *"Occlusion of the mesenteric vessels is apt to be regarded as one of those conditions of which the diagnosis is impossible, the prognosis hopeless, and the treatment almost useless."* (Cokkinis AJ. Mesenteric vascular occlusion. London: Bailliere, Tindall and Cox, 1926).

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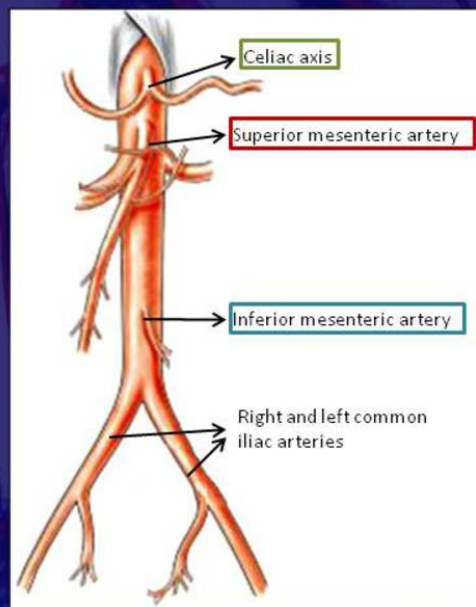


Figure 1. Diagram of the aorta and its main branches.

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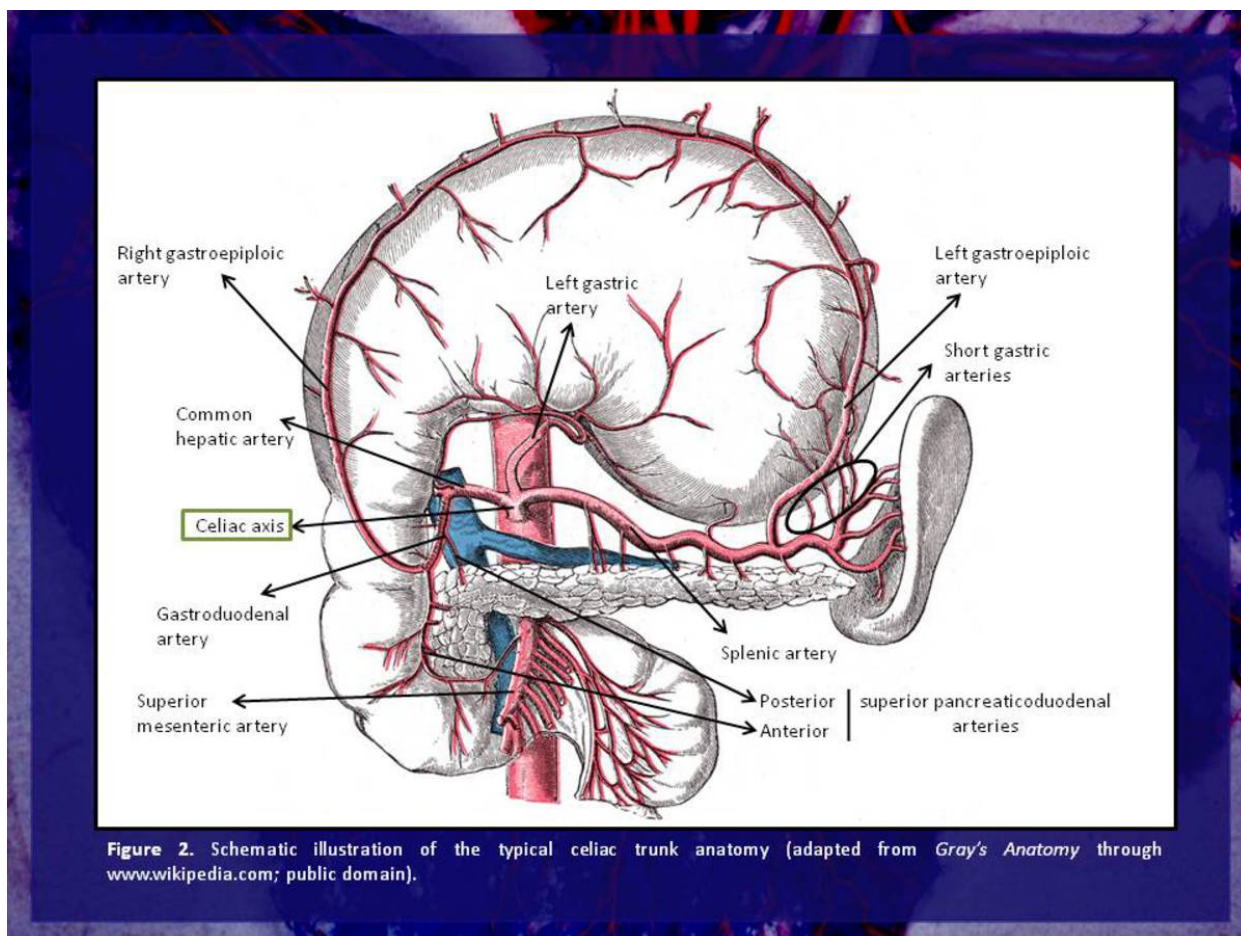


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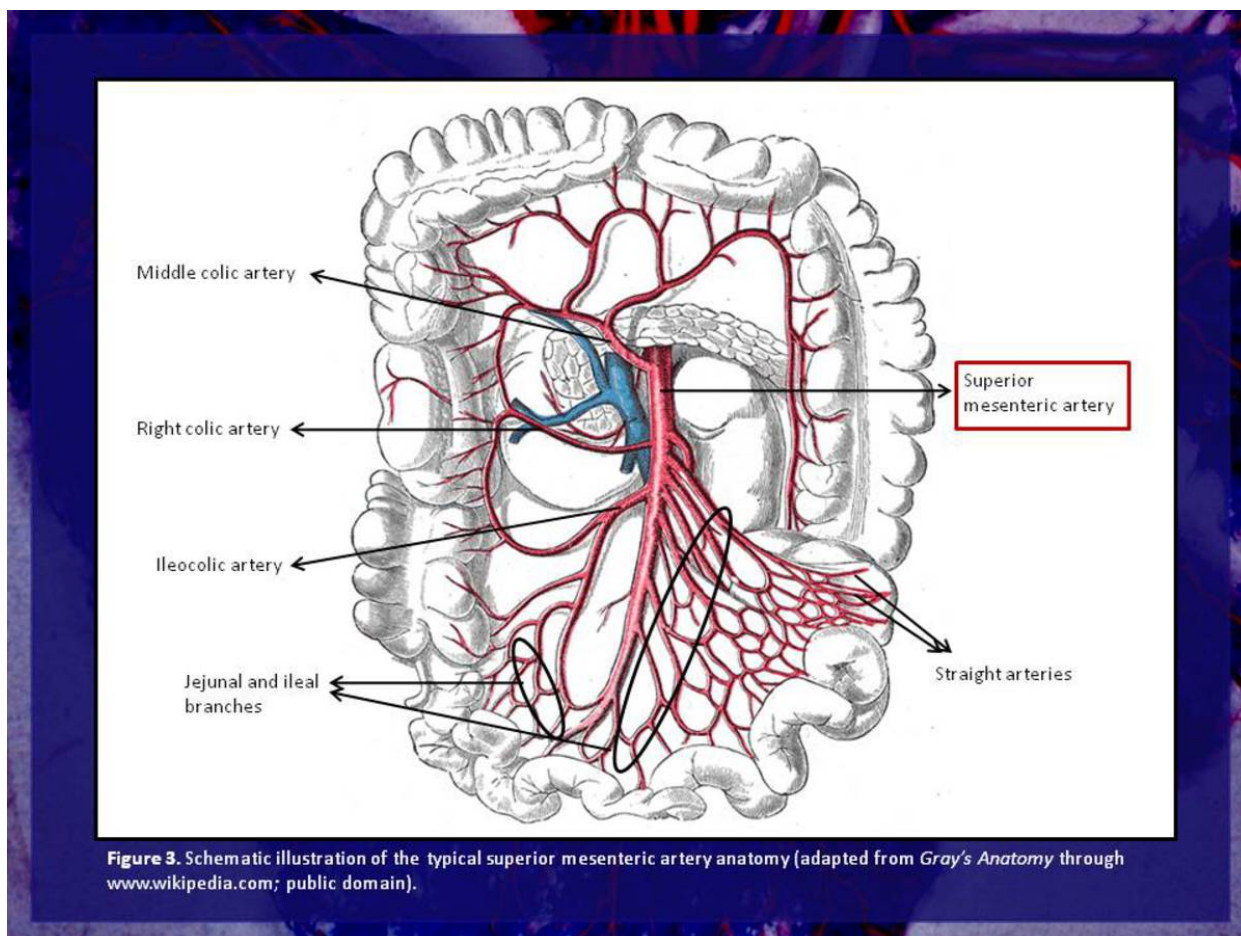


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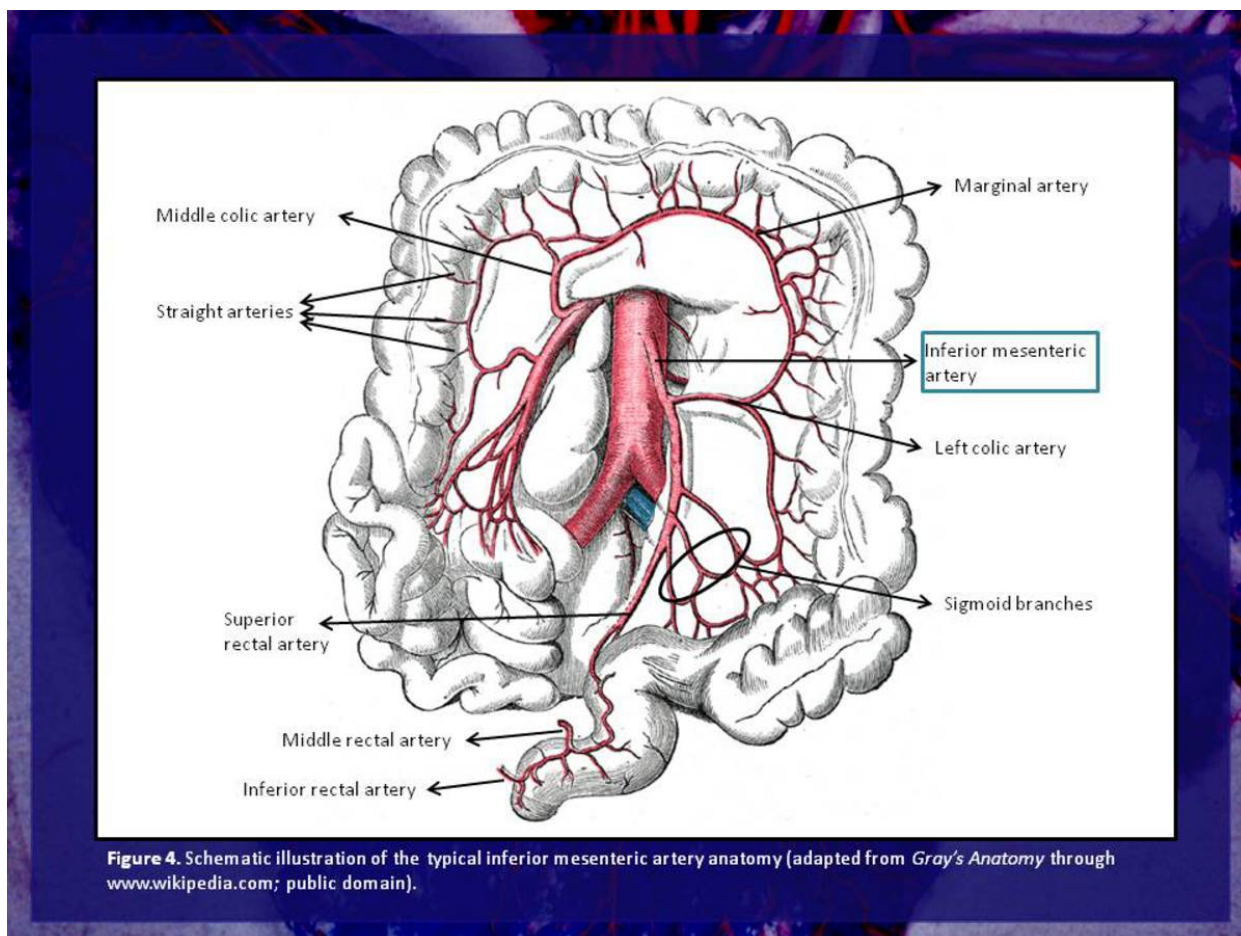


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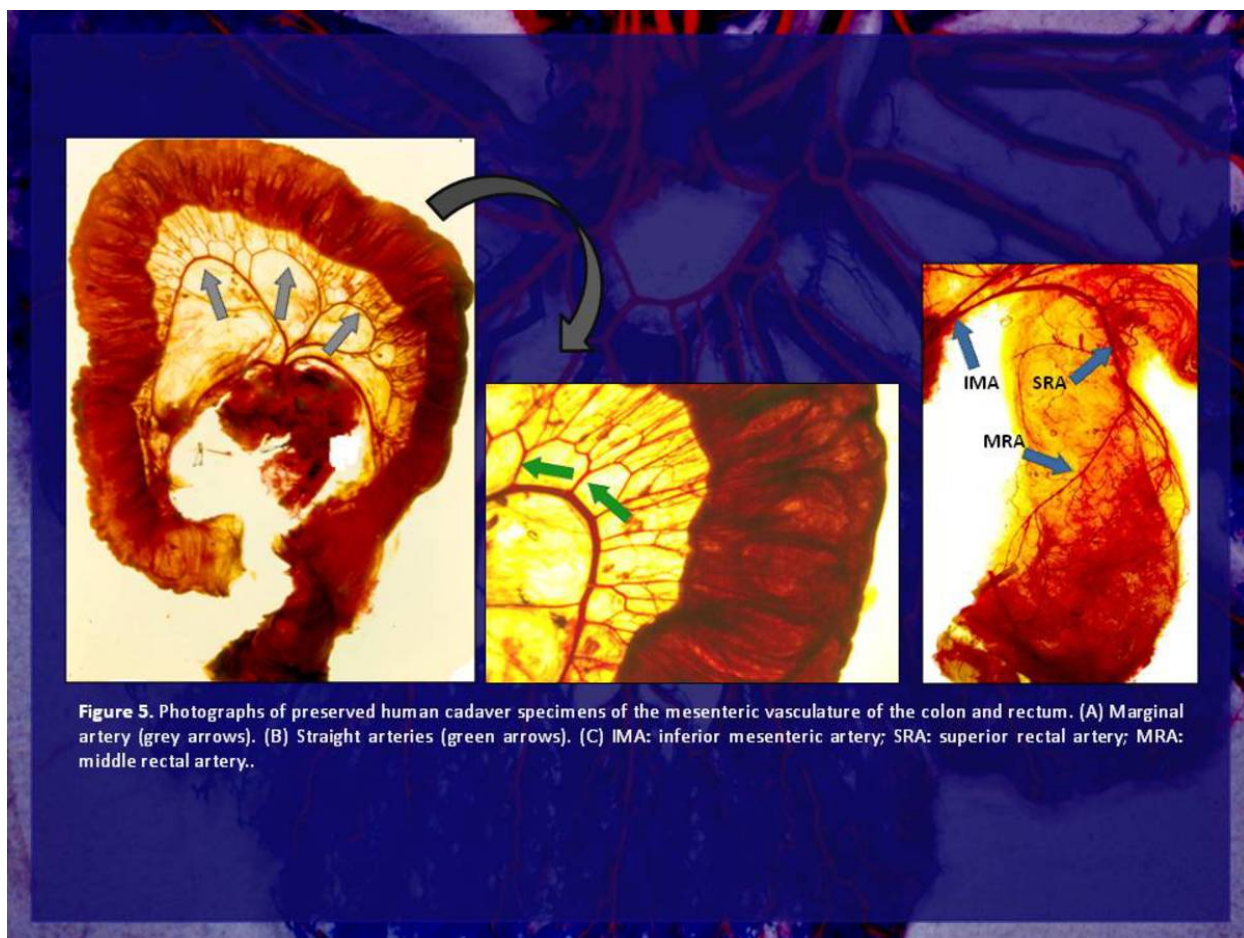


Fig. 11

ANATOMY

VENOUS DRAINAGE

- ✦ The mesenteric venous blood is drained by the portal vein, which is formed by the confluence of *splenic vein* and *superior mesenteric vein* (SMV).
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- ✦ The SMV receives the duodenal, pancreatic, right gastroepiploic, jejunal, ileal, right colic, and middle colic veins. The coronary veins (right and left gastric) drain directly into the portal vein.

Fig. 12

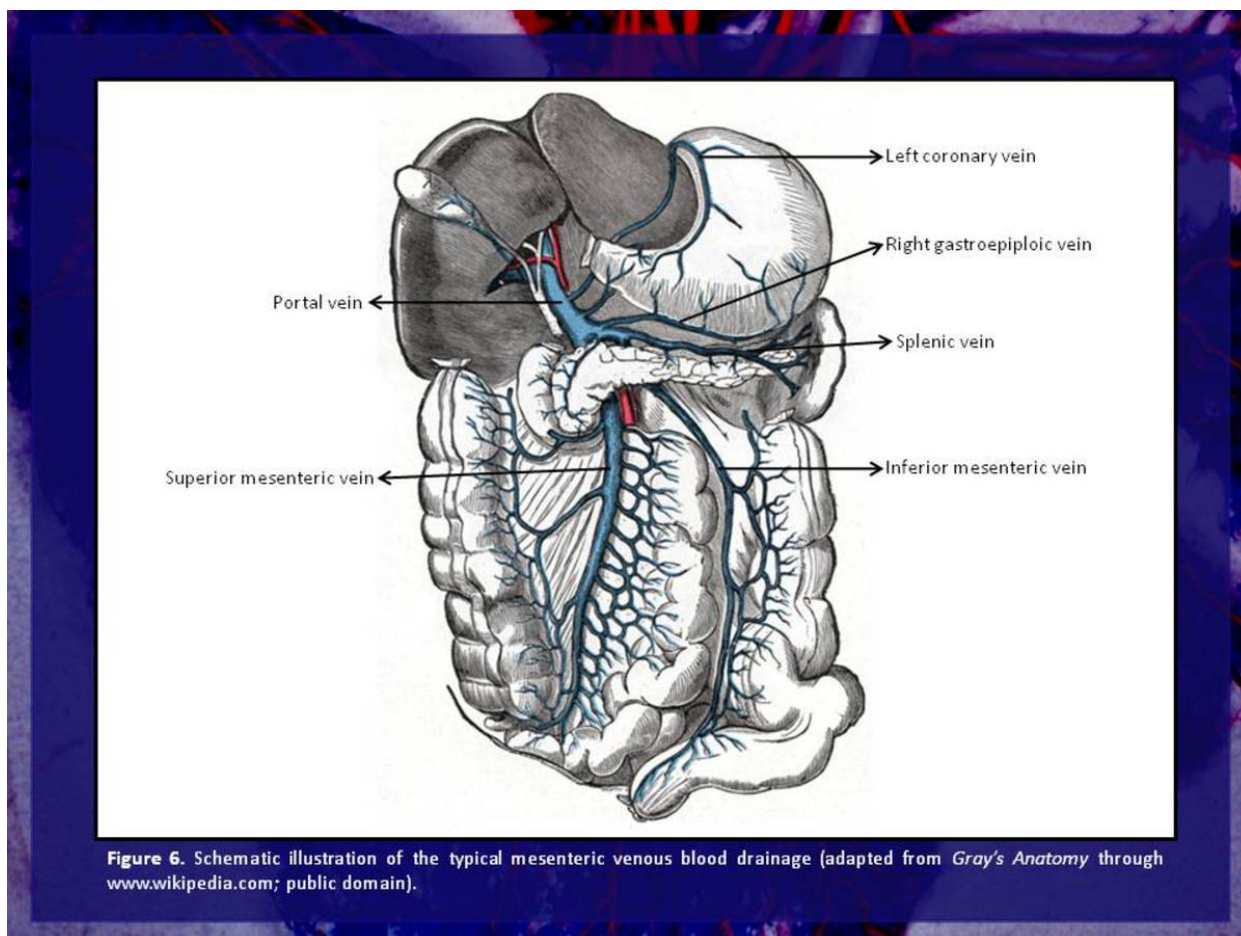


Fig. 13

PHYSIOLOGY

- ✦ Intestinal blood flow represents 10 to 20% of the resting and up to 35% of the postprandial cardiac output (25% through the hepatic artery and 75% by way of the portal venous system):
 - $\frac{3}{4}$ - supplies the mucosa (high metabolic activity \Rightarrow most susceptible to ischemia);
 - $\frac{1}{4}$ - supplies the submucosal and serosal layers of the gut.
- ✦ It is regulated by both intrinsic and extrinsic factors.
- ✦ The intestine has significant collateral circulation at all levels that allows for some protection from ischemia and is able to compensate for approximately a 75% acute reduction in mesenteric blood flow and oxygen consumption for up to 12 hours, without substantial injury.
 - Splenic flexure and sigmoid colon have fewer collateral vessels, so they are prone to a higher risk for ischemia.

Fig. 14

PHYSIOPATHOLOGY

- ✦ During mesenteric ischemia, bowel injury is mediated by two different mechanisms: **ischemia** and **reperfusion**.
- ✦ Whereas the interruption of mesenteric blood flow initiates tissue injury and systemic illness, its restoration is associated to increased microvascular and epithelial permeability, with leakage of fluid and molecules into the bowel lumen, bacterial translocation and decreased intestinal blood flow.

Fig. 15

PHYSIOPATHOLOGY

- ✦ Injury severity depends on:
 - The status of the systemic circulation
 - The degree of functional or anatomic vascular compromise
 - Number and caliber of vessels affected
 - Response of vascular bed to diminished perfusion
 - Nature and capacity of the collateral circulation
 - Duration of the ischemic insult
 - Metabolic requirements of the involved segment of bowel
- ✦ Damage to the affected bowel portion may range from reversible ischemia to transmural infarction with necrosis, intestinal bleeding, perforation, abscess formation, and peritonitis.

Fig. 16

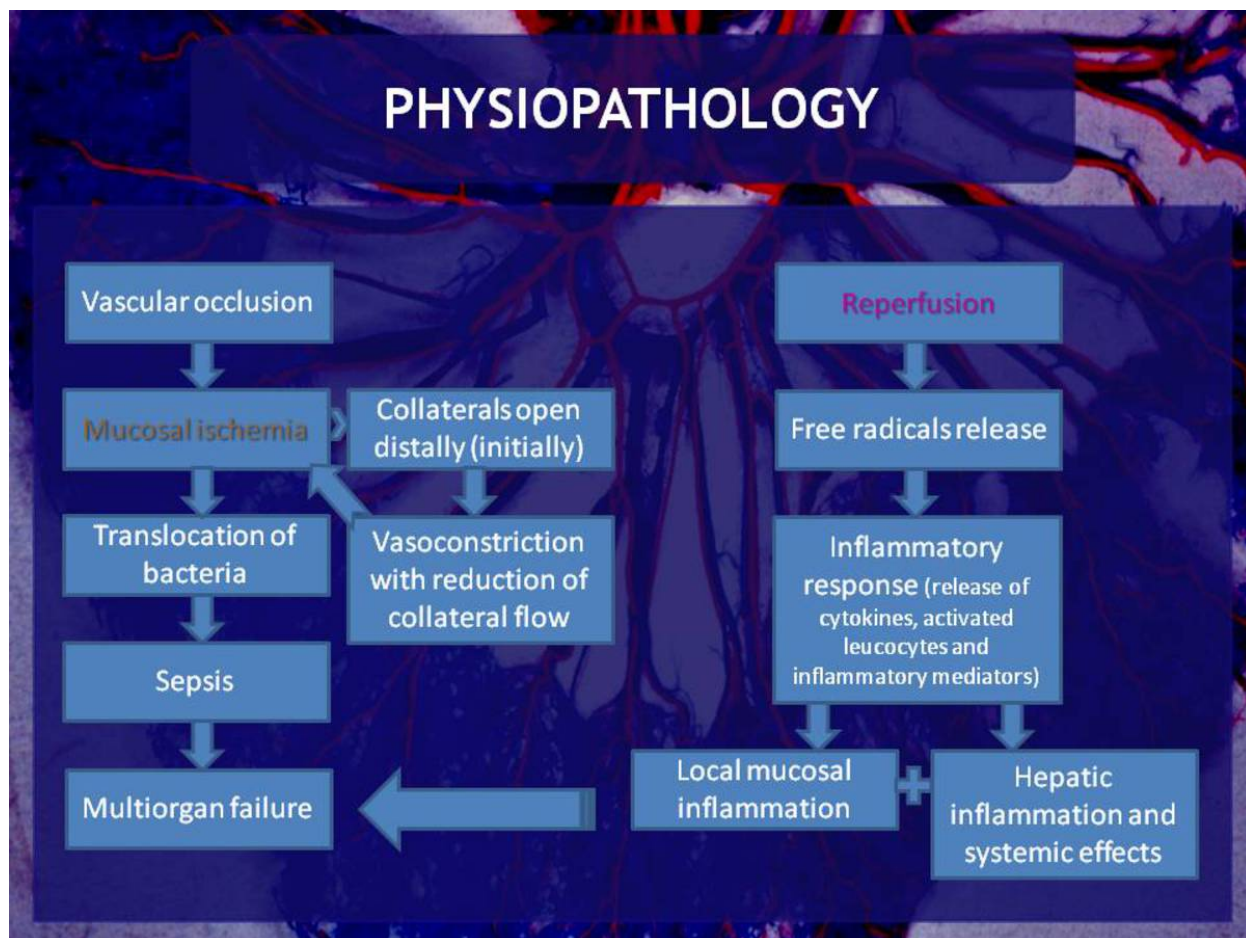


Fig. 17

ETIOPATHOGENESIS

CLASSIFICATION OF ISCHEMIC BOWEL DISEASE

- ✦ Acute mesenteric ischemia (AMI)
- ✦ Chronic mesenteric ischemia (CMI)
- ✦ Colonic ischemia (CI)

Fig. 18

ACUTE MESENTERIC ISCHEMIA

- ✦ Arterial occlusion
 - Embolism (50%)
 - Thrombosis (10%)
- ✦ Venous thrombosis (10%)
- ✦ Non-occlusive mesenteric ischemia (NOMI) (25%)
- ✦ Focal segmental ischemia (extravascular) (5%)

Fig. 19

ETIOPATHOGENESIS

TABLE 1. CAUSES OF ACUTE MESENTERIC ISCHEMIA				
ARTERIAL OCCLUSION		VENOUS OCCLUSION	NONOCCLUSIVE	FOCAL SEGMENTAL
Embolism	Thrombosis			
Arrhythmias	Atherosclerotic disease	Hypercoagulable states	Heart failure	Bowel obstruction
Valvular disease	Vasculitis	Sepsis	Cardiac bypass	Volvulus
Myocardial infarction	Fibromuscular dysplasia	Malignancy	Sepsis	Bands / Adhesions
Hypokinetic ventricular wall	Trauma	Portal hypertension	Systemic hypotension	Herniation
Cardiac aneurysm	Dissection	Compression	Renal failure	Neoplasm
Aortic atherosclerotic disease	Cocaine abuse	Pregnancy	Medications	Surgery / Radiation
Iatrogenic		Oral contraceptives	Pancreatitis	Trauma (vessel injury)
		Surgery / Trauma	Burns	

Fig. 20

ACUTE MESENTERIC ISCHEMIA

ARTERIAL EMBOLISM

- Embolization to the SMA is the most frequent cause of AMI (50%), due to its wide caliber and narrow takeoff angle from the aorta.
- Location:
 - 85% - just beyond the origin of middle colic artery ⇒ less chance for collateral flow (because it is distal to the origin of the inferior pancreaticoduodenal artery) ⇒ ischemia from proximal jejunum to the splenic flexure);
 - 15% - origin of SMA ⇒ ischemia extending proximally to the ligament of Treitz
- Up to 20%: multiple emboli → more than one arterial bed affected
- Embolic sources: cardiac (80%); aortic plaques
- Celiac trunk and IMA occlusion usually tolerated (because of collateral flow)
- SMA occlusion → less well tolerated
- Most patients have underlying atherosclerotic stenoses.

Fig. 21

ACUTE MESENTERIC ISCHEMIA

ARTERIAL THROMBOSIS

- 15% of acute intestinal ischemia
- Pre-existing atherosclerotic disease
 - ◆ Worsening chronic mesenteric ischemia (50%)
- Found at the origin (or very proximal segments) of SMA
- Other localizations of atherosclerosis (coronary artery disease, cerebrovascular disease, peripheral vascular disease) are often observed
- More insidious onset than in arterial embolism (because of previously developed collateral vessels)

Fig. 22

ACUTE MESENTERIC ISCHEMIA

VENOUS THROMBOSIS

- 5-10% of acute intestinal ischemia
- Younger patient population (30-60 y); predominates in women
- Primary (no apparent cause) or secondary (known predisposing conditions)
- 80% have hypercoagulable states (eg: polycythemia vera)
- Risk factors: oral contraceptives, malignancy, portal hypertension, nephrotic syndrome
- Primary pathophysiologic process: rise in portal and superior mesenteric venous hydrostatic pressures \Rightarrow luminal fluid sequestration and bowel wall edema \Rightarrow relative hypovolemia and hemoconcentration \Rightarrow vasoconstriction \Rightarrow infarction of the affected intestinal segments; eventual focal hemorrhage and necrosis \Rightarrow loss of the gut barrier function \Rightarrow bacterial translocation and possible endotoxemia
- May limit arterial flow \rightarrow edema, segmental infarction

Fig. 23

ACUTE MESENTERIC ISCHEMIA

NONOCCLUSIVE MESENTERIC ISCHEMIA

- 20-30% of acute intestinal ischemia
- It represents an adrenergic sympathetic system response to systemic hypoperfusion; it thus typically occurs in the intensive care setting
- The underlying mechanism of nonocclusive mesenteric ischemia is related to splanchnic vaso-constriction severe enough to overwhelm the normal autoregulatory processes at the intestinal microvascular level.
- Causes: any severe systemic illness, acute myocardial infarction, heart failure, dehydration, arrhythmias, cirrhosis, sepsis, hypovolemia, chronic renal disease, drugs (splanchnic vasoconstrictors), ...
- A key point is that ischemia can continue after reversal of hypotension, especially in the presence of underlying atherosclerotic disease.

Fig. 24

ACUTE MESENTERIC ISCHEMIA

FOCAL SEGMENTAL ISCHEMIA

- 5% of acute intestinal ischemia
- It consists of ischemia to a short segment of bowel, and may be caused by a large number of disorders, including vasculitis, medications, surgery, radiation therapy, trauma, neoplasms, and, most importantly, bowel obstruction.
- The clinical presentation is variable and depends on the length and distribution of the ischemia, and the course of the disease.
- Most cases of mesenteric ischemia show similar radiologic features regardless of their primary cause. However, it is important to discriminate the underlying cause in order to guide diagnostic and therapeutic planning.

Fig. 25

CHRONIC MESENTERIC ISCHEMIA

- ✦ Rare condition (< 5% of intestinal ischemia), because of the extensive and effective collateral vascular supply for both the small and large bowel.
- ✦ It typically occurs in patients over 50 years of age, and presents with a clinical triad/syndrome known as **intestinal angina**, which consists of:
 - recurrent post-prandial abdominal pain that lasts for about 1 to 2 hours (likely due to inability of the blood supply to keep up with the metabolic requirement of the bowel),
 - food aversion (sitophobia), and
 - weight loss.
- ✦ The causes of CMI include a variety of conditions (Table 2). *Atherosclerosis* is responsible for more than 95% of the cases of CMI.
- ✦ The **“two vessel rule”** - *severe compromise of at least two of the three mesenteric arteries* - holds in most patients and is the clinical hallmark for the diagnosis. Evidence of this severe compromise with imaging could suggest CMI if other causes of abdominal pain have been confidently ruled out

✧ **Diagnosis of exclusion!** ✧

Fig. 26

CHRONIC MESENTERIC ISCHEMIA

TABLE 2. CAUSES OF CHRONIC MESENTERIC ISCHEMIA

Atherosclerosis and atheroma	Nonatherosclerotic causes
(Risk factors include positive family history, smoking, hypertension, hypercholesterolemia, diabetes mellitus, and other vascular occlusive diseases.)	<ul style="list-style-type: none">✓ Extrinsic compression:<ul style="list-style-type: none">• Median arcuate syndrome (celiac artery compression syndrome)• Adhesive bands• Tumor• Inflammatory mass✓ Fibrovascular dysplasia✓ Takayasu's arteritis / Thromboangiitis obliterans✓ Arterial dissection✓ Neurofibromatosis✓ SLE, Polyarteritis nodosa✓ Buerger's disease

Fig. 27

COLONIC ISCHEMIA

- ✦ Colonic ischemia (CI) is *the most common form of intestinal ischemia* and the most common cause of colitis after the age of 50 years. The colon is predisposed to ischemia because it receives less blood flow per gram of tissue than does the remainder of the gastrointestinal tract.
- ✦ Patients are usually elderly and present with acute abdominal pain, diarrhea and small volume of blood loss (hematochezia).
- ✦ Ischemic injury in CI may be either totally or partially reversible (80-85%), is usually self-limited, and does not often proceed to total infarction and gangrene.
- ✦ The causes of CI are vast and in many cases the cause is unknown (idiopathic) (Table 3).
- ✦ Colon involvement is usually segmental. The most commonly involved areas are “*the watershed areas*” (Fig. 7), because of their vascular anatomy:
 - ✓ the splenic flexure (Griffith’s point- the watershed territory between the SMA and IMA blood supply) – 25%, and
 - ✓ the distal sigmoid colon (Sudek’s point- the watershed area between the IMA and hypogastric artery supply) – 75%.
- ⊗ In systemic low flow states, colonic ischemia usually affects the right colon in the retroperitoneal surface.

Fig. 28

COLONIC ISCHEMIA

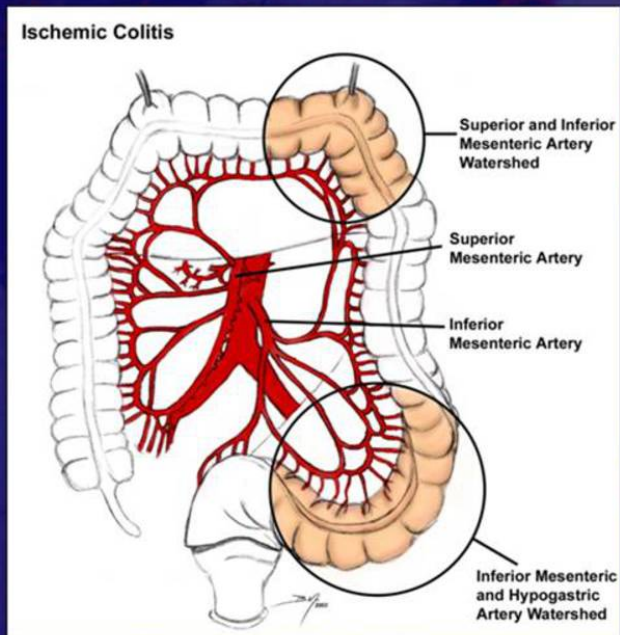


Figure 7. Arterial blood supply to the large bowel showing the potential site of ischemia (from <http://emedicine.medscape.com/article/366808-overview>)

Fig. 29

COLONIC ISCHEMIA

TABLE 3. CAUSES OF ISCHEMIC COLITIS

IMA thrombosis
Arterial embolism
Cholesterol emboli
Cardiac arrhythmia
Congestive heart failure
Shock
Volvulus
Stagnated hernia
Vasculitis
Hematologic disorders (Protein C and S deficiencies, AT III deficiency, Factor V Leiden mutation, Polycythemia vera)
Infections
Trauma
Long-distance running
Pregnancy
Surgical (Aneurysmectomy, Aortoiliac reconstruction, Colectomy with IMA ligation, ...)
Medications
Cause unknown (idiopathic)

Fig. 30

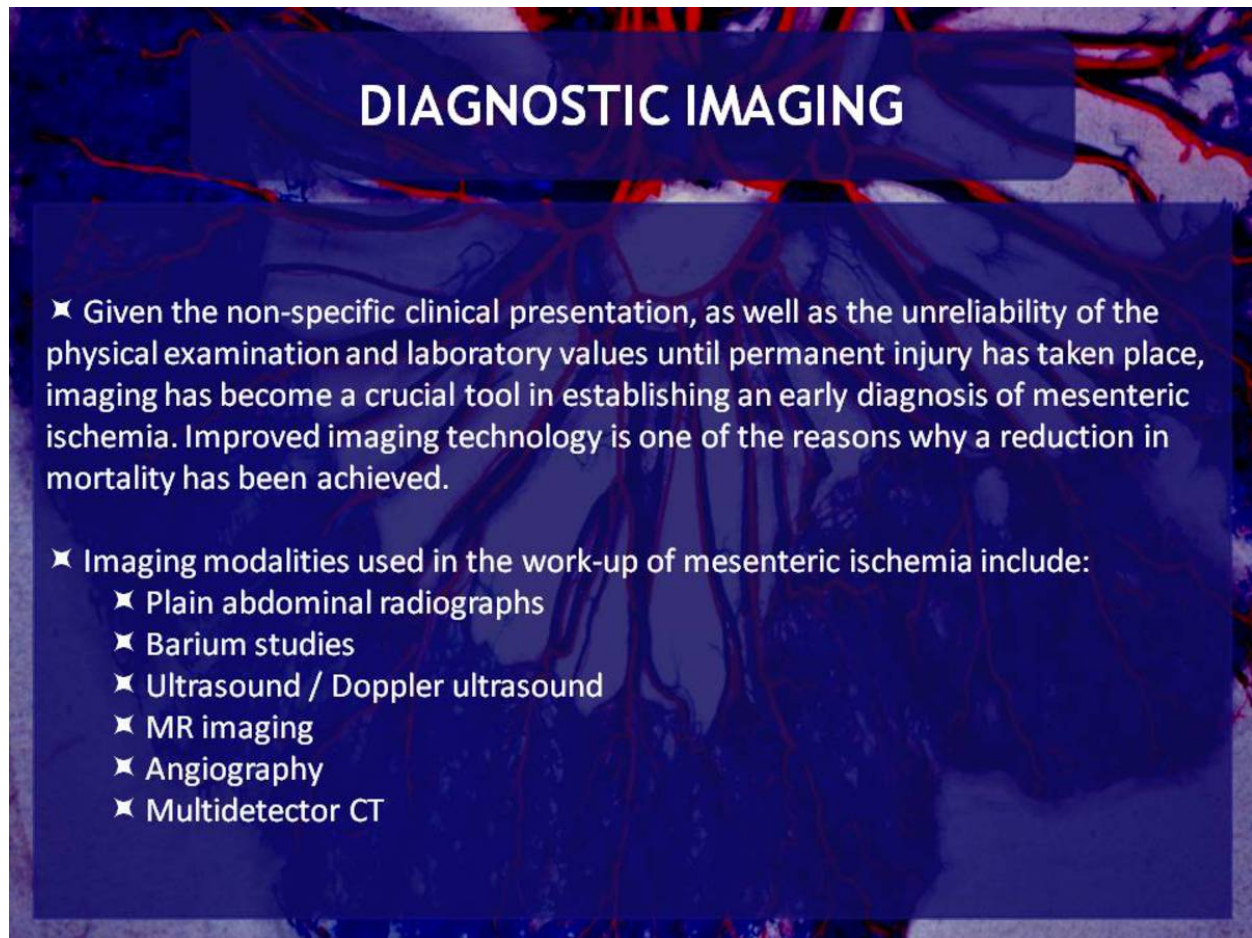


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

PLAIN ABDOMINAL FILMS

- ✧ May be normal.
 - ✧ Nonspecific findings:
 - ✧ Gasless abdomen
 - ✧ Small bowel pseudo-obstruction pattern (paralytic ileus)
 - ✧ More specific (but far less common) findings (usually indicate late-stage disease):
 - ✧ Thumbprinting: multiple, round, smooth soft-tissue densities projecting into the intestinal lumen (due to mucosal and submucosal edema and hemorrhage)
 - ✧ Separation of bowel loops caused by mesenteric thickening
 - ✧ Pneumatosis intestinalis: intramural gas
 - ✧ Mesenteric or portal venous gas
- ✧ In most cases, plain radiographs give little clue to the specific diagnosis, hence their little use in the diagnostic evaluation of mesenteric ischemia.
- ✧ The main utility of the plain film is to exclude other causes of acute abdomen such as perforation and obstruction.

Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

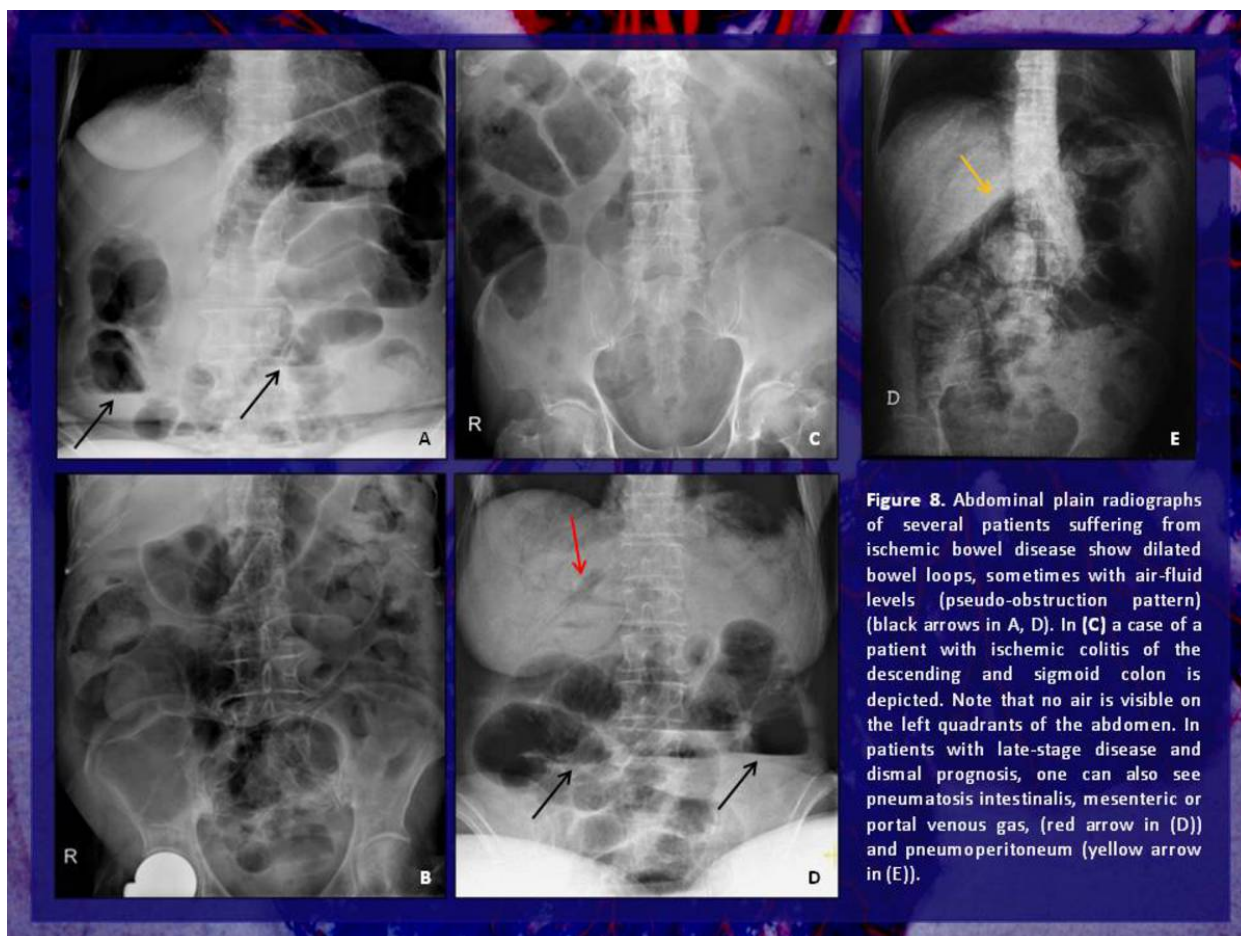


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

BARIUM STUDIES

✧ Similarly to plain abdominal films, barium studies are non-specific and insensitive in the evaluation of mesenteric ischemia. Furthermore, dense barium interferes with subsequent examinations (MDCT, angiography, colonoscopy). Consequently, it has been nearly completely replaced by other diagnostic imaging modalities, namely MDCT.

✧ Findings include:

- ✓ bowel dilatation,
- ✓ thickened folds,
- ✓ thumbprinting (especially along the mesenteric border of the bowel),
- ✓ effacement of the mucosal pattern,
- ✓ ulceration, and
- ✓ stasis of barium.

Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

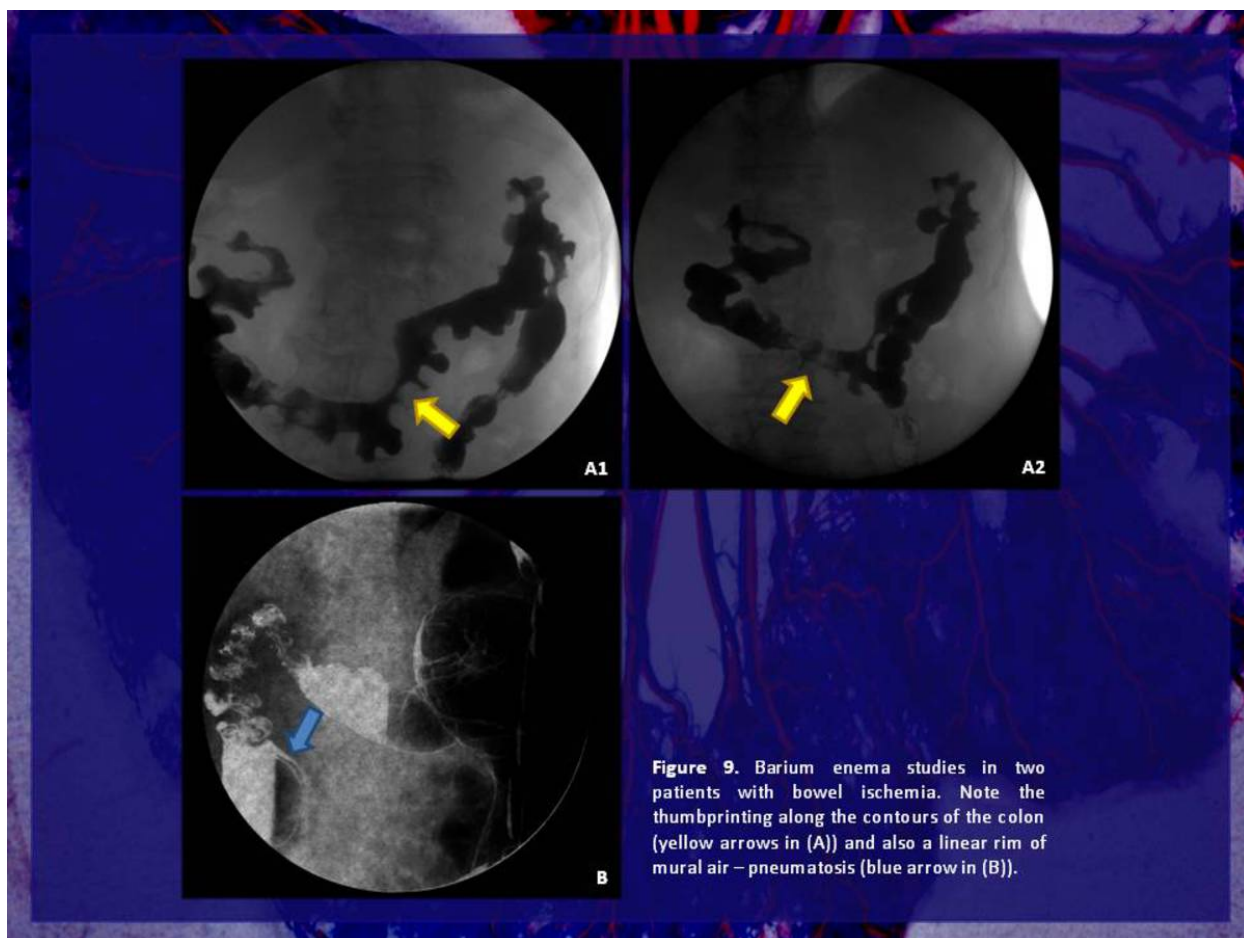


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

ULTRASOUND / DOPPLER US

✦ Sonographic findings such as *distended bowel loops*, *hypoechoic thickening of the bowel wall*, *decreased peristalsis or ileus* and *peritoneal fluid collections* are non-specific. Furthermore, because of its dependence on patient factors (body habitus, presence of air-filled bowel loops, prior surgery, patient cooperation) and on operator expertise, US is not typically used in the initial evaluation of suspected acute intestinal ischemia.

✦ Color Doppler signal is absent or barely visible in most cases of transmural necrosis. The presence of color flow is a good prognostic sign.

✦ In patients with **CMI**, Doppler ultrasound (DUS) can be used as a non-invasive screening test for proximal SMA and CA stenosis or occlusion. In the fasting state, a peak systolic velocity greater than 275 cm/s in the SMA, and 200 cm/s in the CA, and an end-diastolic velocity greater than 45 cm/s in the SMA, suggests significant stenosis (greater than 70%) of these vessels, but does **not** establish the diagnosis of CMI.

Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

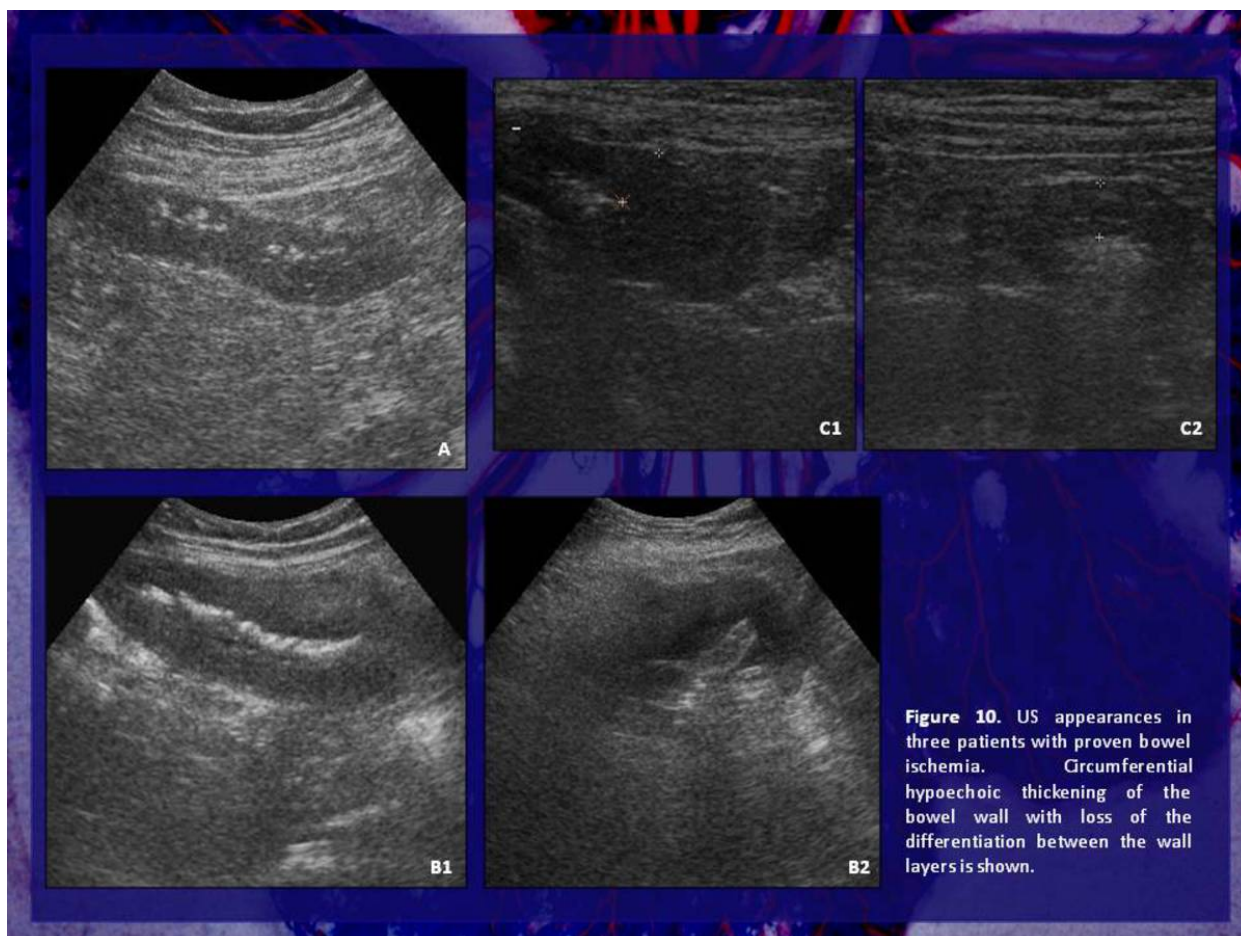


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

MRI / MRA

- ✦ MR imaging and MR angiography (MRA) have shown to be accurate in the imaging of the gut, mesentery and surrounding vasculature.
- ✦ In the *acute* setting, MRI is not appropriate due to time constraints and because of the fact that patients typically have a life support apparatus which is non-compatible with the MRI scanner.
- ✦ It may be particularly useful in **CMI**, since it is non-invasive and does not use ionising radiation; in these patients, gadolinium-enhanced three-dimensional MRA provides anatomic information which is similar to conventional angiography and is effective in the detection of significant arterial stenosis.

Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

ANGIOGRAPHY

- ✦ For many years, angiography has been considered to be the gold-standard for the diagnosis of acute arterial occlusion. *Abrupt cutoff of the a vessel with no evidence of collateral circulation* is diagnostic of an acute thromboembolic occlusion. Angiography has the added advantage of allowing therapeutic options.
- ✦ The disadvantages of angiography are related to the fact that it is highly invasive and is not suitable in critically ill patients, often is not readily available and may delay surgical management, and nephrotoxicity may occur due to the effects of intravenous contrast on the kidneys.
- ✦ Nowadays, angiography has been supplanted by CTA and MRA. It is performed only occasionally when acute mesenteric ischemia and infarction are suspected or when clinically suspected mesenteric thromboemboli cannot be established using non-invasive modalities. It is primarily done immediately before transcatheter intervention, which is the treatment of choice in patients with CMI. This involves the placement of a stent in the diseased vessel(s).

Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

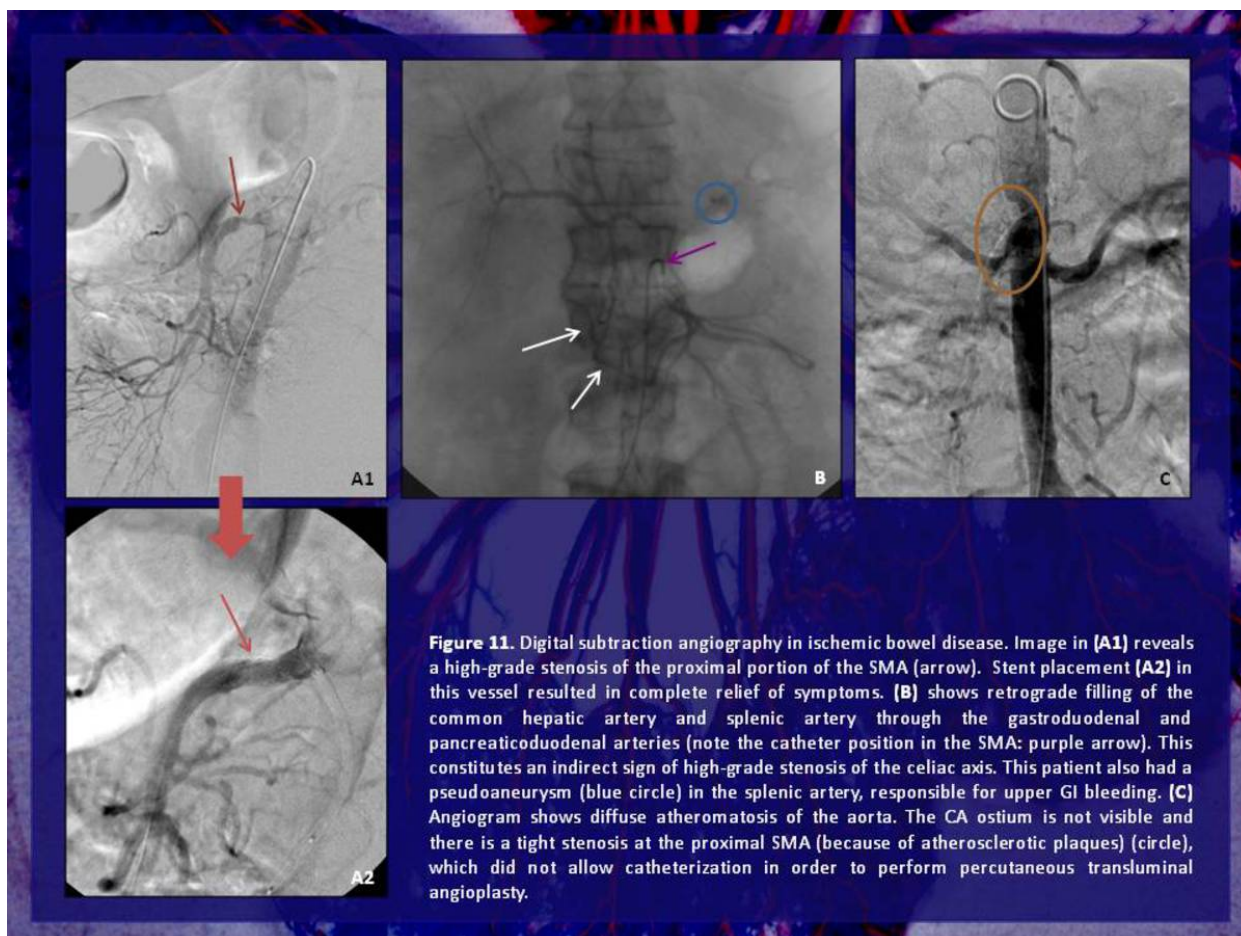


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

MDCT

✦ In patients with suspected bowel ischemia, MDCT plays an important role detecting ischemic changes in the affected intestinal loops and mesentery and determining the cause of the ischemia. This imaging technique, therefore, focuses on 2 major areas: *changes in the bowel wall* and *evaluation of the mesenteric vessels*.

✦ Multidetector CT can provide detailed information about mesenteric vessels and the intestine by using three-dimensional reformatting techniques, that can display vessels similarly to conventional angiography, eliminating the need for additional imaging (Fig. 12).

✦ CT appearance of **ACUTE BOWEL ISCHEMIA** will depend on its cause, severity, localization, extent, and distribution, as well as on the presence and degree of submucosal or intramural hemorrhage, superimposed bowel wall infection, and/or bowel wall perforation.

✦ Nonspecific CT findings include: *bowel distention, bowel wall thickening, mesenteric edema and ascites*.

✦ CT findings such as *splanchnic vascular occlusion, intramural gas, lack of bowel enhancement and infarcts of the liver, spleen or kidneys* are thought to be more specific for acute mesenteric ischemia.

Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

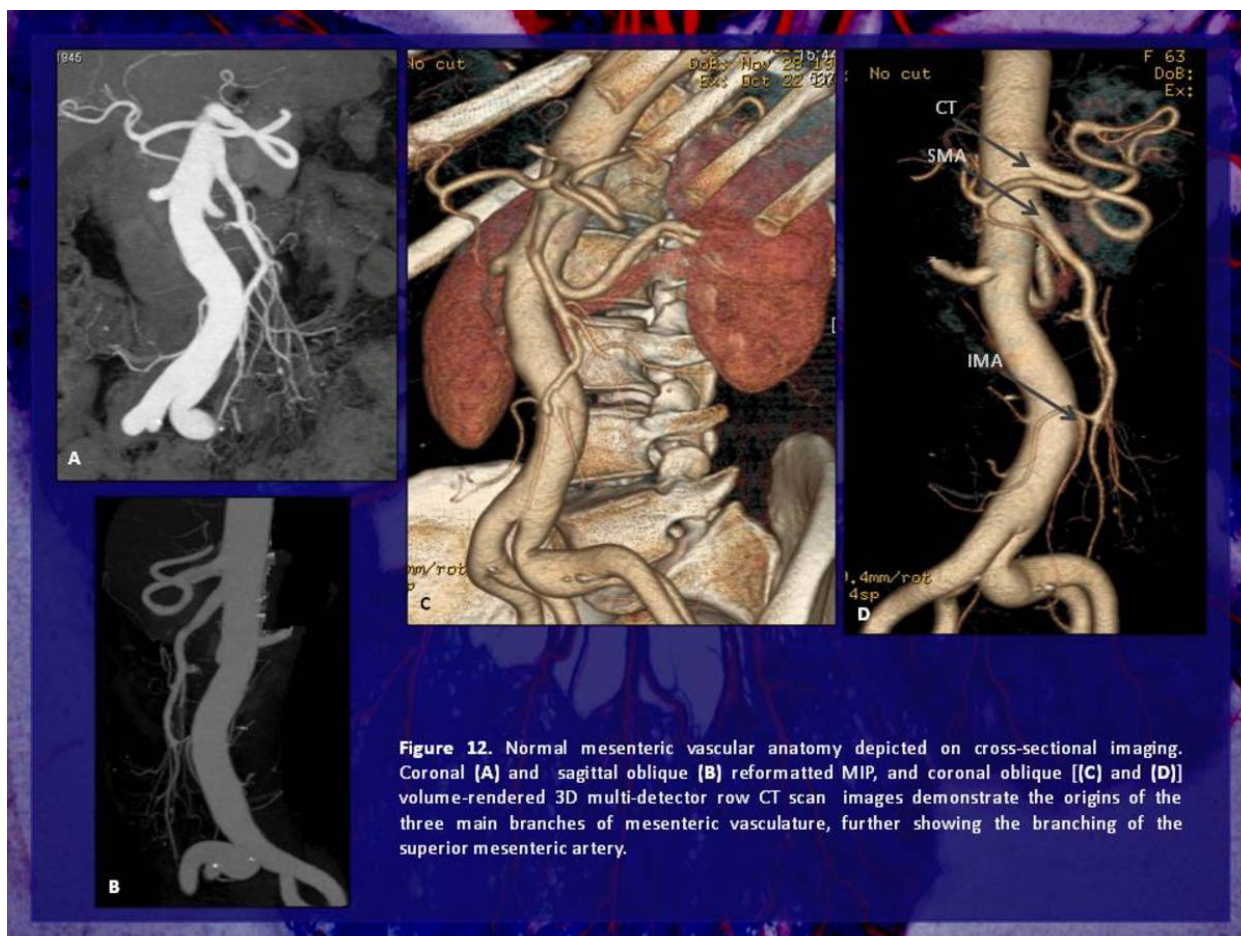


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

MDCT

■ Circumferential bowel wall thickening

- ✧ The most common, but least specific sign
- ✧ Due to mural edema and hemorrhage
- ✧ Mostly found in venous occlusions; rare in arterial transmural small bowel infarction (where wall thinning – “*paper thin wall*” - and luminal dilatation predominate)

■ Bowel luminal dilatation and/or air-fluid levels

- ✧ Common but non-specific findings
- ☞ *The presence of dilated and mainly fluid-filled bowel loops (gasless abdomen) is suggestive of acute bowel ischemia or infarction (Fig. 14), resulting from interruption of the normal peristaltic activity.*

■ Mesenteric fat stranding and mesenteric fluid or ascites

- ✧ Tend to be absent in reversible small-bowel ischemia caused by arterial occlusion
- ✧ In large-bowel ischemia these findings may be only due to superinfection of ischemic colonic elements.

Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

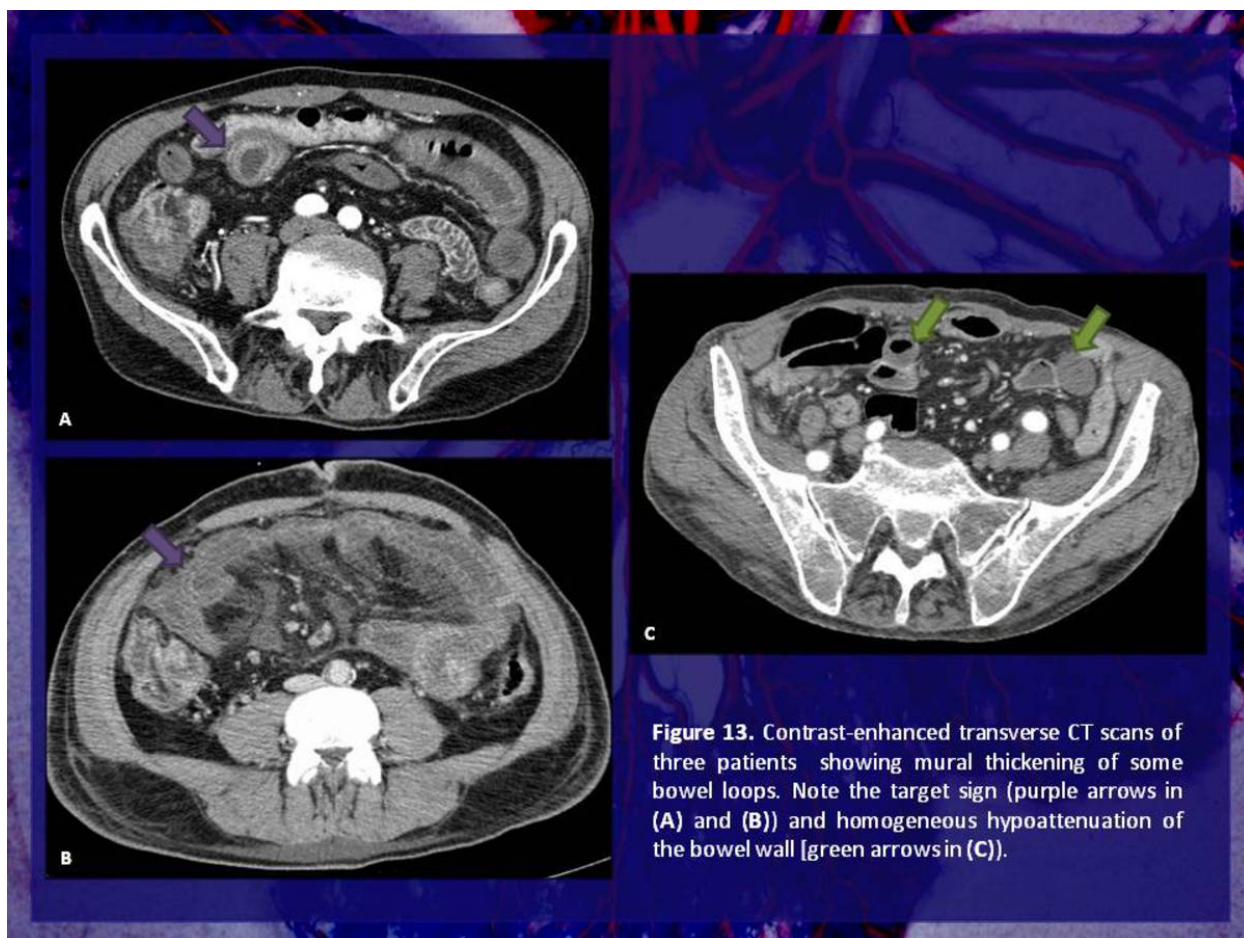


Figure 13. Contrast-enhanced transverse CT scans of three patients showing mural thickening of some bowel loops. Note the target sign (purple arrows in (A) and (B)) and homogeneous hypoattenuation of the bowel wall [green arrows in (C)].

Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

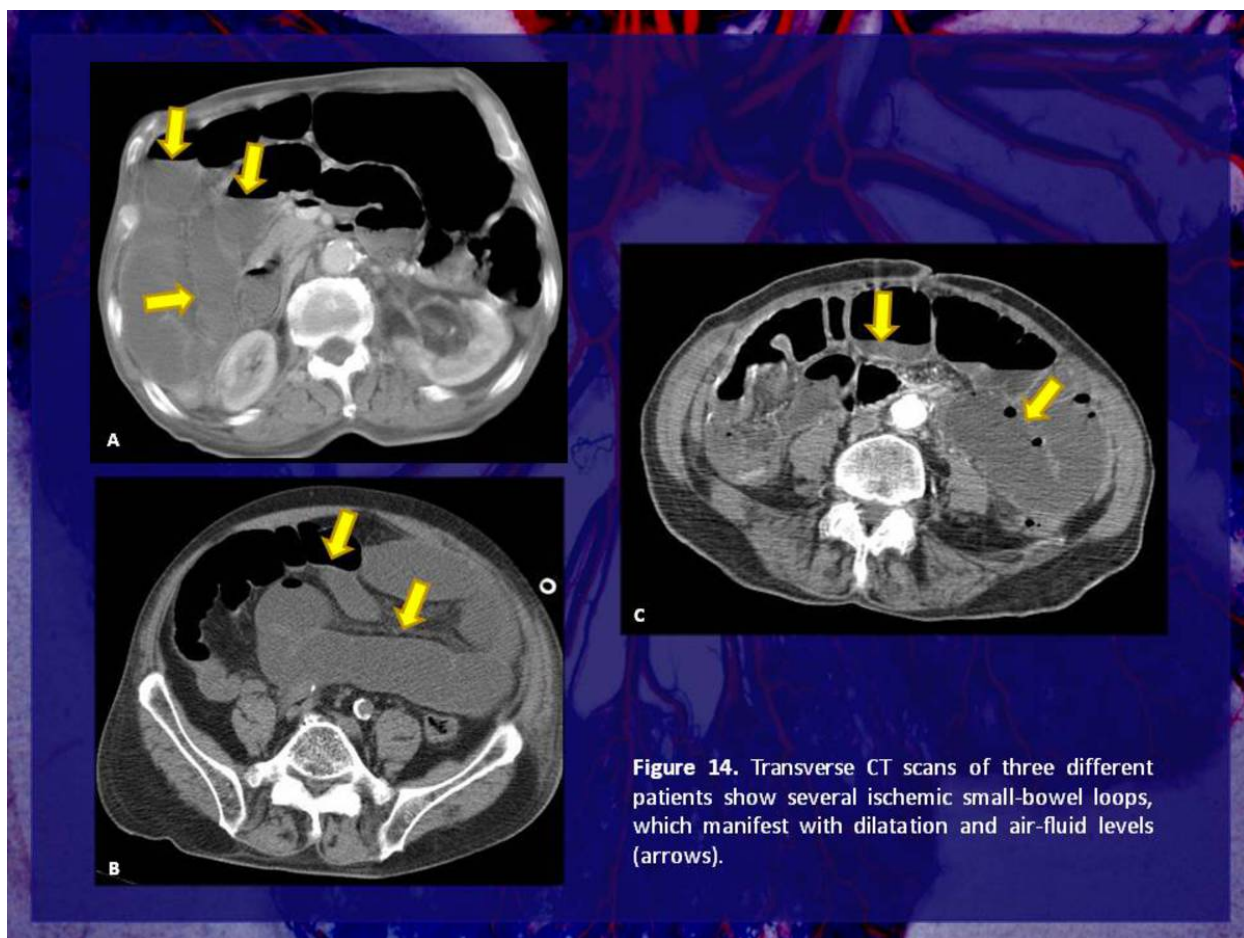


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

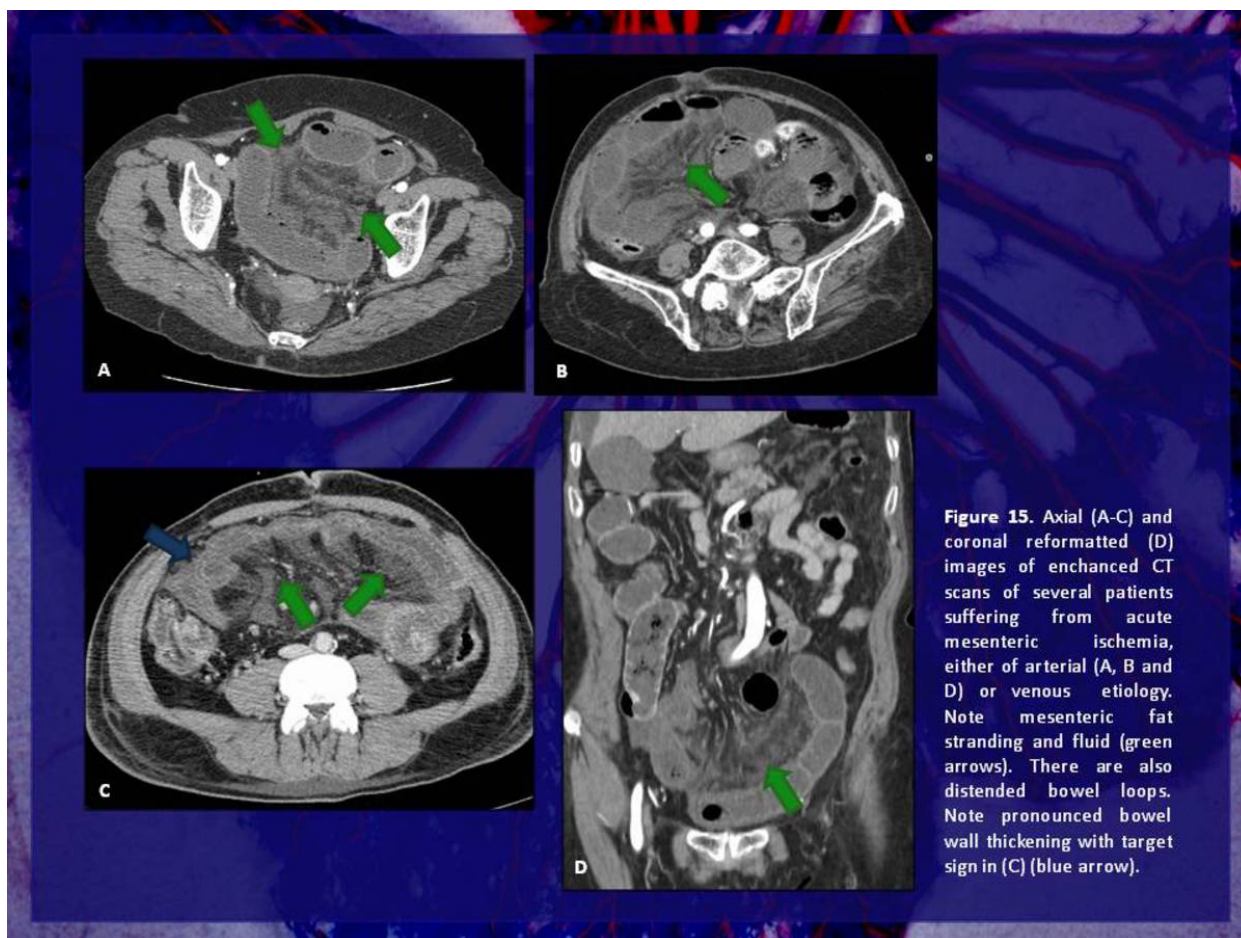


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

MDCT

✦ Occlusion of mesenteric vessels

- There is a hypodense filling defect of the **arterial** lumen; in the thrombotic occlusions one may frequently observe extensive atherosclerotic calcifications (Fig. 16).
- In the case of **venous** occlusion, CT findings include a central filling defect in the mesenteric vein, combined with lack of collateral vessels; the venous walls are hyperdense; there is mesenteric fat stranding and engorgement of the mesenteric veins, reflecting venous congestion secondary to stasis (Fig. 17).

Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

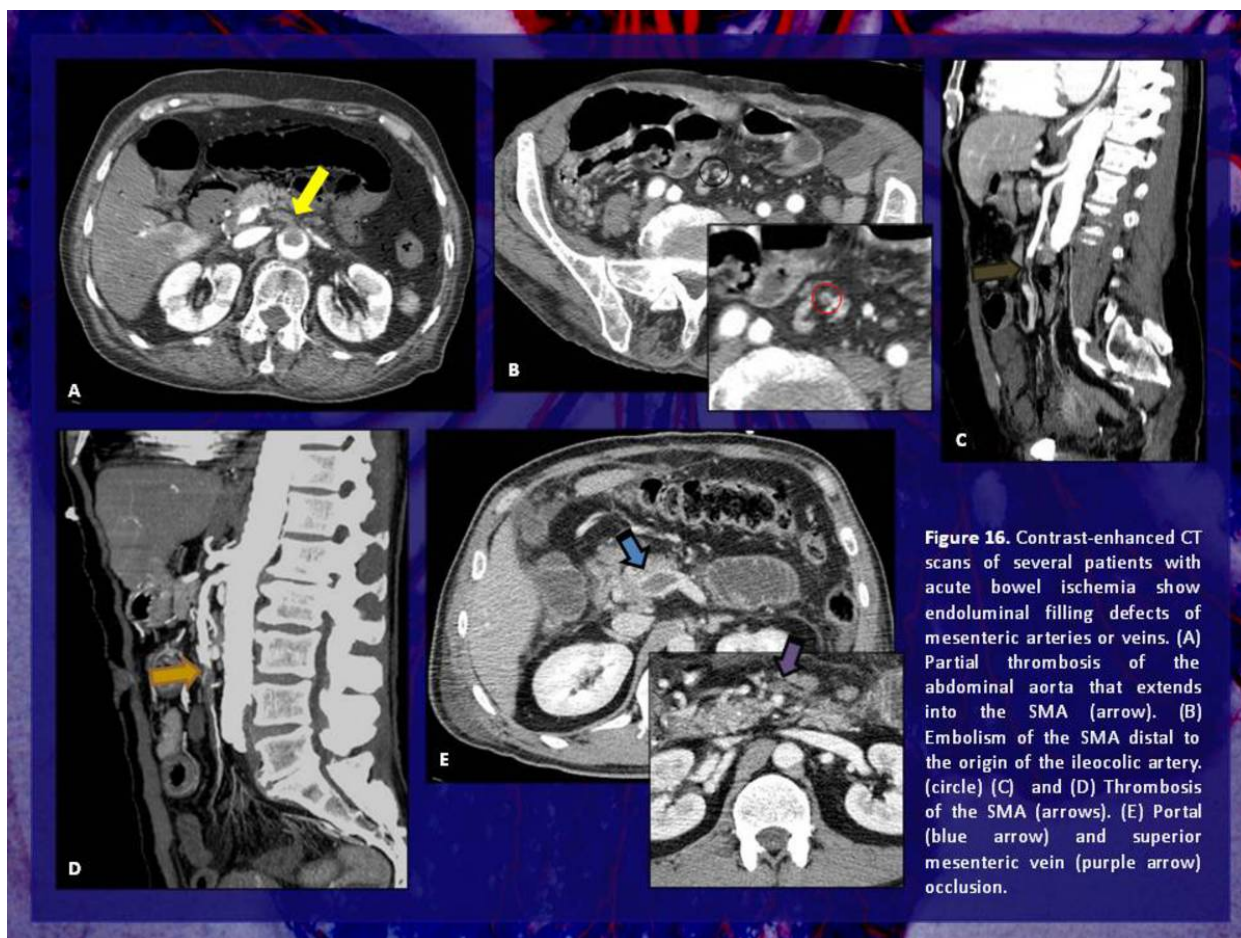


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

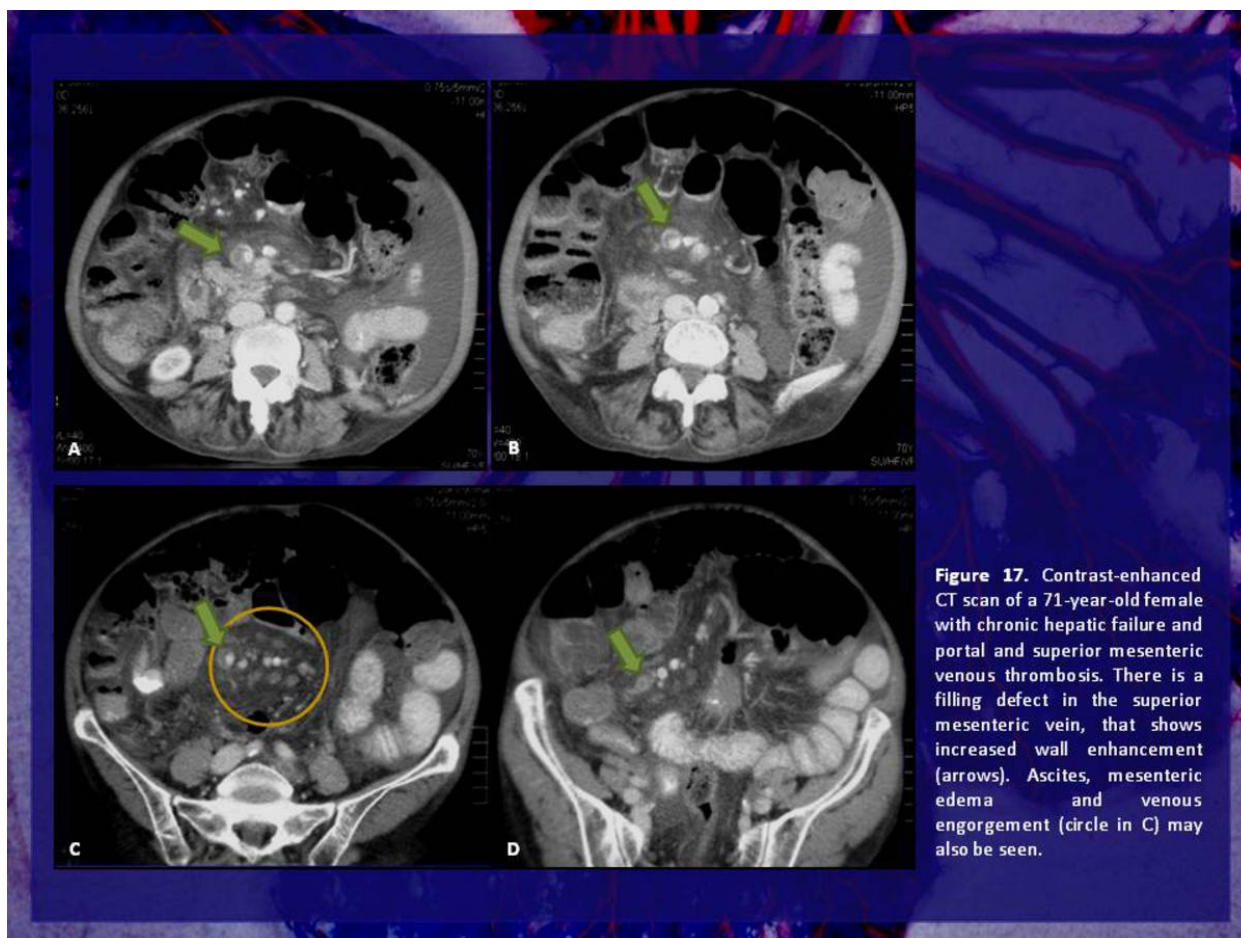


Figure 17. Contrast-enhanced CT scan of a 71-year-old female with chronic hepatic failure and portal and superior mesenteric venous thrombosis. There is a filling defect in the superior mesenteric vein, that shows increased wall enhancement (arrows). Ascites, mesenteric edema and venous engorgement (circle in C) may also be seen.

Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

MDCT

■ Bowel wall attenuation

- ↓ attenuation (more frequent), reflecting submucosal edema and inflammation
 - Homogeneous hypoattenuation of a thickened bowel wall is more typical in cases of acute bowel ischemia caused by mesenteric venous occlusion
- ↑ attenuation: due to submucosal hemorrhage
- It can be homogeneous or may have a *halo/target appearance* (typical alternating different density layers - hyperdense mucosa caused by surface hemorrhage and ulceration, and hypodense edematous submucosa) due to hyperemia and hyperperfusion (Fig. 15).

■ Abnormal bowel wall enhancement after IVC administration

- ↓ enhancement, due to compromised blood flow to the affected portion of the bowel.
 - ☞ *Absent or poor enhancement of the bowel wall is thought to be the most specific sign of mesenteric ischemia.*
- ↑ enhancement, due to hyperemia or vasospasm (delayed and persistent enhancement)
 - ★ *It indicates good prognosis since it represents viability of the bowel wall.*

Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

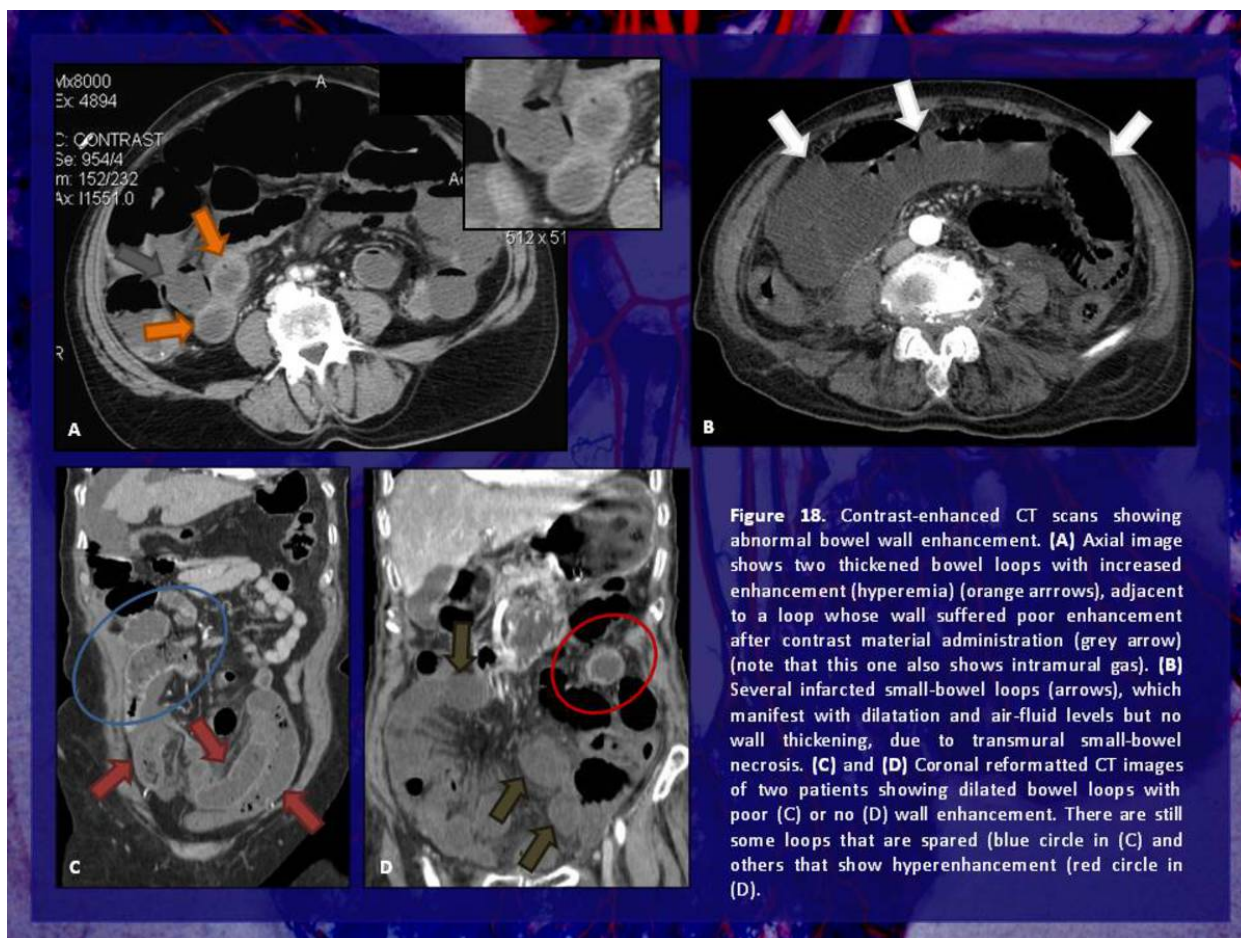


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

MDCT

✦ Pneumatosis intestinalis

- It is a less common but more specific finding of AMI.
- Caused by dissection of luminal gas into the intestinal wall and by local gas-forming bacteria.
- It manifests more frequently as linear or bandlike rims of air that dissect the bowel wall into two layers (Fig. 19).

✦ Mesenteric and portal venous gas

- It represents the propagation of intramural gas into the portomesenteric venous system.
- In the liver it is typically found in the periphery as branching tubular gas images (Figs. 20 and 21).
- ☞ *When mesenteric ischemia is strongly suspected, this CT finding determines the need for emergent surgery.*

Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

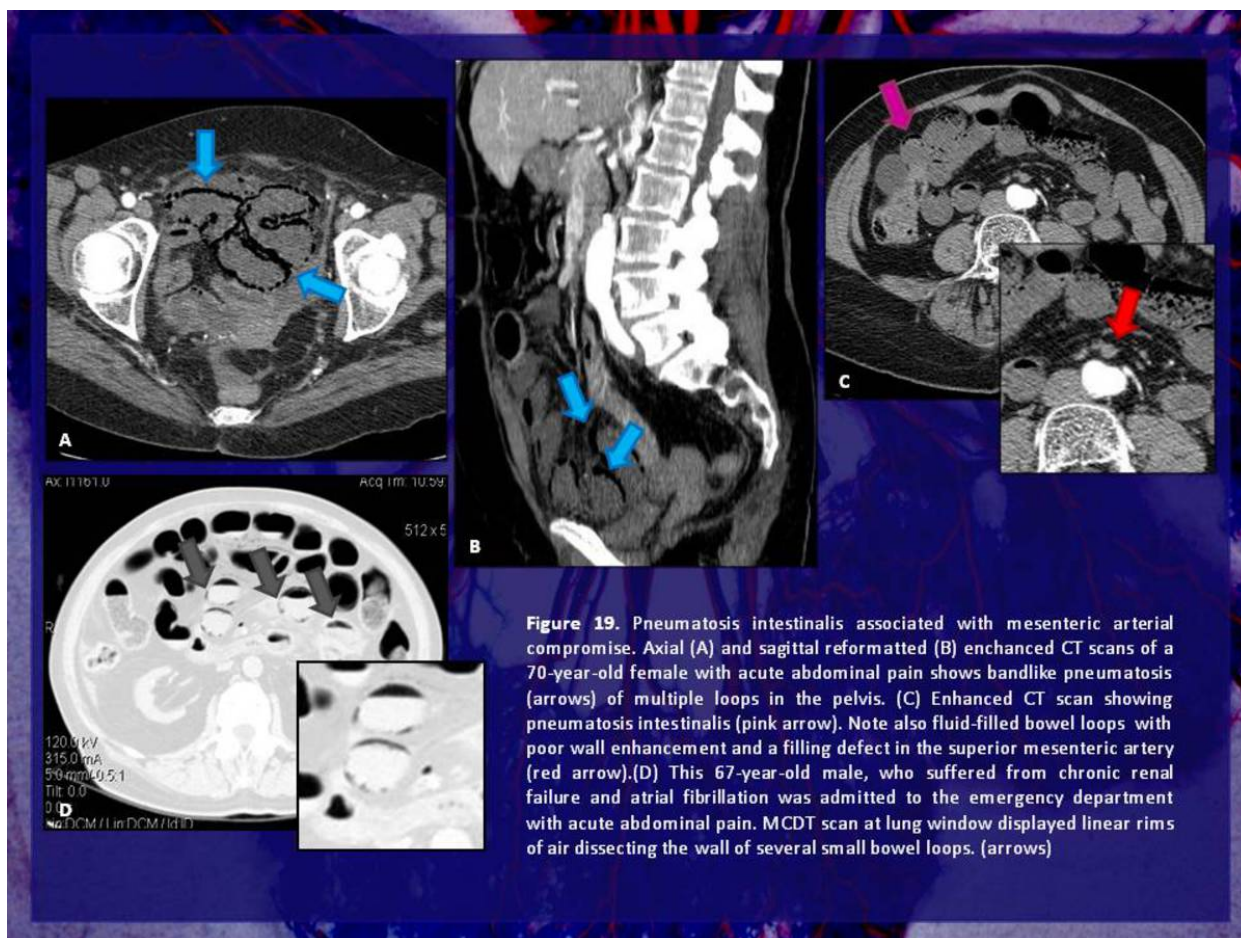


Figure 19. Pneumatosis intestinalis associated with mesenteric arterial compromise. Axial (A) and sagittal reformatted (B) enhanced CT scans of a 70-year-old female with acute abdominal pain shows bandlike pneumatosis (arrows) of multiple loops in the pelvis. (C) Enhanced CT scan showing pneumatosis intestinalis (pink arrow). Note also fluid-filled bowel loops with poor wall enhancement and a filling defect in the superior mesenteric artery (red arrow). (D) This 67-year-old male, who suffered from chronic renal failure and atrial fibrillation was admitted to the emergency department with acute abdominal pain. MCDT scan at lung window displayed linear rims of air dissecting the wall of several small bowel loops. (arrows)

Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

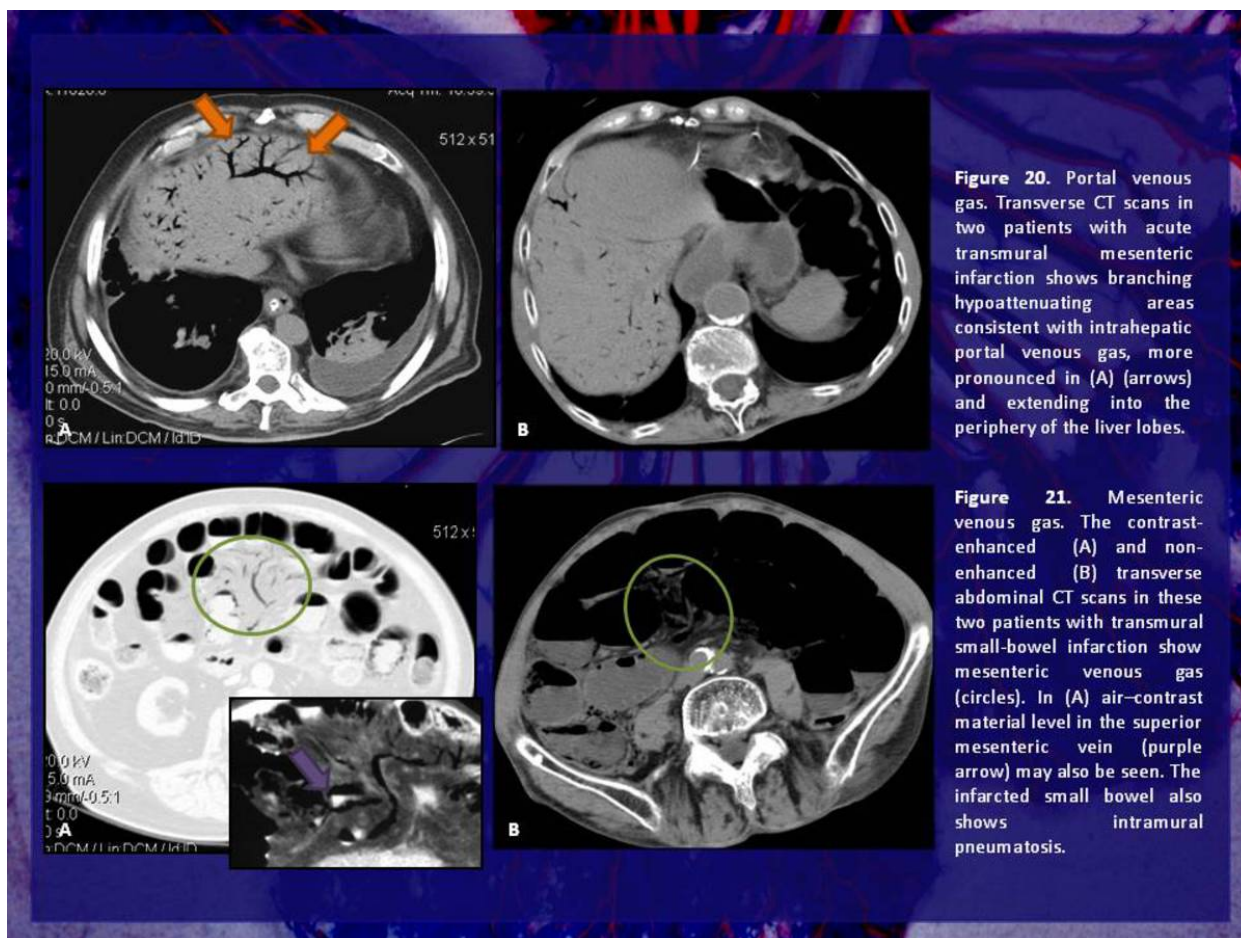


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

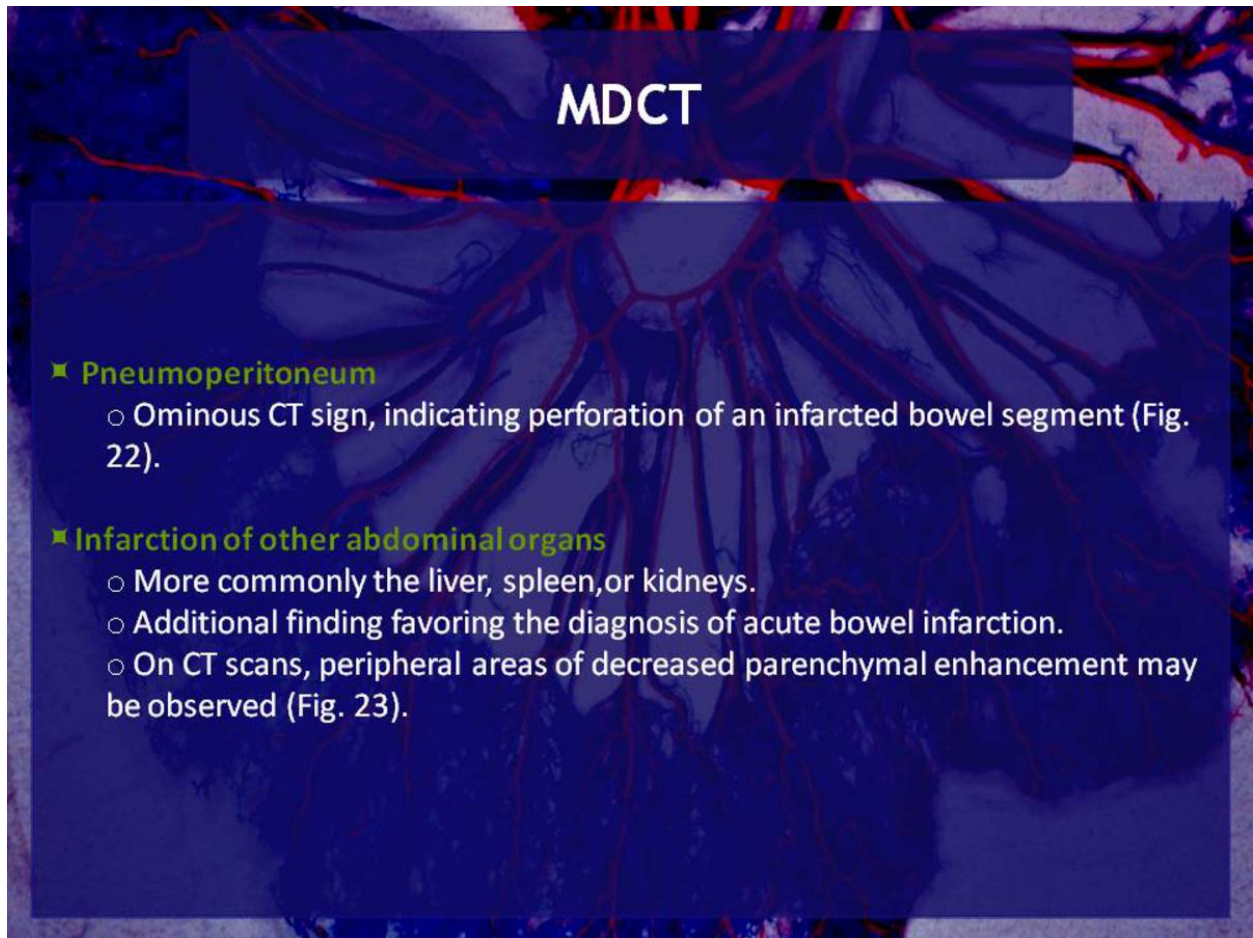


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

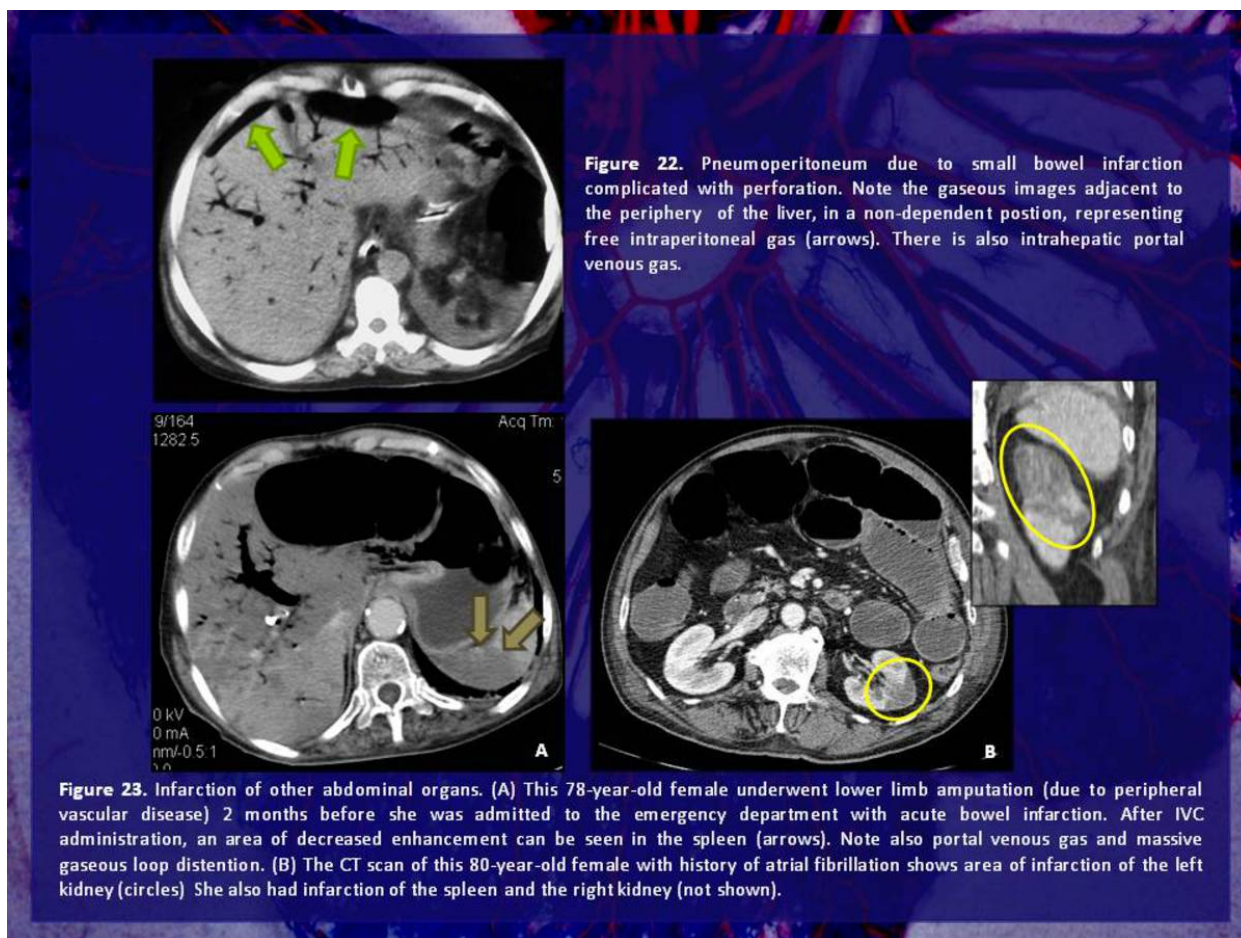


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

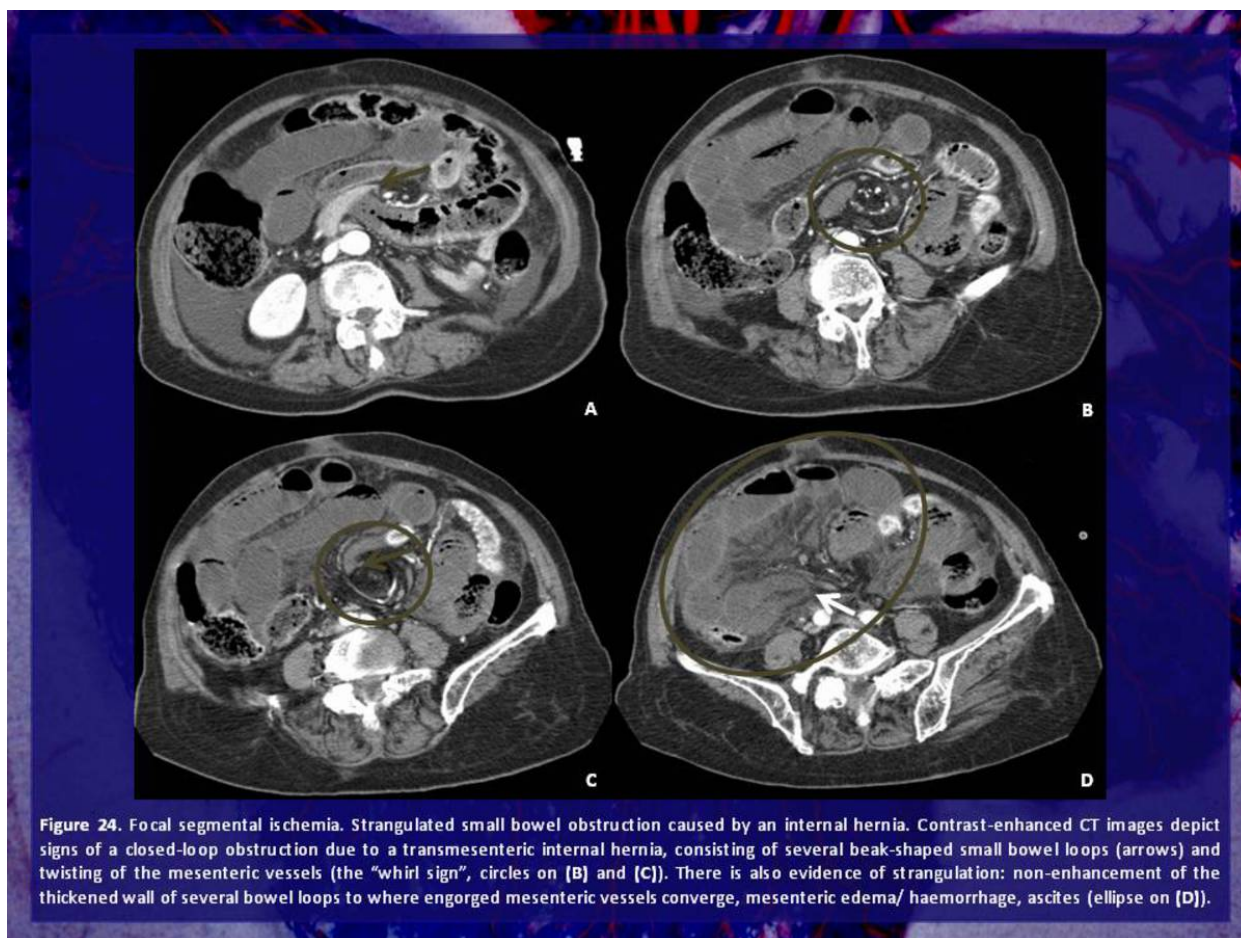


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

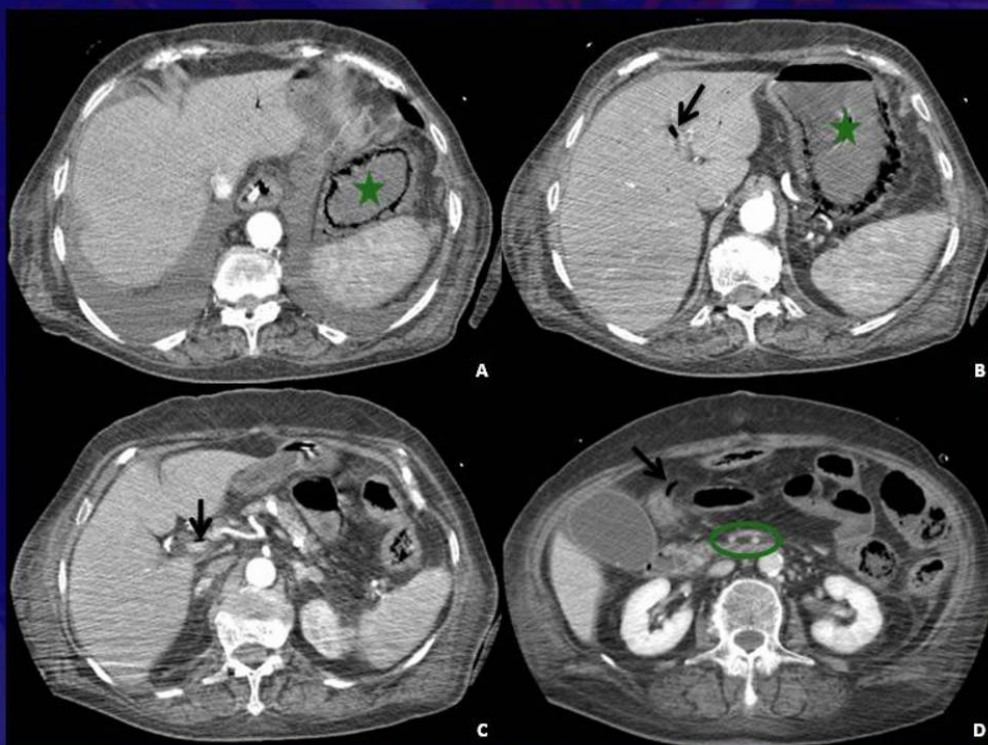


Figure 25. Non-occlusive mesenteric ischemia (NOMI). Acute ischemia due to hypoperfusion. **a)** and **b)** Contrast-enhanced CT images demonstrate gastric wall pneumatosis (star); arrows on **(B)**, **(C)** and **(D)** indicate respectively gas in the intra-hepatic portal vein, in the portal main trunk and in a mesenteric vessel; there is patency of both the SMA and the SMV (circle on **(D)**).

Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

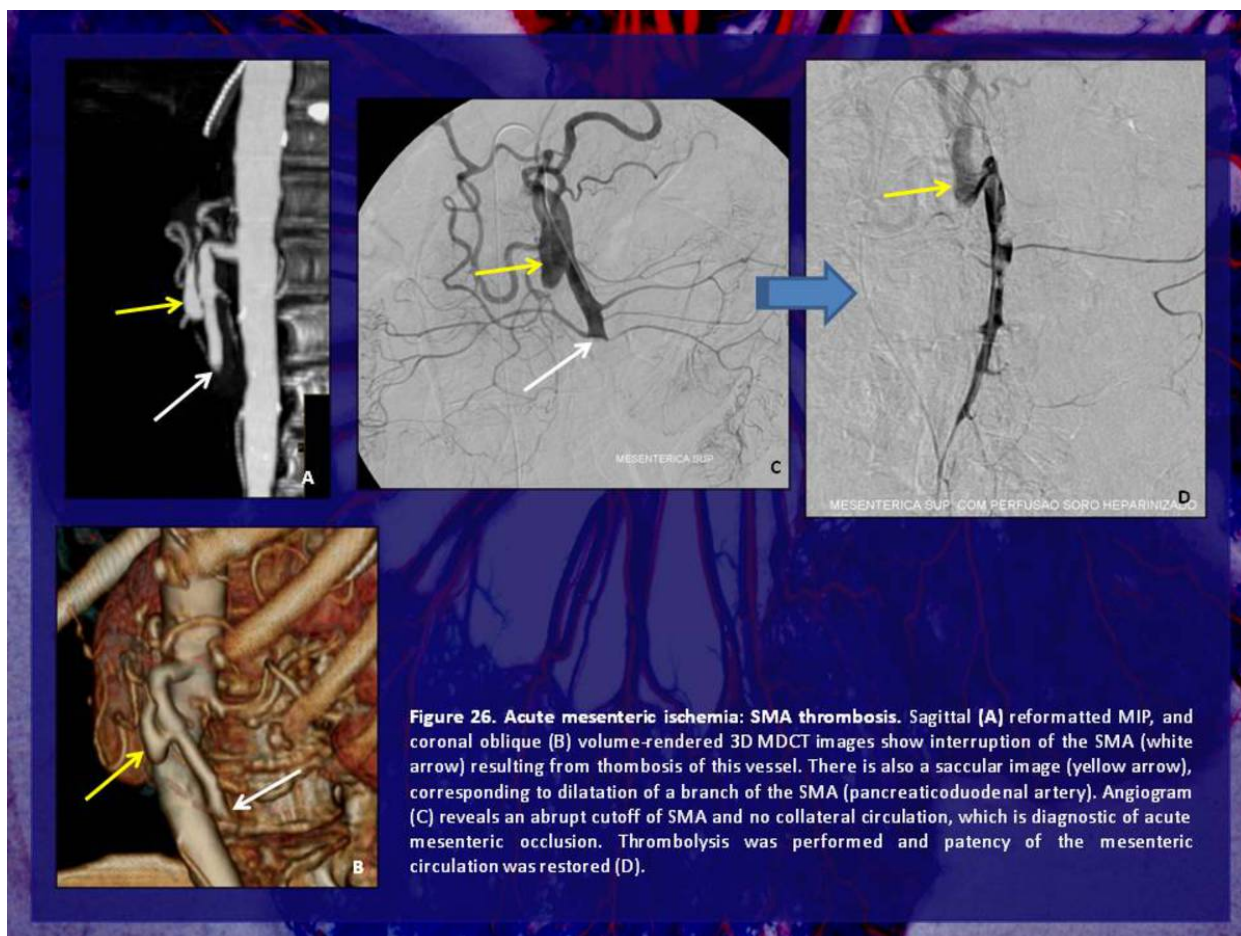


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

MDCT

- ✦ CT findings suggesting **CHRONIC MESENTERIC ISCHEMIA** include:
 - ✓ Presence of atherosclerotic calcified plaques at or near the origins of proximal splanchnic arteries.
 - ✓ Luminal narrowing or focal vascular stenosis of proximal mesenteric vessels.
 - ✓ Arterial occlusion (lack of enhancement).
 - ✓ Development of collateral circulation.
 - ✓ Ischemic bowel wall and mesenteric changes, such as bowel wall thickening and edema, submucosal hemorrhage, changes in bowel wall enhancement and mesenteric stranding or fluid.

Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

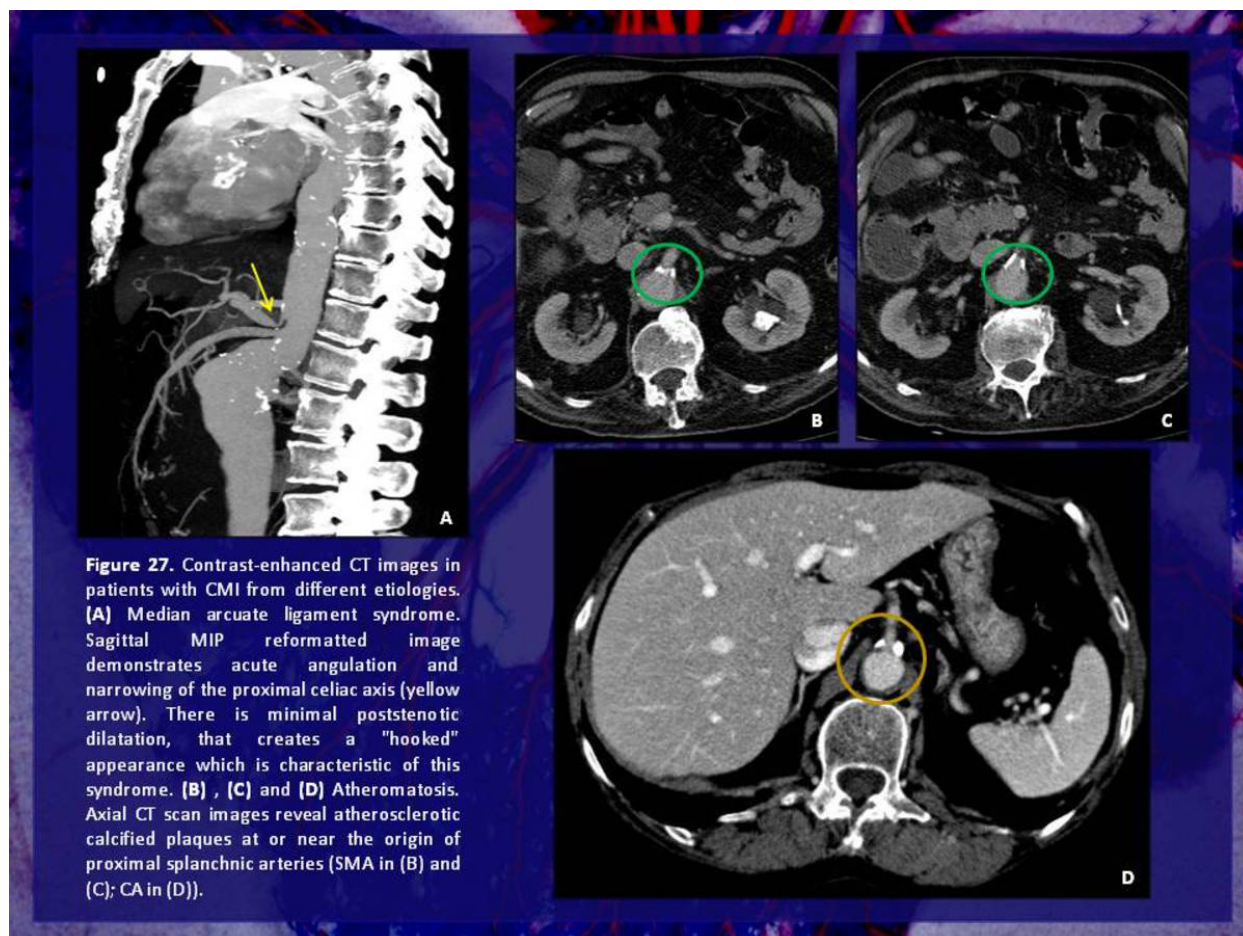


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

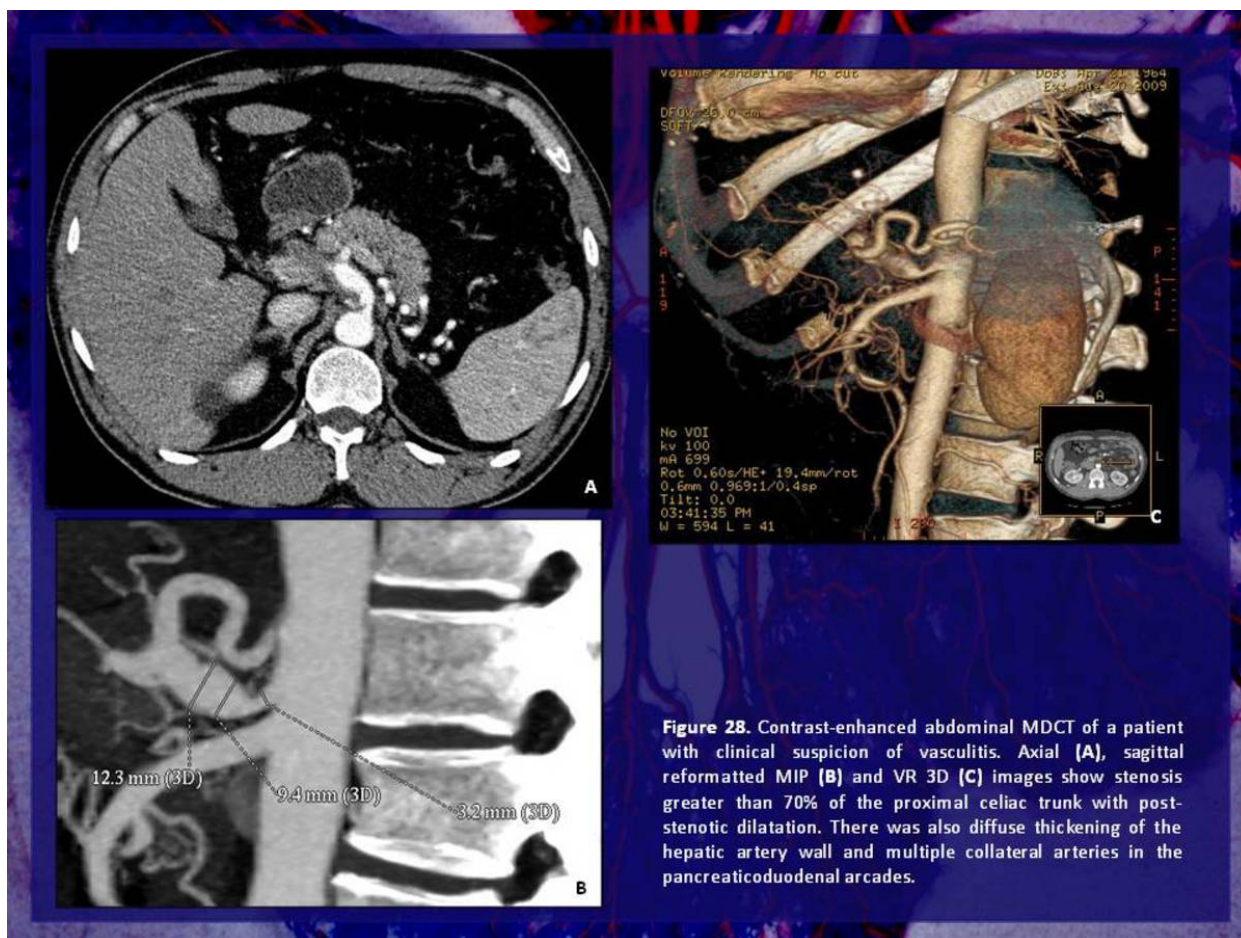


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

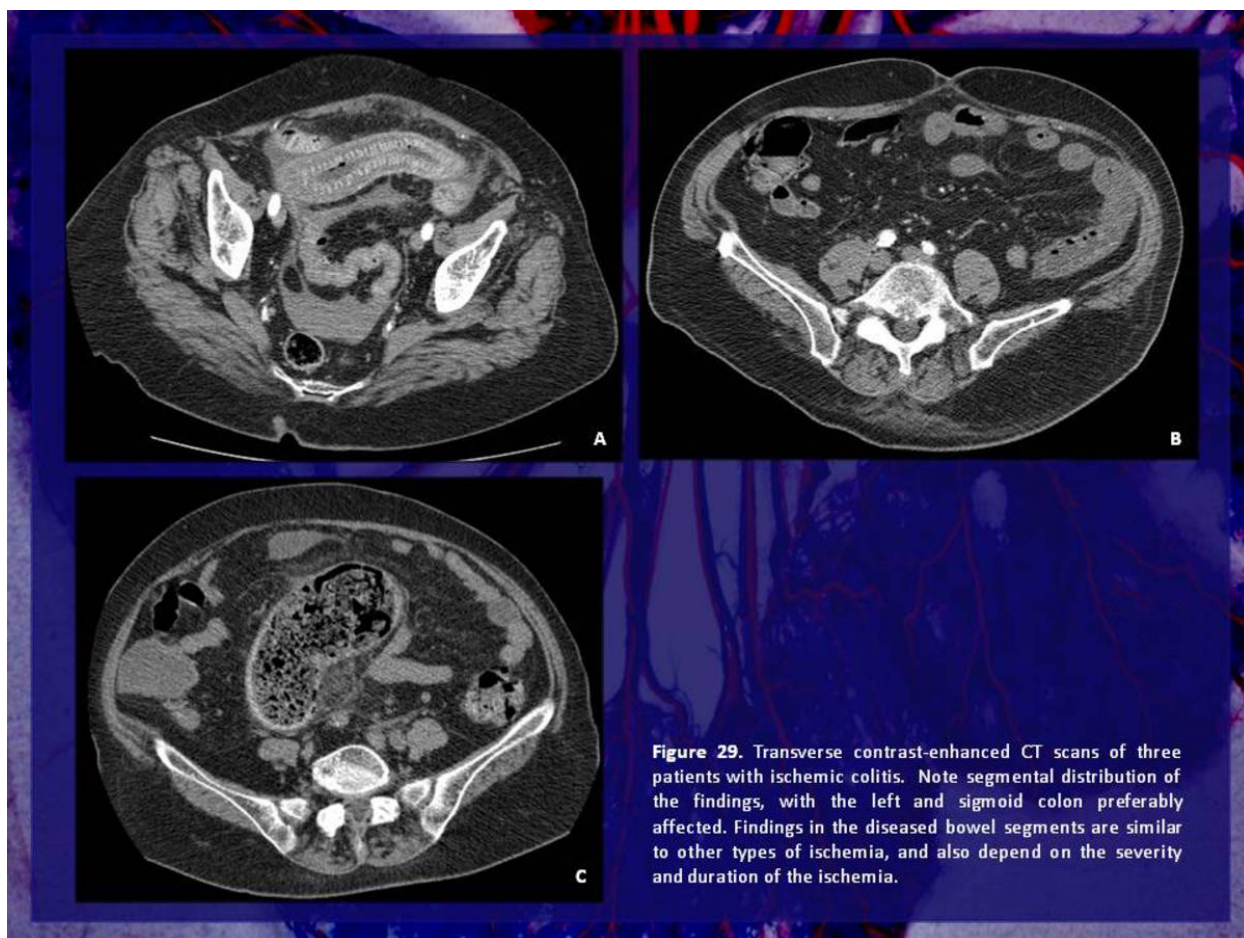


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

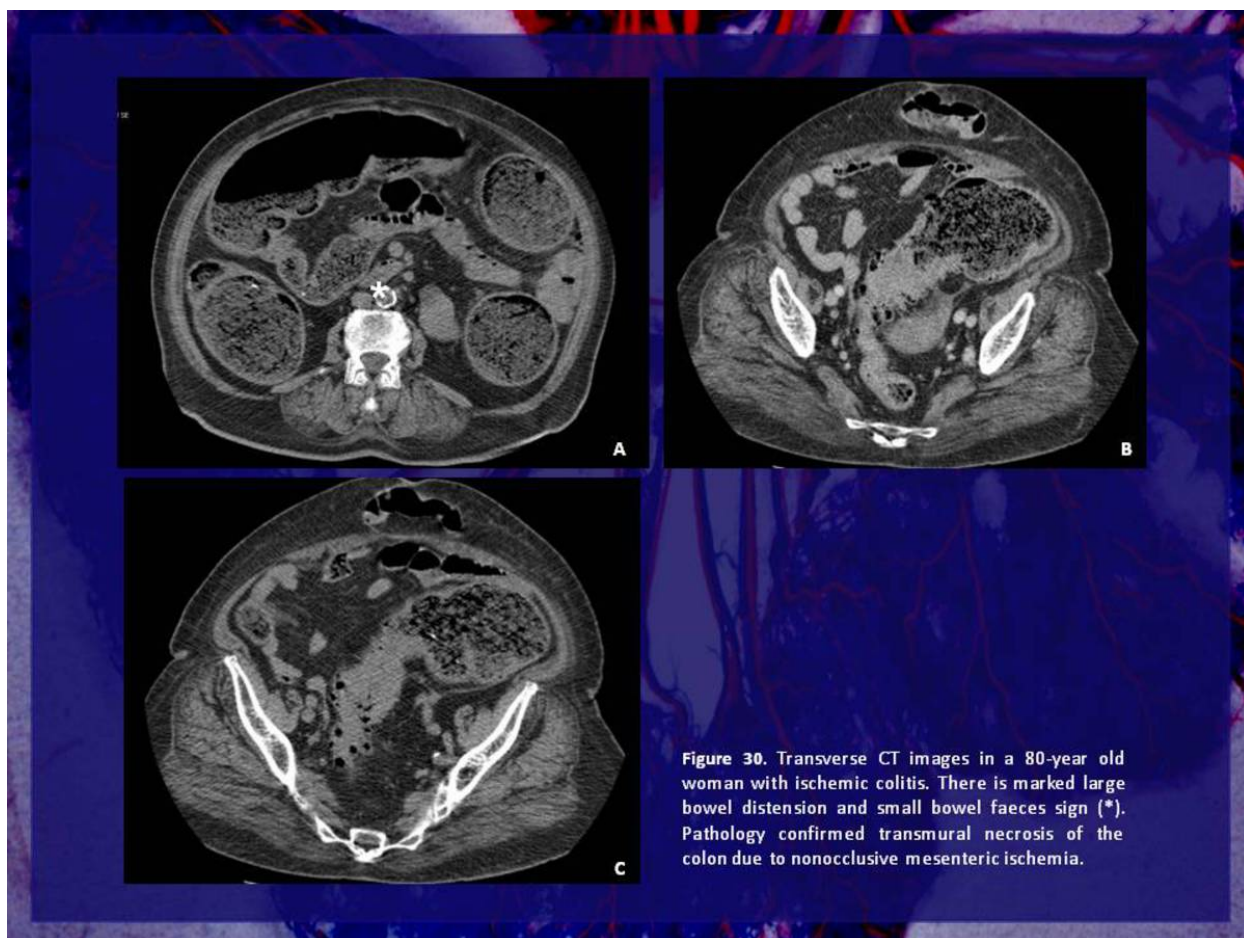


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

Images for this section:

DIAGNOSTIC IMAGING

✧ Given the non-specific clinical presentation, as well as the unreliability of the physical examination and laboratory values until permanent injury has taken place, imaging has become a crucial tool in establishing an early diagnosis of mesenteric ischemia. Improved imaging technology is one of the reasons why a reduction in mortality has been achieved.

✧ Imaging modalities used in the work-up of mesenteric ischemia include:

- ✧ Plain abdominal radiographs
- ✧ Barium studies
- ✧ Ultrasound / Doppler ultrasound
- ✧ MR imaging
- ✧ Angiography
- ✧ Multidetector CT

Fig. 1

PLAIN ABDOMINAL FILMS

- ✧ May be normal.
 - ✧ Nonspecific findings:
 - ✧ Gasless abdomen
 - ✧ Small bowel pseudo-obstruction pattern (paralytic ileus)
 - ✧ More specific (but far less common) findings (usually indicate late-stage disease):
 - ✧ Thumbprinting: multiple, round, smooth soft-tissue densities projecting into the intestinal lumen (due to mucosal and submucosal edema and hemorrhage)
 - ✧ Separation of bowel loops caused by mesenteric thickening
 - ✧ Pneumatosis intestinalis: intramural gas
 - ✧ Mesenteric or portal venous gas
- ✧ In most cases, plain radiographs give little clue to the specific diagnosis, hence their little use in the diagnostic evaluation of mesenteric ischemia.
- ✧ The main utility of the plain film is to exclude other causes of acute abdomen such as perforation and obstruction.

Fig. 2

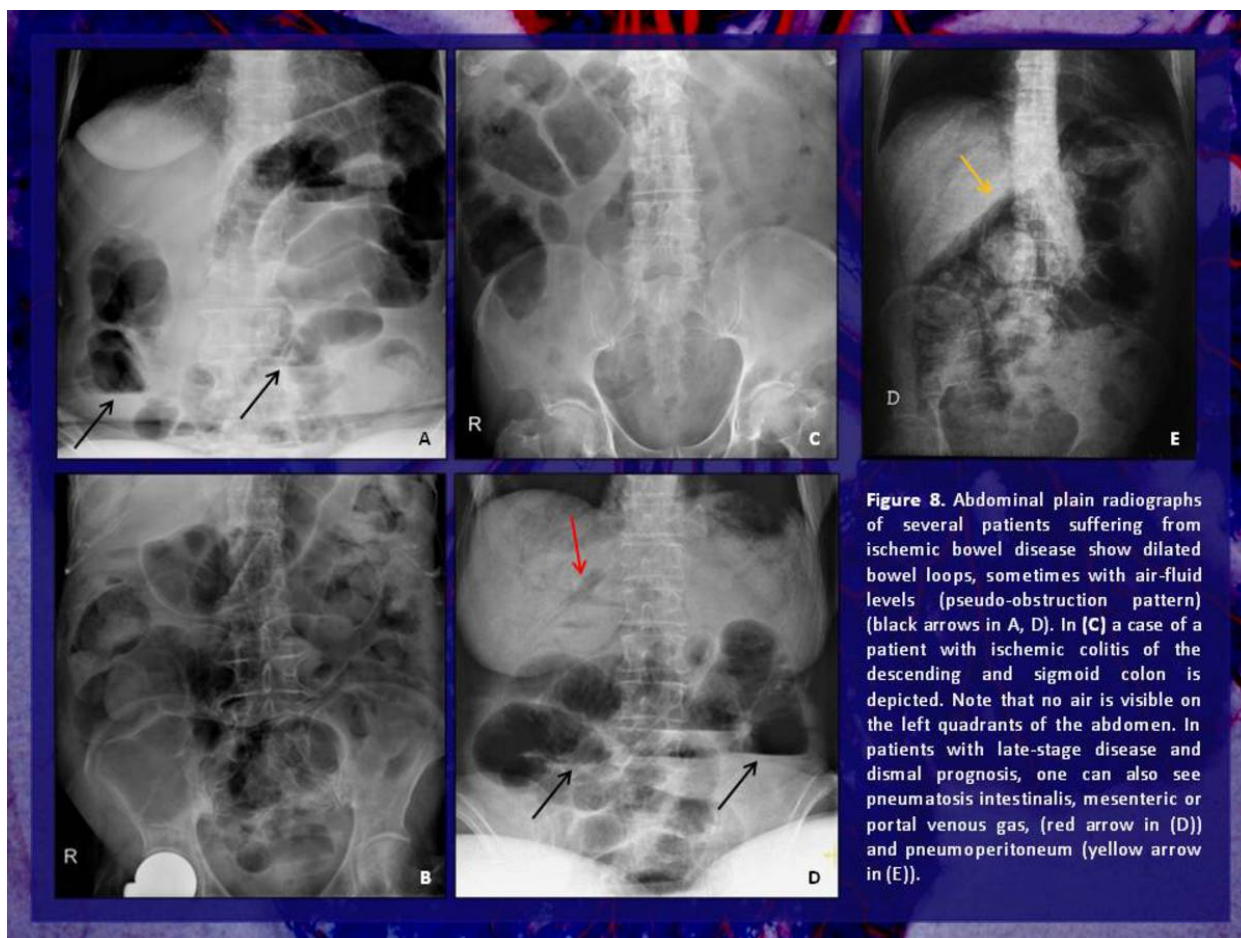


Fig. 3

BARIUM STUDIES

✦ Similarly to plain abdominal films, barium studies are non-specific and insensitive in the evaluation of mesenteric ischemia. Furthermore, dense barium interferes with subsequent examinations (MDCT, angiography, colonoscopy). Consequently, it has been nearly completely replaced by other diagnostic imaging modalities, namely MDCT.

✦ Findings include:

- ✓ bowel dilatation,
- ✓ thickened folds,
- ✓ thumbprinting (especially along the mesenteric border of the bowel),
- ✓ effacement of the mucosal pattern,
- ✓ ulceration, and
- ✓ stasis of barium.

Fig. 4

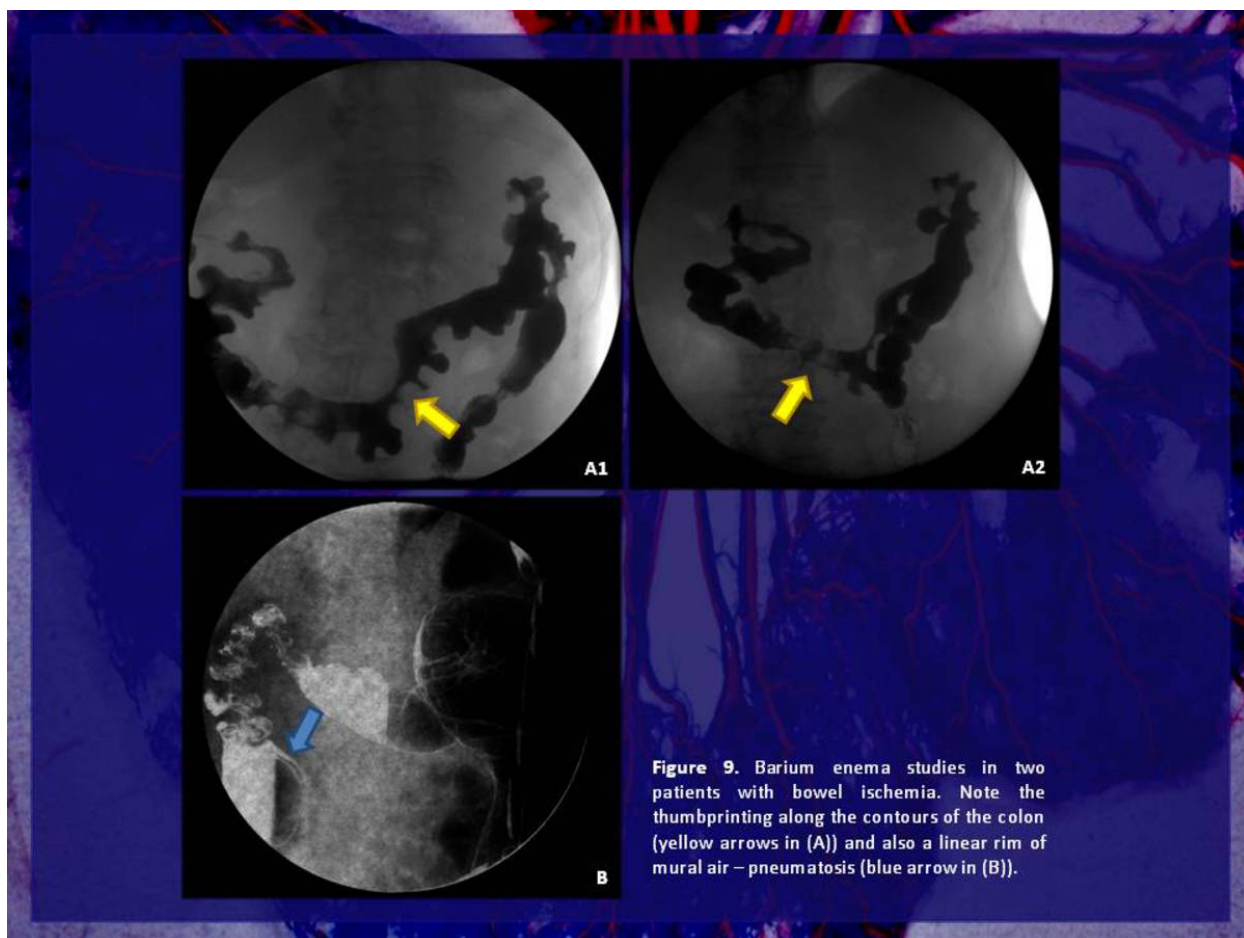


Fig. 5

ULTRASOUND / DOPPLER US

✦ Sonographic findings such as *distended bowel loops*, *hypoechoic thickening of the bowel wall*, *decreased peristalsis or ileus* and *peritoneal fluid collections* are non-specific. Furthermore, because of its dependence on patient factors (body habitus, presence of air-filled bowel loops, prior surgery, patient cooperation) and on operator expertise, US is not typically used in the initial evaluation of suspected acute intestinal ischemia.

✦ Color Doppler signal is absent or barely visible in most cases of transmural necrosis. The presence of color flow is a good prognostic sign.

✦ In patients with **CMI**, Doppler ultrasound (DUS) can be used as a non-invasive screening test for proximal SMA and CA stenosis or occlusion. In the fasting state, a peak systolic velocity greater than 275 cm/s in the SMA, and 200 cm/s in the CA, and an end-diastolic velocity greater than 45 cm/s in the SMA, suggests significant stenosis (greater than 70%) of these vessels, but does **not** establish the diagnosis of CMI.

Fig. 6

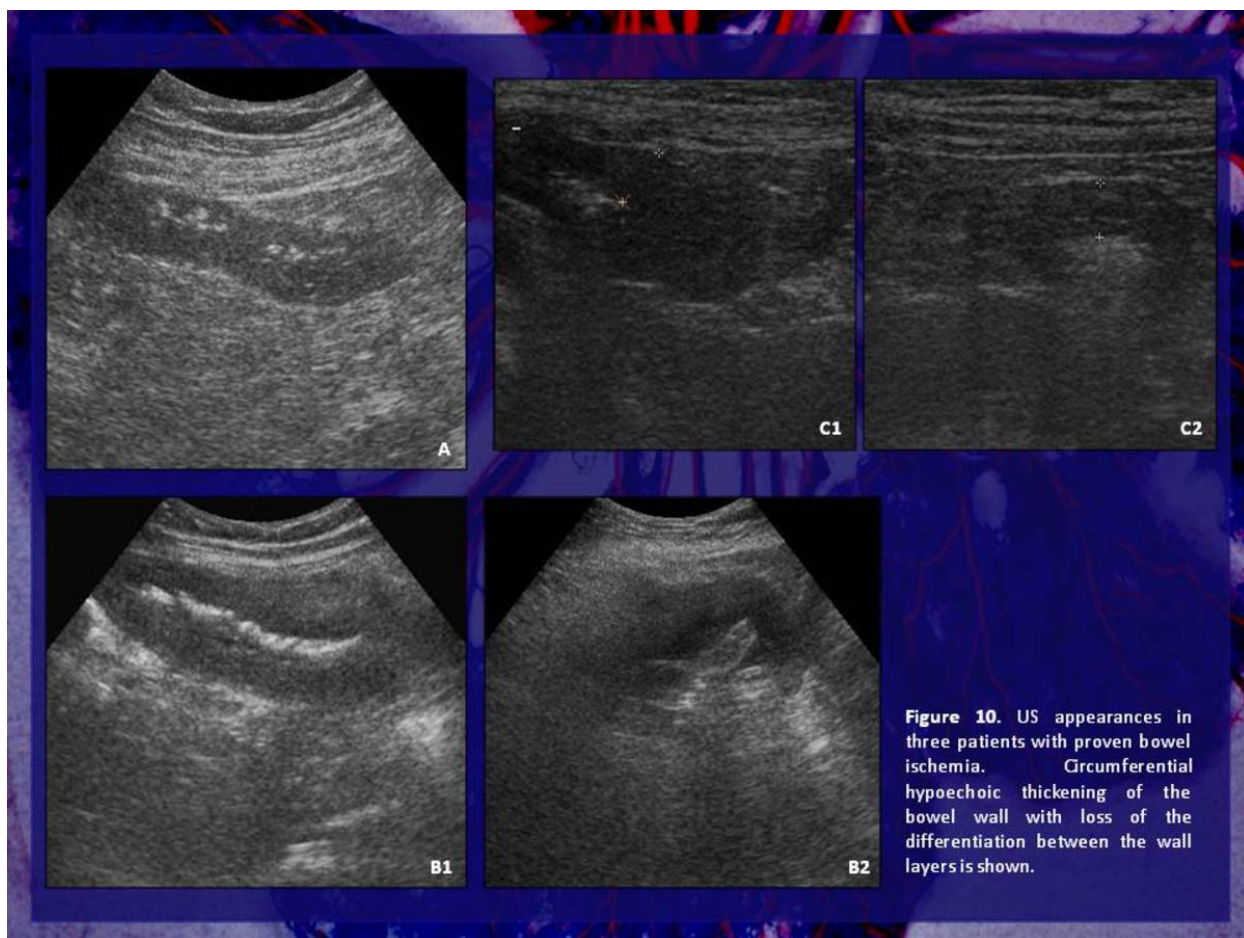


Fig. 7

MRI / MRA

- ✦ MR imaging and MR angiography (MRA) have shown to be accurate in the imaging of the gut, mesentery and surrounding vasculature.
- ✦ In the *acute* setting, MRI is not appropriate due to time constraints and because of the fact that patients typically have a life support apparatus which is non-compatible with the MRI scanner.
- ✦ It may be particularly useful in **CMI**, since it is non-invasive and does not use ionising radiation; in these patients, gadolinium-enhanced three-dimensional MRA provides anatomic information which is similar to conventional angiography and is effective in the detection of significant arterial stenosis.

Fig. 8

ANGIOGRAPHY

- ✦ For many years, angiography has been considered to be the gold-standard for the diagnosis of acute arterial occlusion. *Abrupt cutoff of the a vessel with no evidence of collateral circulation* is diagnostic of an acute thromboembolic occlusion. Angiography has the added advantage of allowing therapeutic options.
- ✦ The disadvantages of angiography are related to the fact that it is highly invasive and is not suitable in critically ill patients, often is not readily available and may delay surgical management, and nephrotoxicity may occur due to the effects of intravenous contrast on the kidneys.
- ✦ Nowadays, angiography has been supplanted by CTA and MRA. It is performed only occasionally when acute mesenteric ischemia and infarction are suspected or when clinically suspected mesenteric thromboemboli cannot be established using non-invasive modalities. It is primarily done immediately before transcatheter intervention, which is the treatment of choice in patients with CMI. This involves the placement of a stent in the diseased vessel(s).

Fig. 9

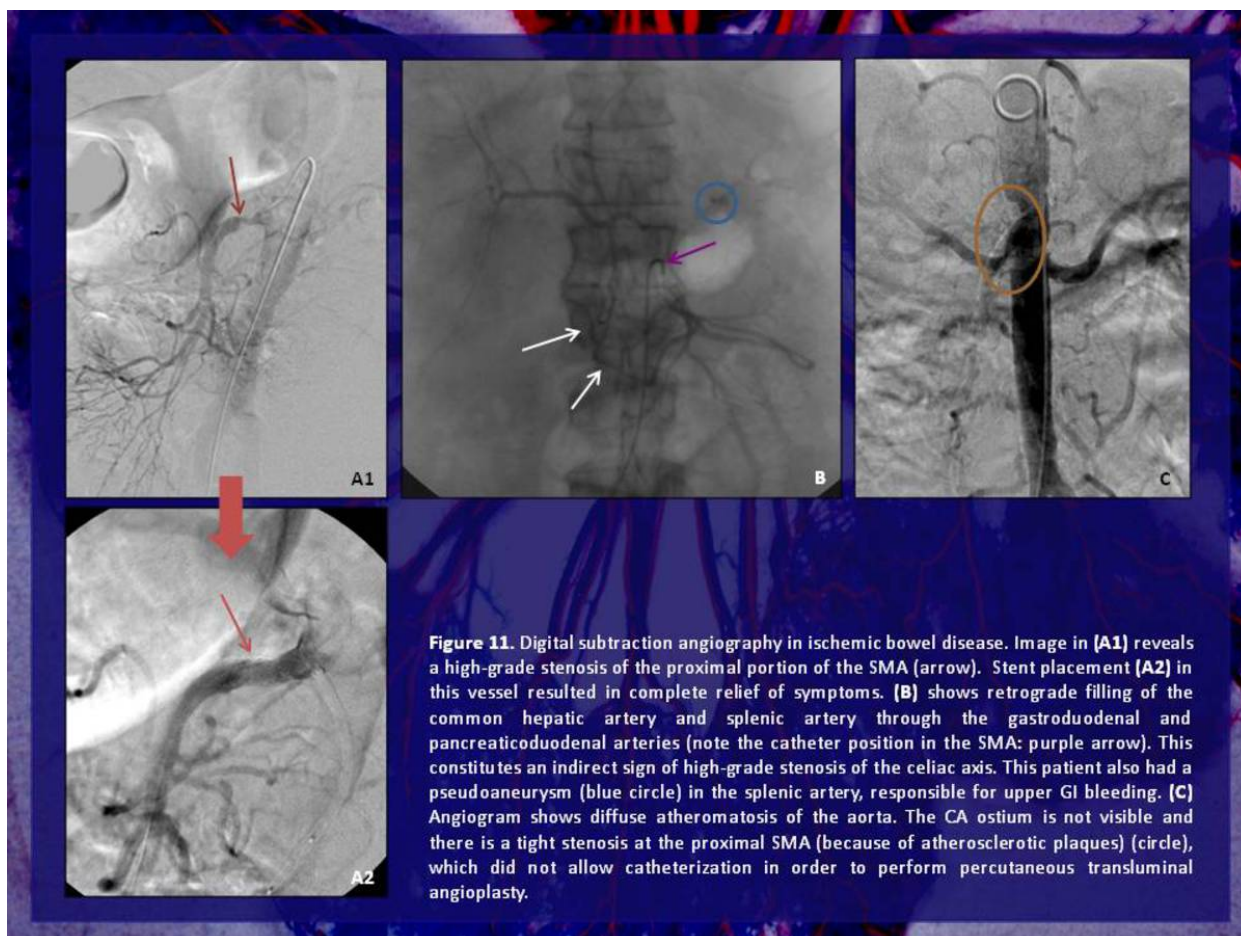


Fig. 10

MDCT

✦ In patients with suspected bowel ischemia, MDCT plays an important role detecting ischemic changes in the affected intestinal loops and mesentery and determining the cause of the ischemia. This imaging technique, therefore, focuses on 2 major areas: *changes in the bowel wall* and *evaluation of the mesenteric vessels*.

✦ Multidetector CT can provide detailed information about mesenteric vessels and the intestine by using three-dimensional reformatting techniques, that can display vessels similarly to conventional angiography, eliminating the need for additional imaging (Fig. 12).

✦ CT appearance of **ACUTE BOWEL ISCHEMIA** will depend on its cause, severity, localization, extent, and distribution, as well as on the presence and degree of submucosal or intramural hemorrhage, superimposed bowel wall infection, and/or bowel wall perforation.

✦ Nonspecific CT findings include: *bowel distention, bowel wall thickening, mesenteric edema and ascites*.

✦ CT findings such as *splanchnic vascular occlusion, intramural gas, lack of bowel enhancement and infarcts of the liver, spleen or kidneys* are thought to be more specific for acute mesenteric ischemia.

Fig. 11

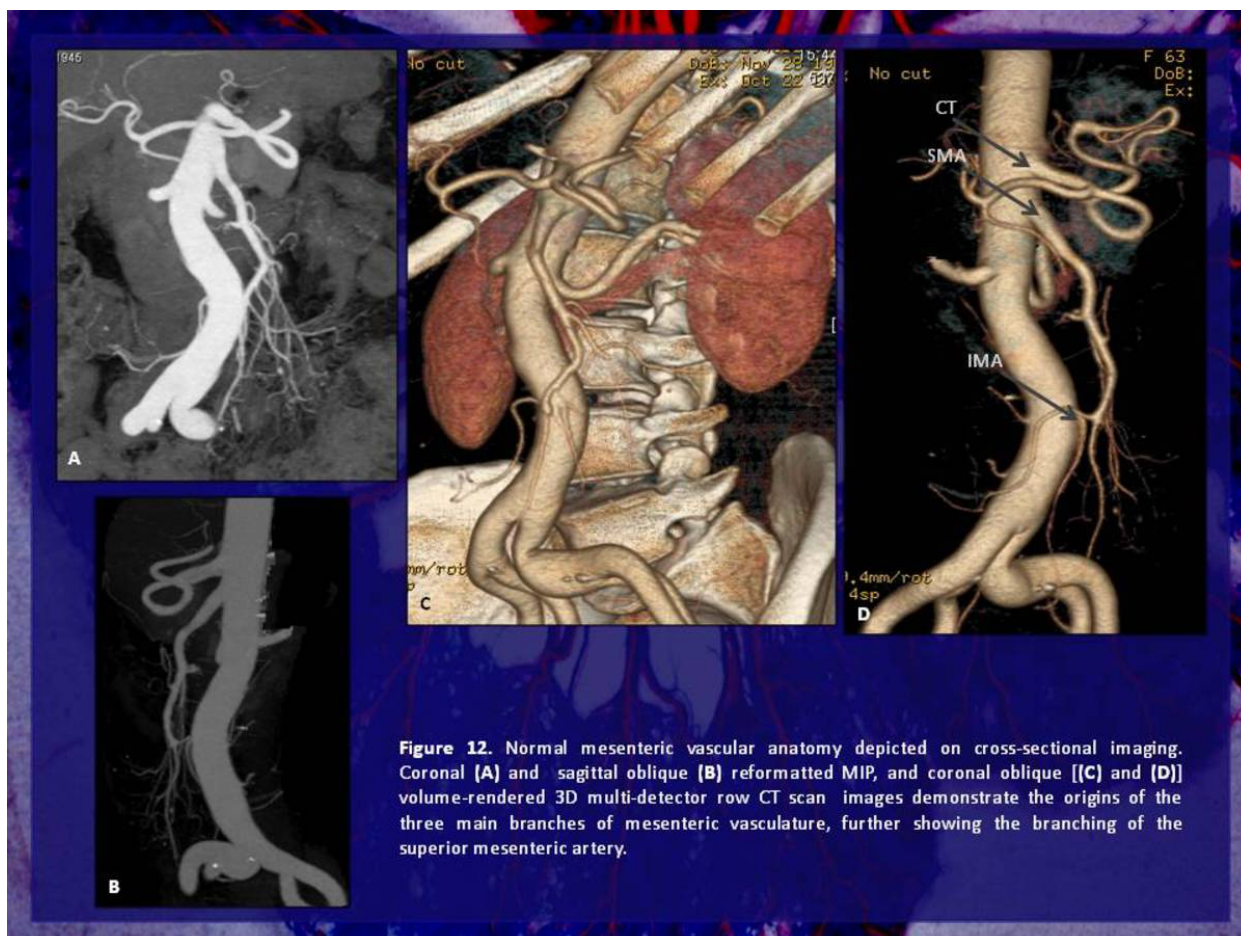


Fig. 12

MDCT

■ Circumferential bowel wall thickening

- ✧ The most common, but least specific sign
- ✧ Due to mural edema and hemorrhage
- ✧ Mostly found in venous occlusions; rare in arterial transmural small bowel infarction (where wall thinning – “*paper thin wall*” - and luminal dilatation predominate)

■ Bowel luminal dilatation and/or air-fluid levels

- ✧ Common but non-specific findings
- ☞ *The presence of dilated and mainly fluid-filled bowel loops (gasless abdomen) is suggestive of acute bowel ischemia or infarction (Fig. 14), resulting from interruption of the normal peristaltic activity.*

■ Mesenteric fat stranding and mesenteric fluid or ascites

- ✧ Tend to be absent in reversible small-bowel ischemia caused by arterial occlusion
- ✧ In large-bowel ischemia these findings may be only due to superinfection of ischemic colonic elements.

Fig. 13

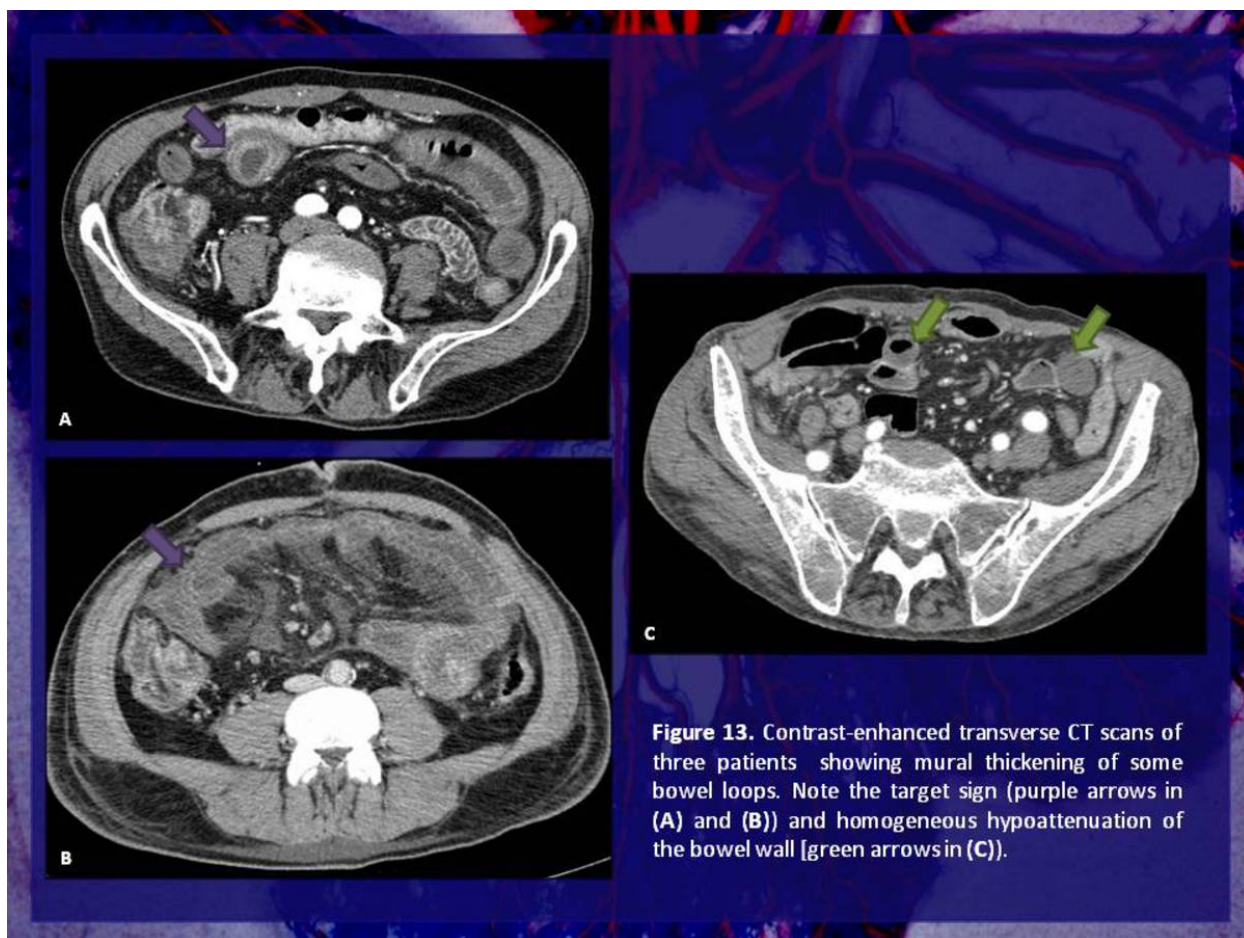


Fig. 14

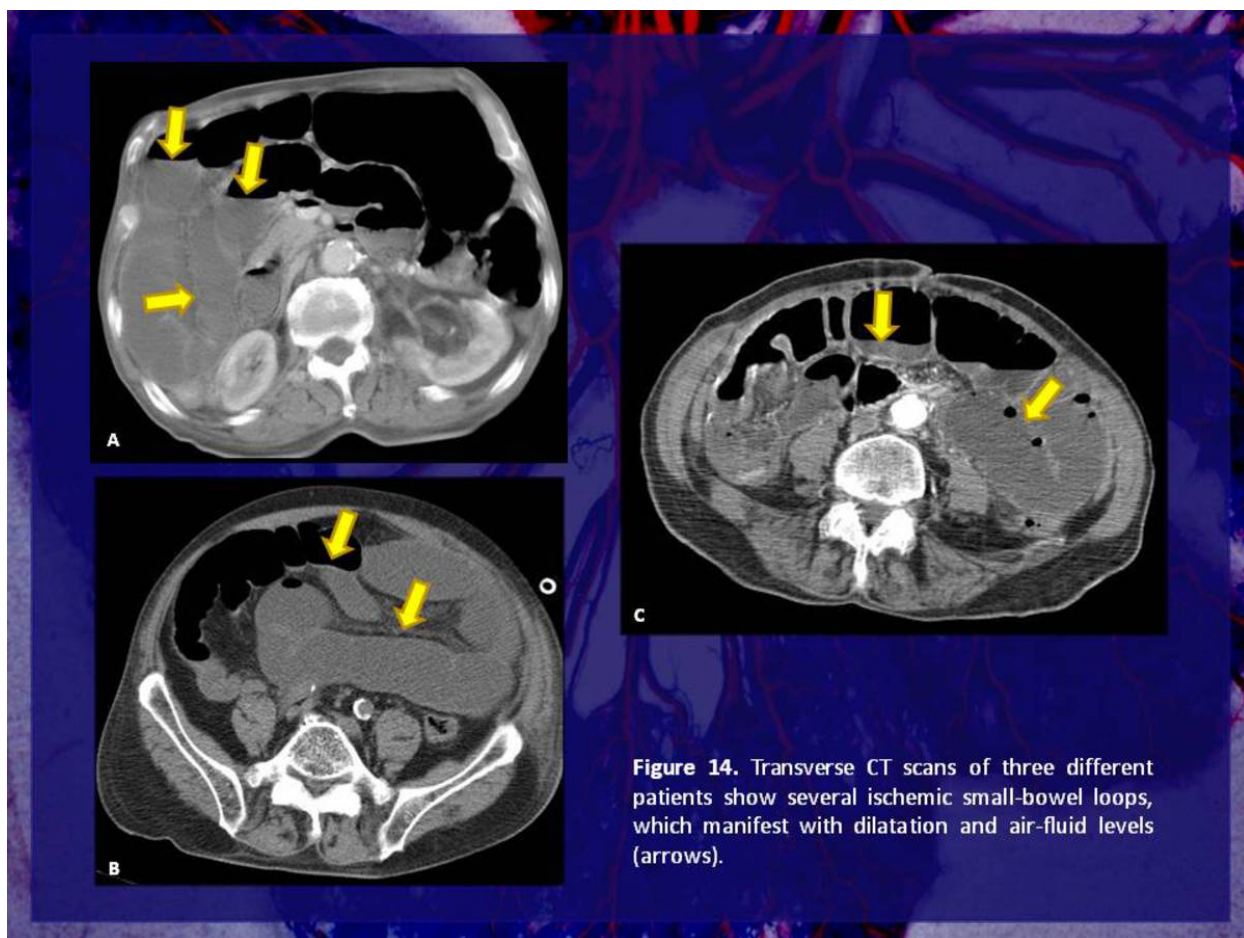


Fig. 15

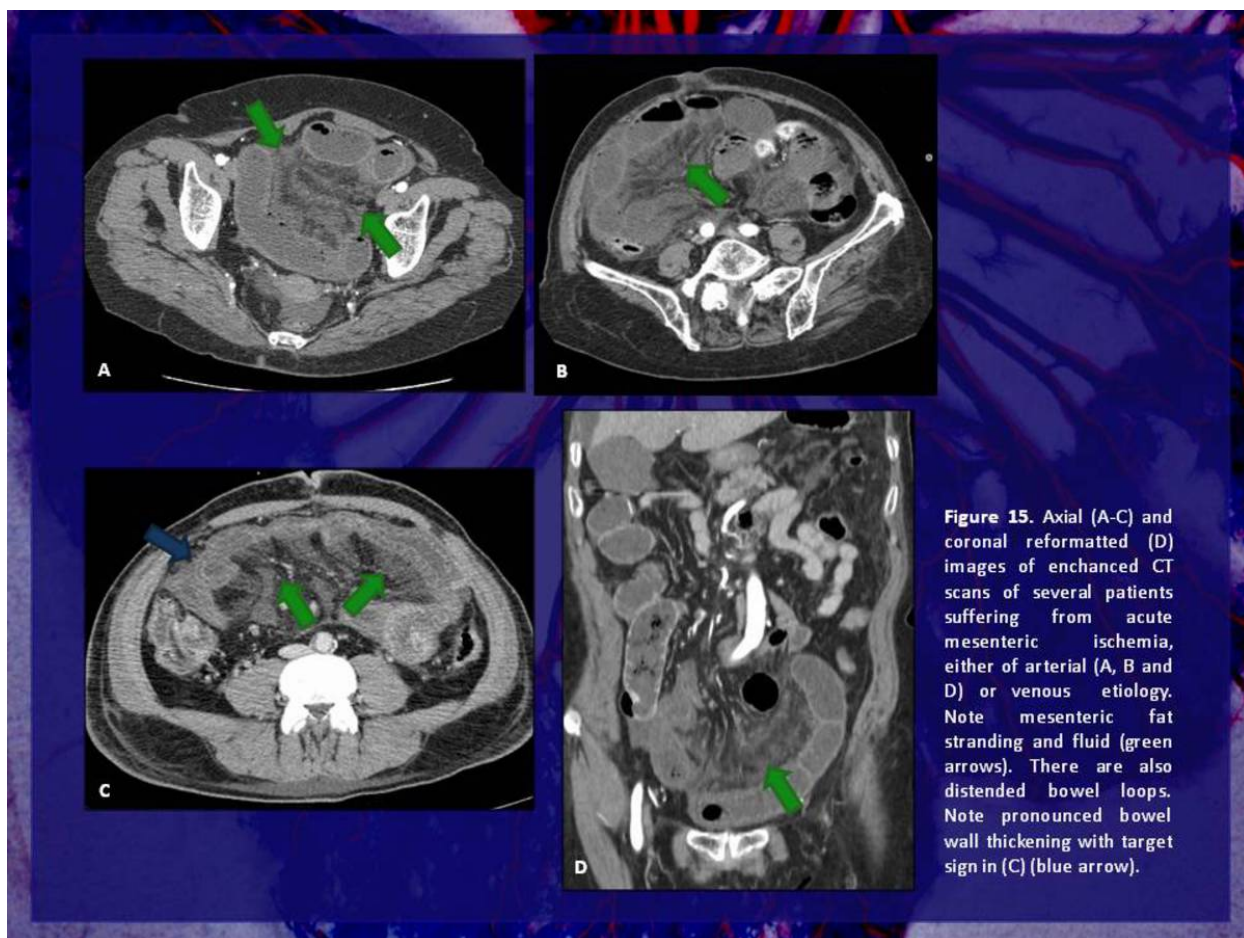


Fig. 16

MDCT

✦ Occlusion of mesenteric vessels

- There is a hypodense filling defect of the **arterial** lumen; in the thrombotic occlusions one may frequently observe extensive atherosclerotic calcifications (Fig. 16).
- In the case of **venous** occlusion, CT findings include a central filling defect in the mesenteric vein, combined with lack of collateral vessels; the venous walls are hyperdense; there is mesenteric fat stranding and engorgement of the mesenteric veins, reflecting venous congestion secondary to stasis (Fig. 17).

Fig. 17

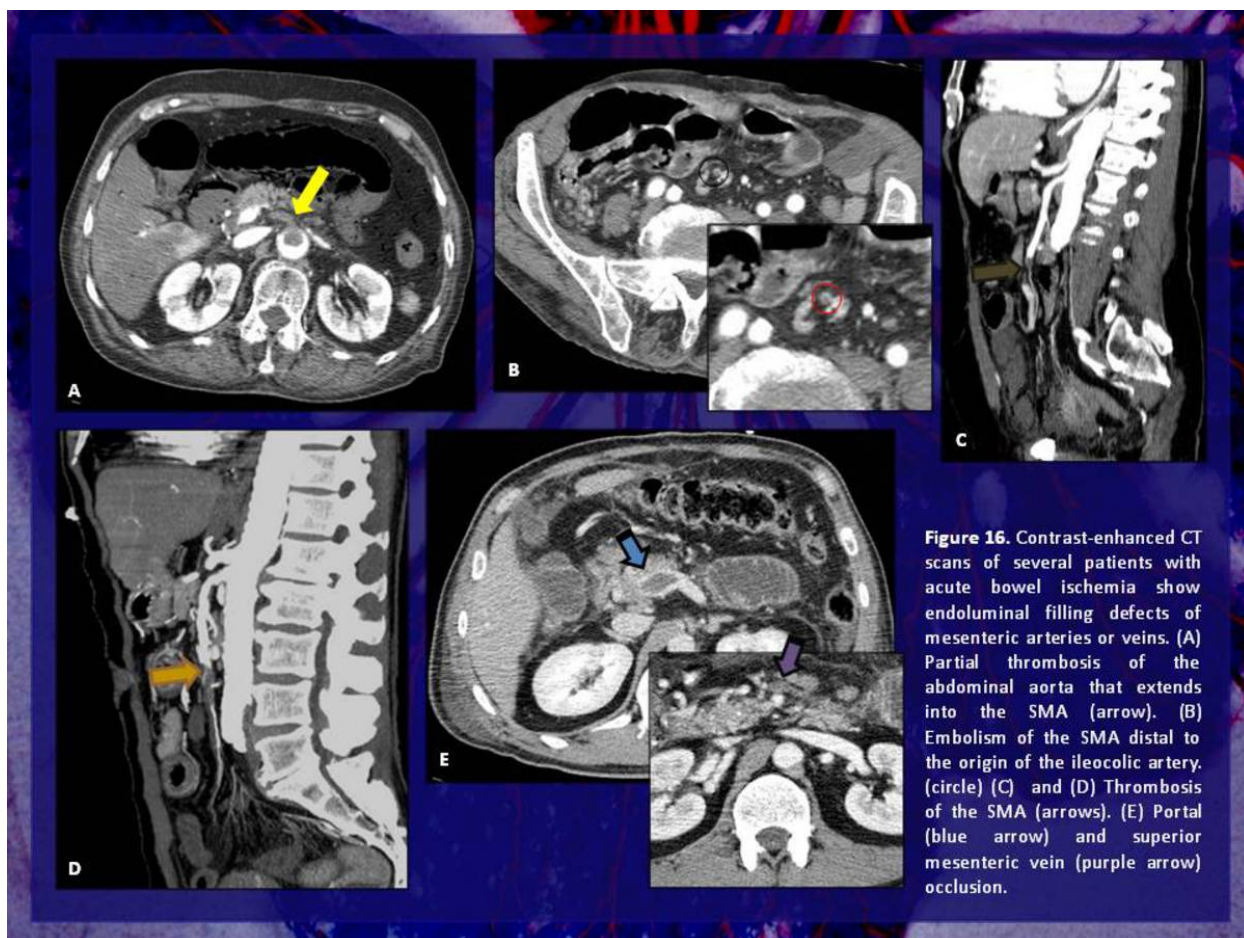


Fig. 18

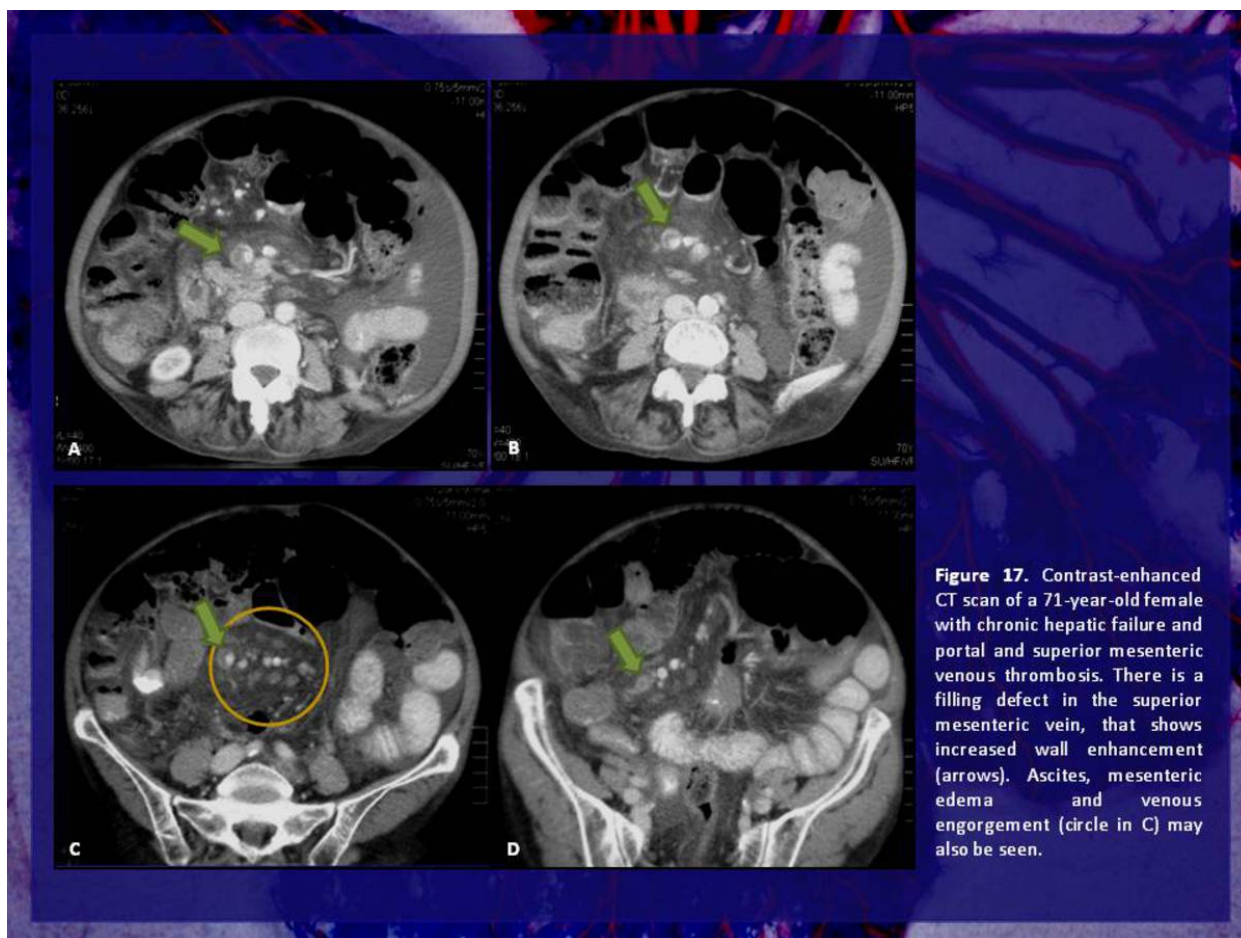


Fig. 19

MDCT

✦ Pneumatosis intestinalis

- It is a less common but more specific finding of AMI.
- Caused by dissection of luminal gas into the intestinal wall and by local gas-forming bacteria.
- It manifests more frequently as linear or bandlike rims of air that dissect the bowel wall into two layers (Fig. 19).

✦ Mesenteric and portal venous gas

- It represents the propagation of intramural gas into the portomesenteric venous system.
- In the liver it is typically found in the periphery as branching tubular gas images (Figs. 20 and 21).
- ☞ *When mesenteric ischemia is strongly suspected, this CT finding determines the need for emergent surgery.*

Fig. 20

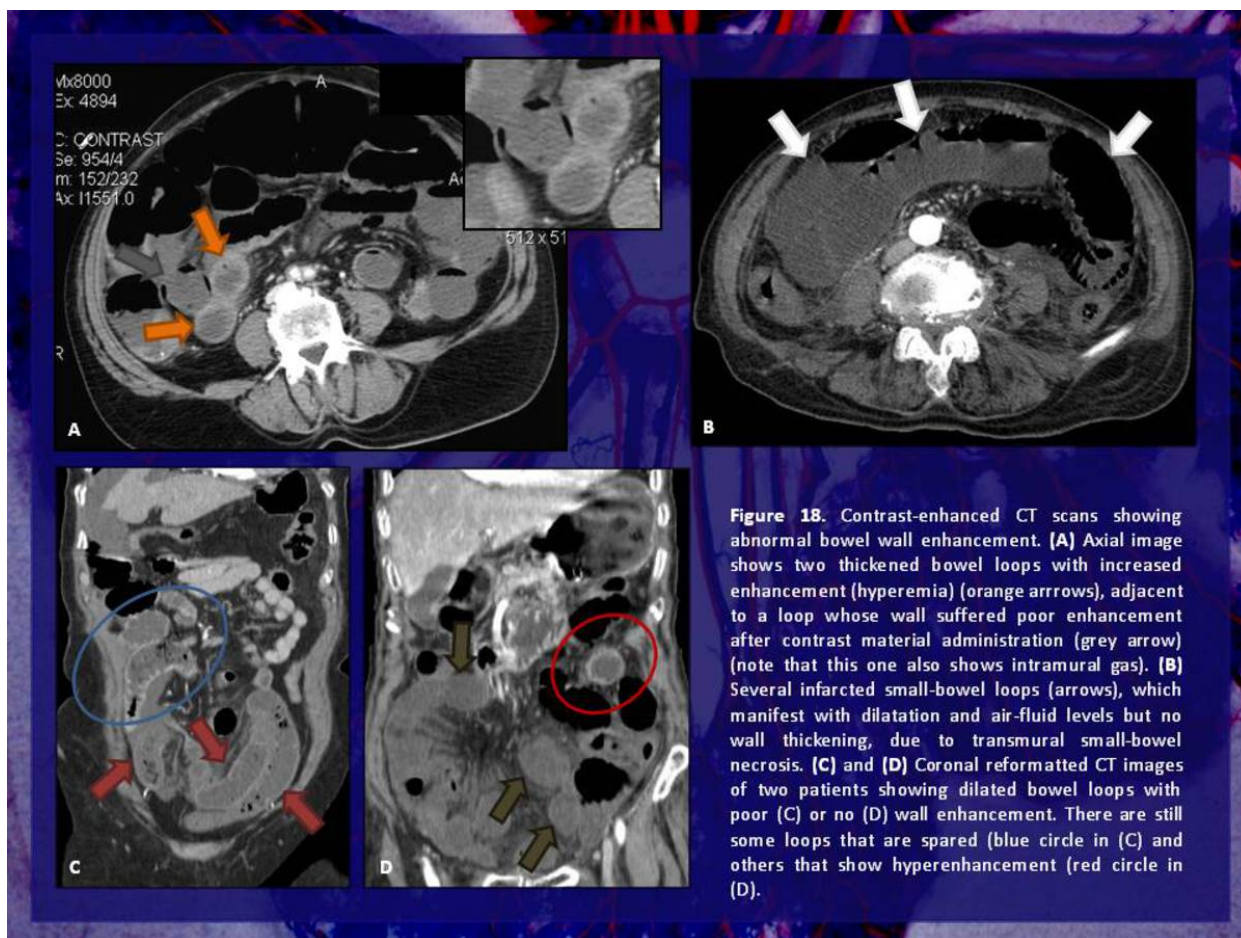


Figure 18. Contrast-enhanced CT scans showing abnormal bowel wall enhancement. **(A)** Axial image shows two thickened bowel loops with increased enhancement (hyperemia) (orange arrows), adjacent to a loop whose wall suffered poor enhancement after contrast material administration (grey arrow) (note that this one also shows intramural gas). **(B)** Several infarcted small-bowel loops (arrows), which manifest with dilatation and air-fluid levels but no wall thickening, due to transmural small-bowel necrosis. **(C)** and **(D)** Coronal reformatted CT images of two patients showing dilated bowel loops with poor (C) or no (D) wall enhancement. There are still some loops that are spared (blue circle in (C)) and others that show hyperenhancement (red circle in (D)).

Fig. 21

MDCT

■ Bowel wall attenuation

- ↓ attenuation (more frequent), reflecting submucosal edema and inflammation
 - Homogeneous hypoattenuation of a thickened bowel wall is more typical in cases of acute bowel ischemia caused by mesenteric venous occlusion
- ↑ attenuation: due to submucosal hemorrhage
- It can be homogeneous or may have a *halo/target appearance* (typical alternating different density layers - hyperdense mucosa caused by surface hemorrhage and ulceration, and hypodense edematous submucosa) due to hyperemia and hyperperfusion (Fig. 15).

■ Abnormal bowel wall enhancement after IVC administration

- ↓ enhancement, due to compromised blood flow to the affected portion of the bowel.
 - ☞ *Absent or poor enhancement of the bowel wall is thought to be the most specific sign of mesenteric ischemia.*
- ↑ enhancement, due to hyperemia or vasospasm (delayed and persistent enhancement)
 - ✦ *It indicates good prognosis since it represents viability of the bowel wall.*

Fig. 22

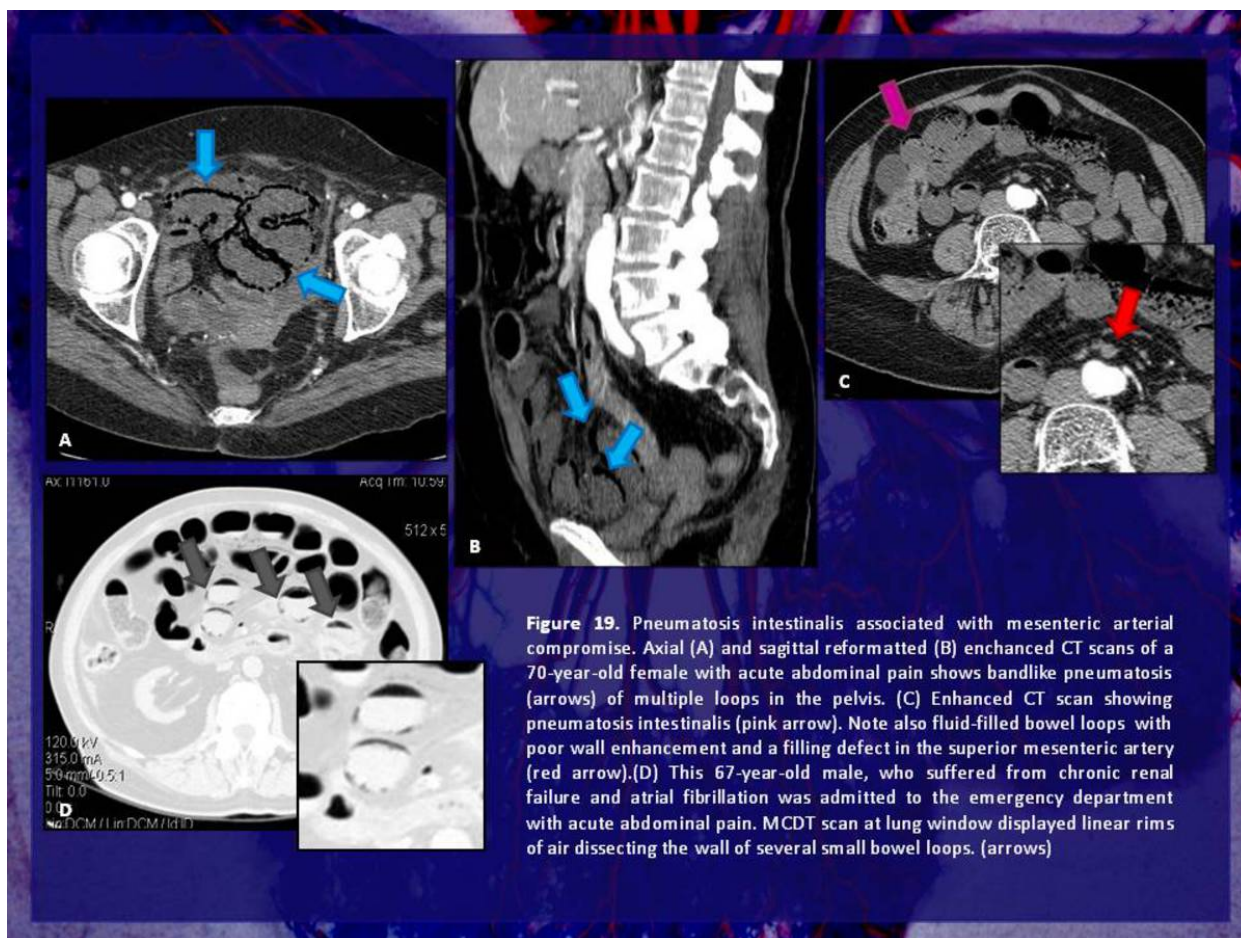


Figure 19. Pneumatosis intestinalis associated with mesenteric arterial compromise. Axial (A) and sagittal reformatted (B) enhanced CT scans of a 70-year-old female with acute abdominal pain shows bandlike pneumatosis (arrows) of multiple loops in the pelvis. (C) Enhanced CT scan showing pneumatosis intestinalis (pink arrow). Note also fluid-filled bowel loops with poor wall enhancement and a filling defect in the superior mesenteric artery (red arrow). (D) This 67-year-old male, who suffered from chronic renal failure and atrial fibrillation was admitted to the emergency department with acute abdominal pain. MCDT scan at lung window displayed linear rims of air dissecting the wall of several small bowel loops. (arrows)

Fig. 23

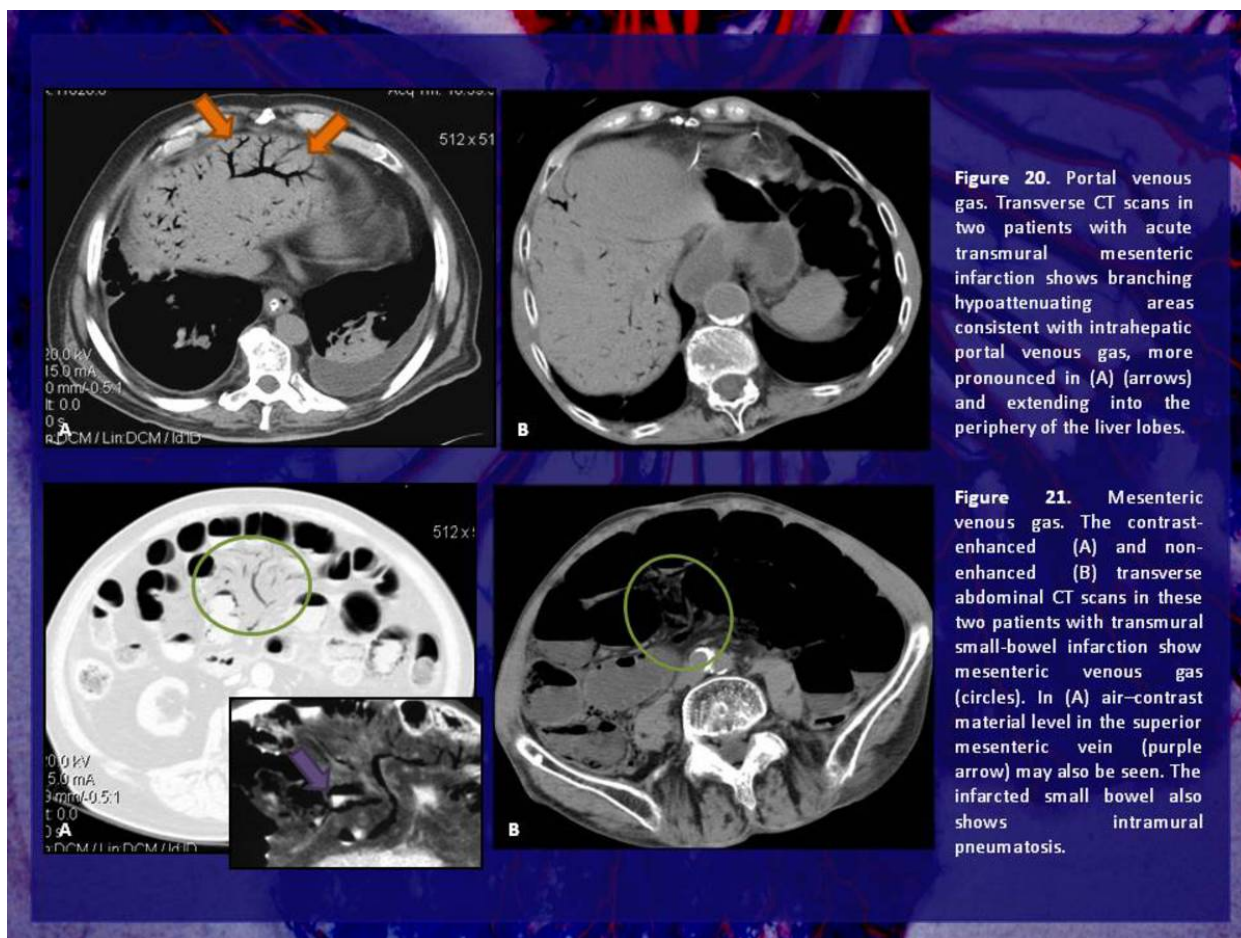


Fig. 24

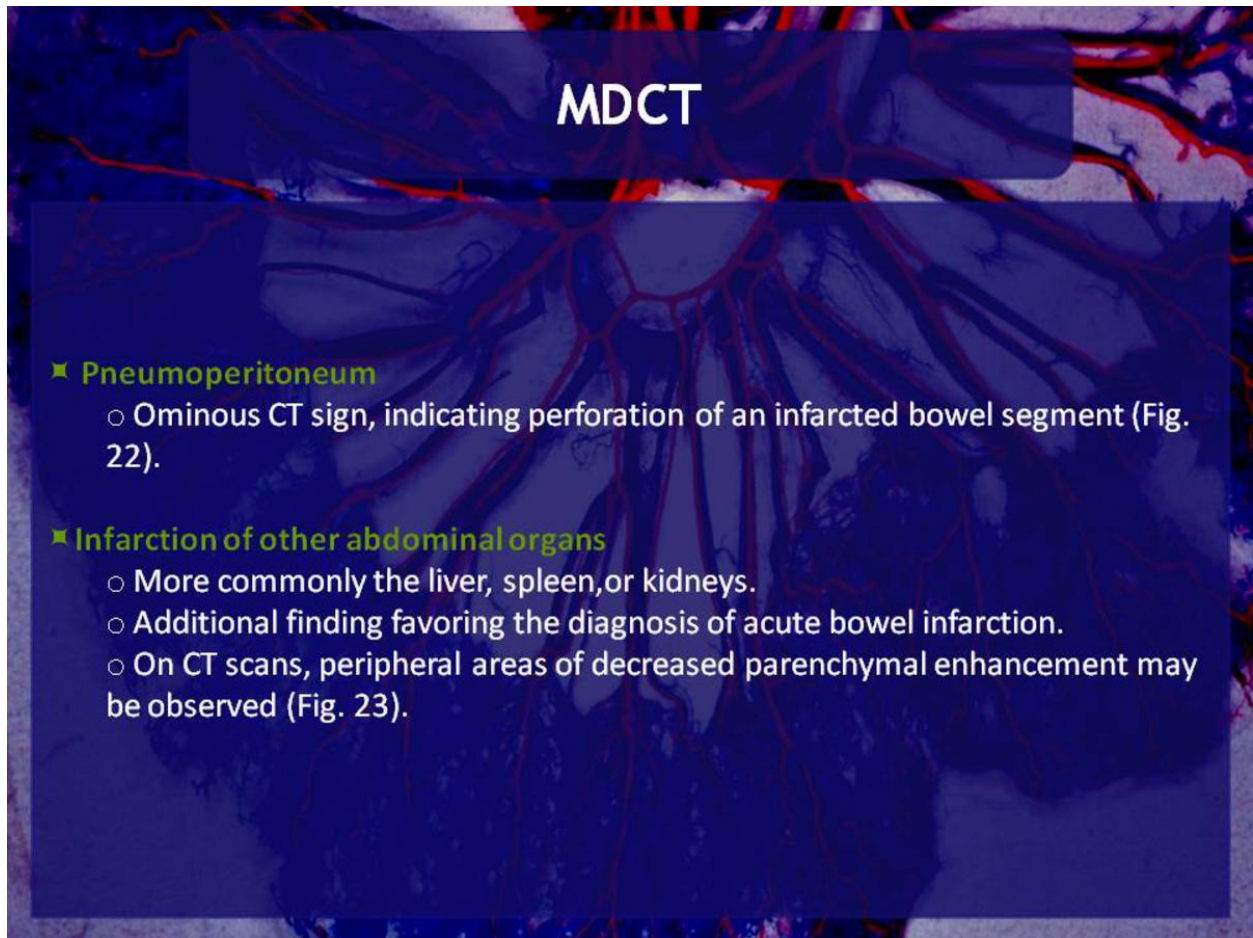


Fig. 25

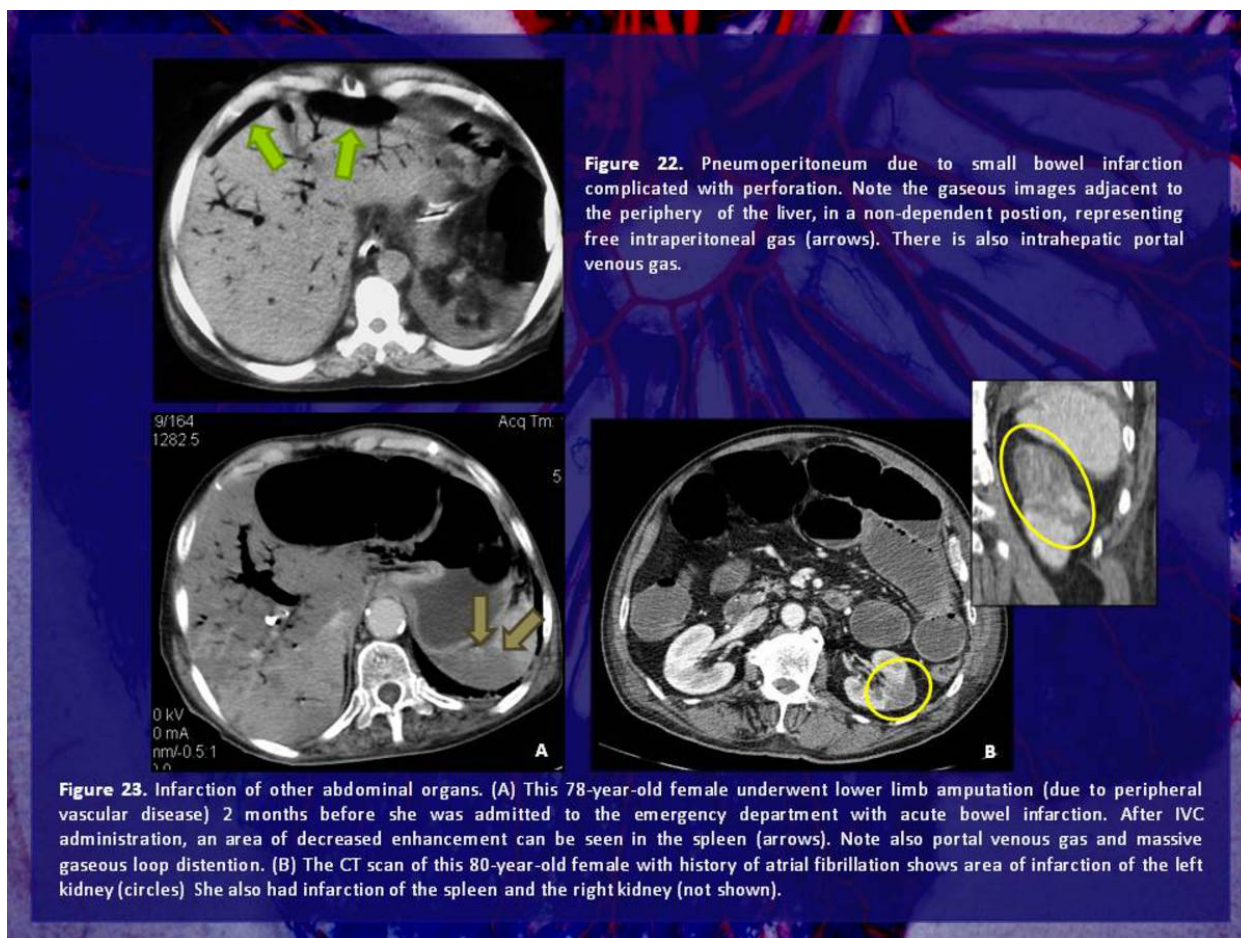


Fig. 26

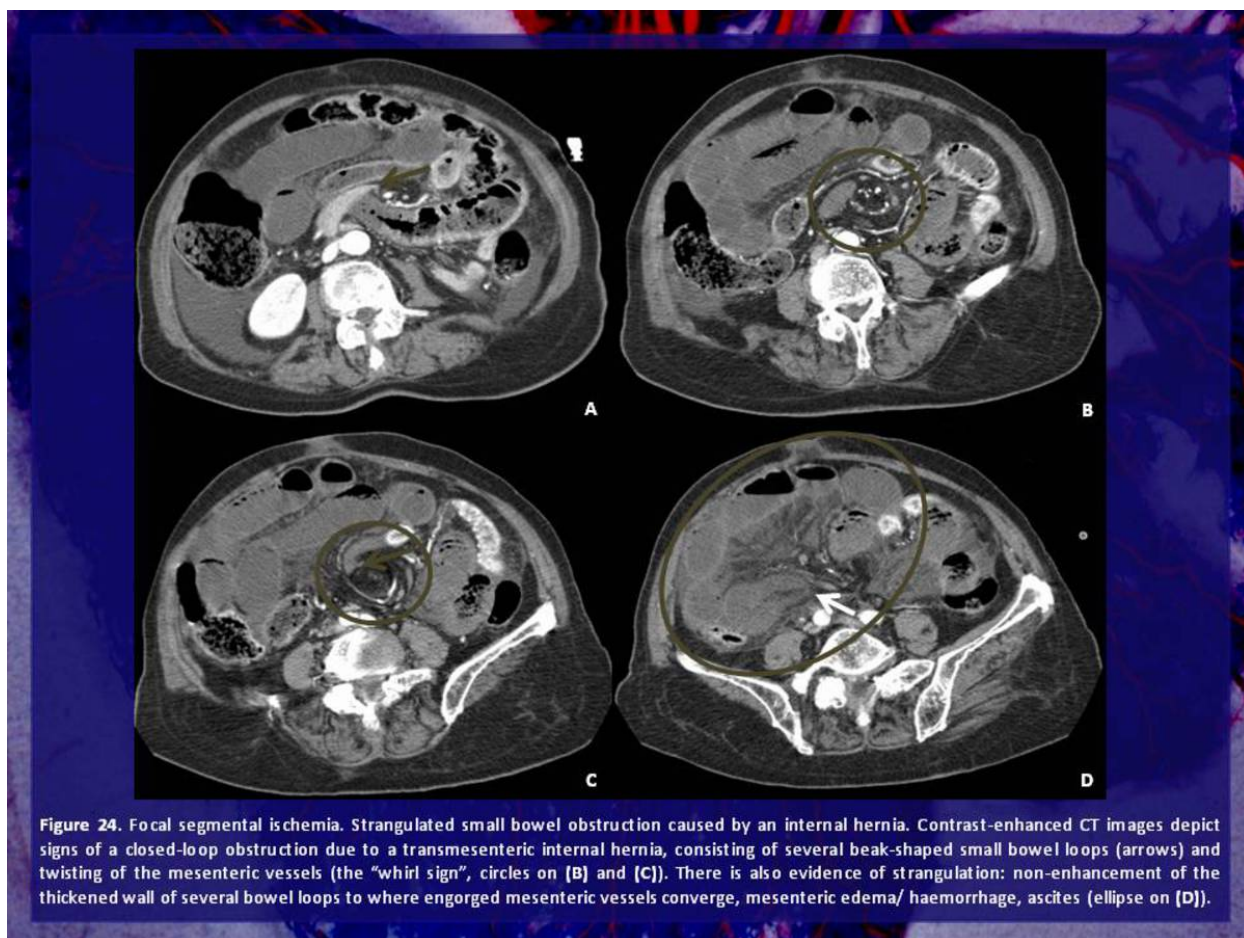


Fig. 27

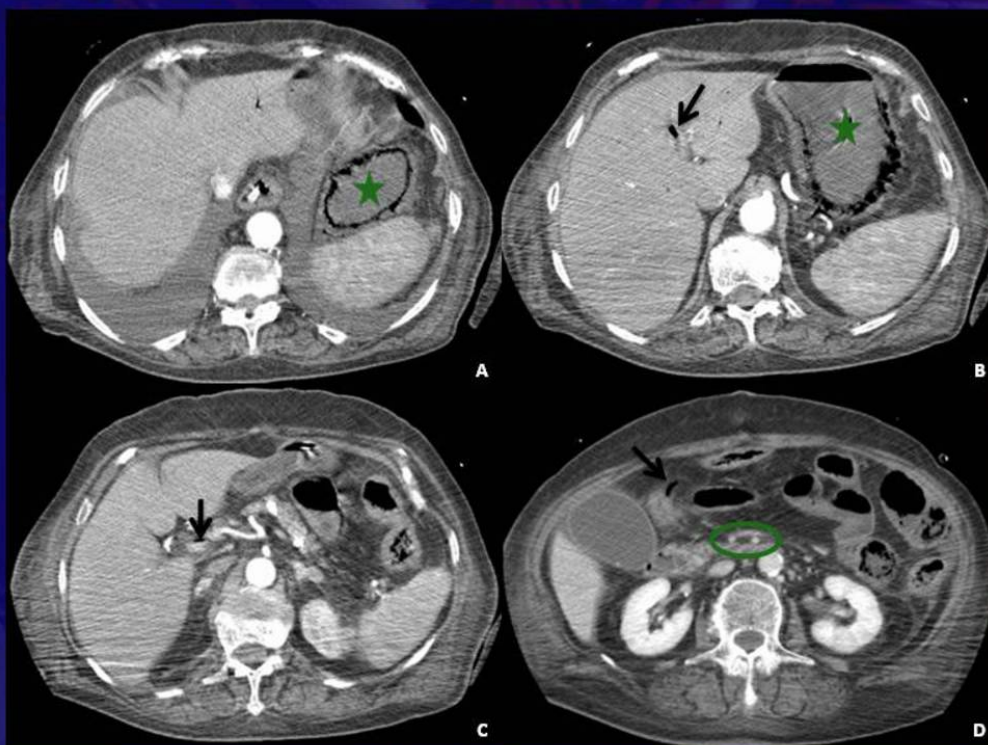


Figure 25. Non-occlusive mesenteric ischemia (NOMI). Acute ischemia due to hypoperfusion. **a)** and **b)** Contrast-enhanced CT images demonstrate gastric wall pneumatosis (star); arrows on **(B)**, **(C)** and **(D)** indicate respectively gas in the intra-hepatic portal vein, in the portal main trunk and in a mesenteric vessel; there is patency of both the SMA and the SMV (circle on **(D)**).

Fig. 28

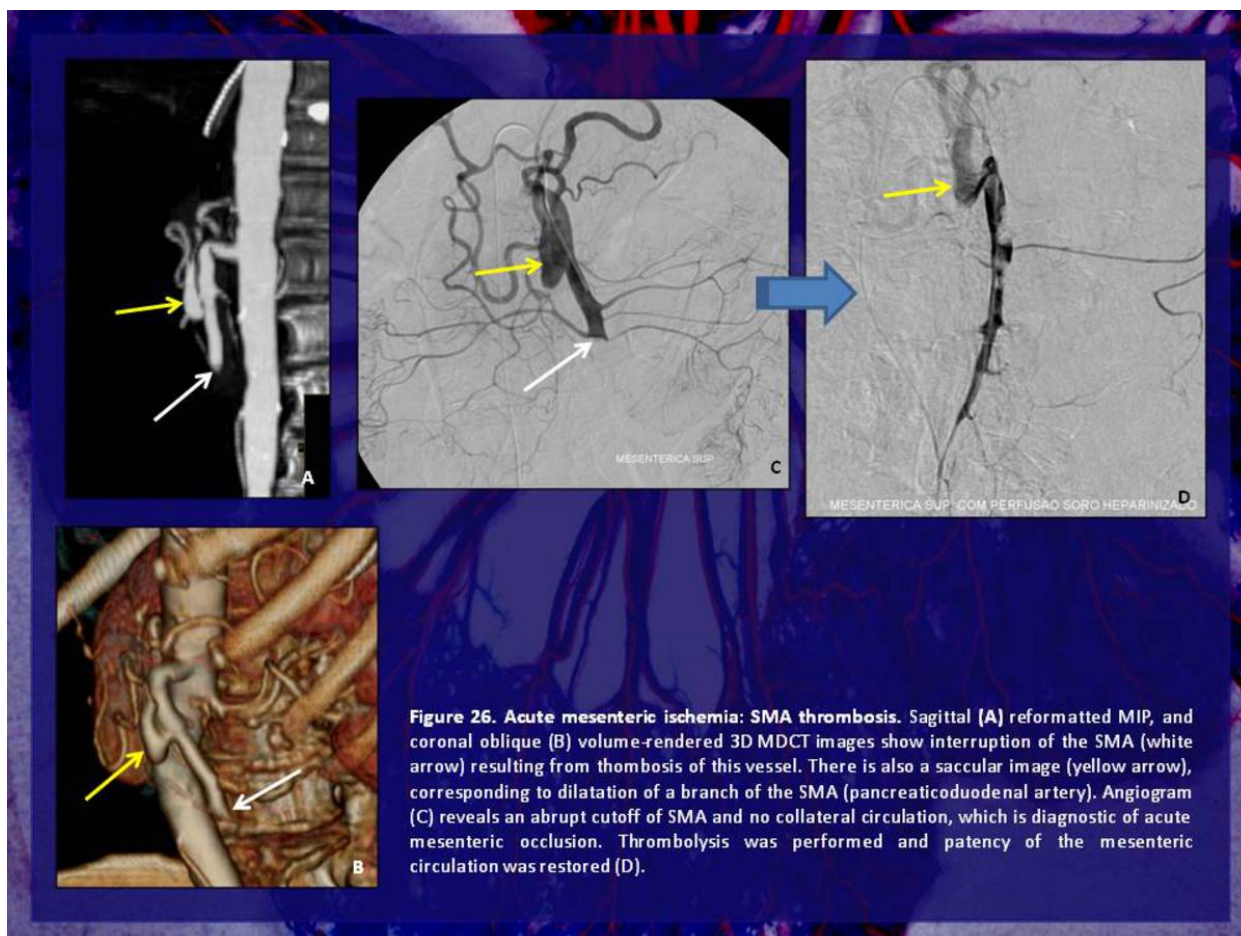


Fig. 29

MDCT

- ✧ CT findings suggesting **CHRONIC MESENTERIC ISCHEMIA** include:
 - ✓ Presence of atherosclerotic calcified plaques at or near the origins of proximal splanchnic arteries.
 - ✓ Luminal narrowing or focal vascular stenosis of proximal mesenteric vessels.
 - ✓ Arterial occlusion (lack of enhancement).
 - ✓ Development of collateral circulation.
 - ✓ Ischemic bowel wall and mesenteric changes, such as bowel wall thickening and edema, submucosal hemorrhage, changes in bowel wall enhancement and mesenteric stranding or fluid.

Fig. 30

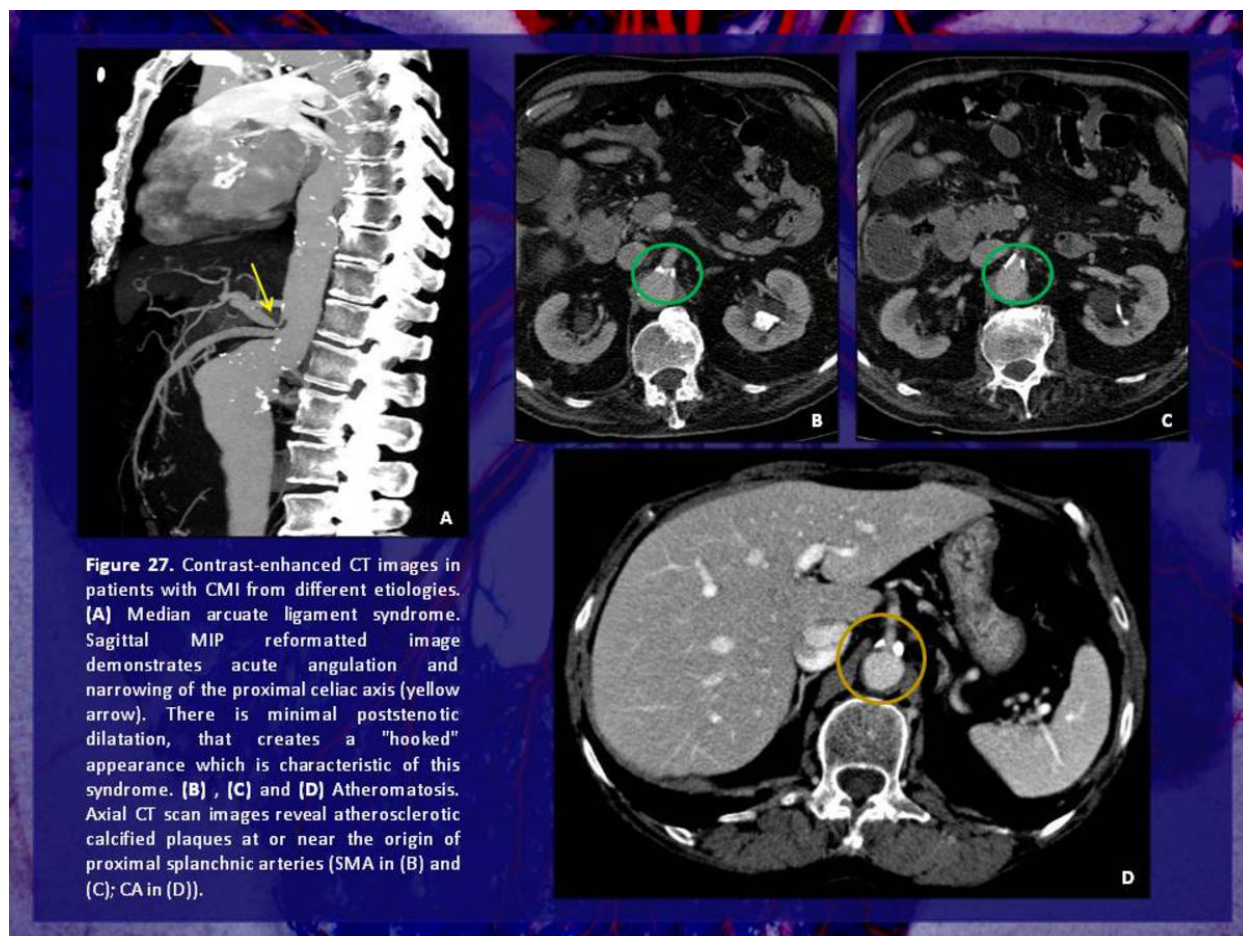


Fig. 31

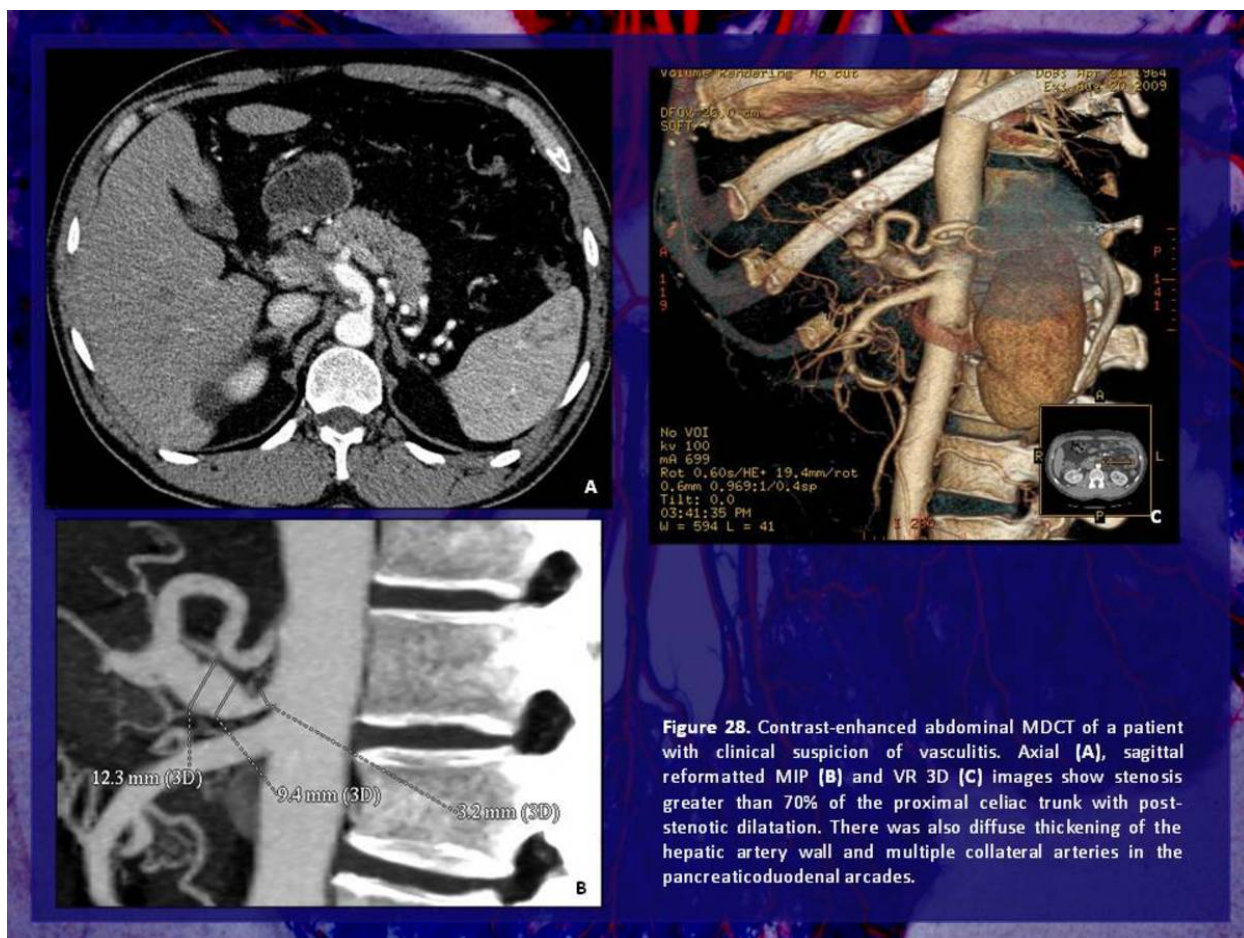


Fig. 32

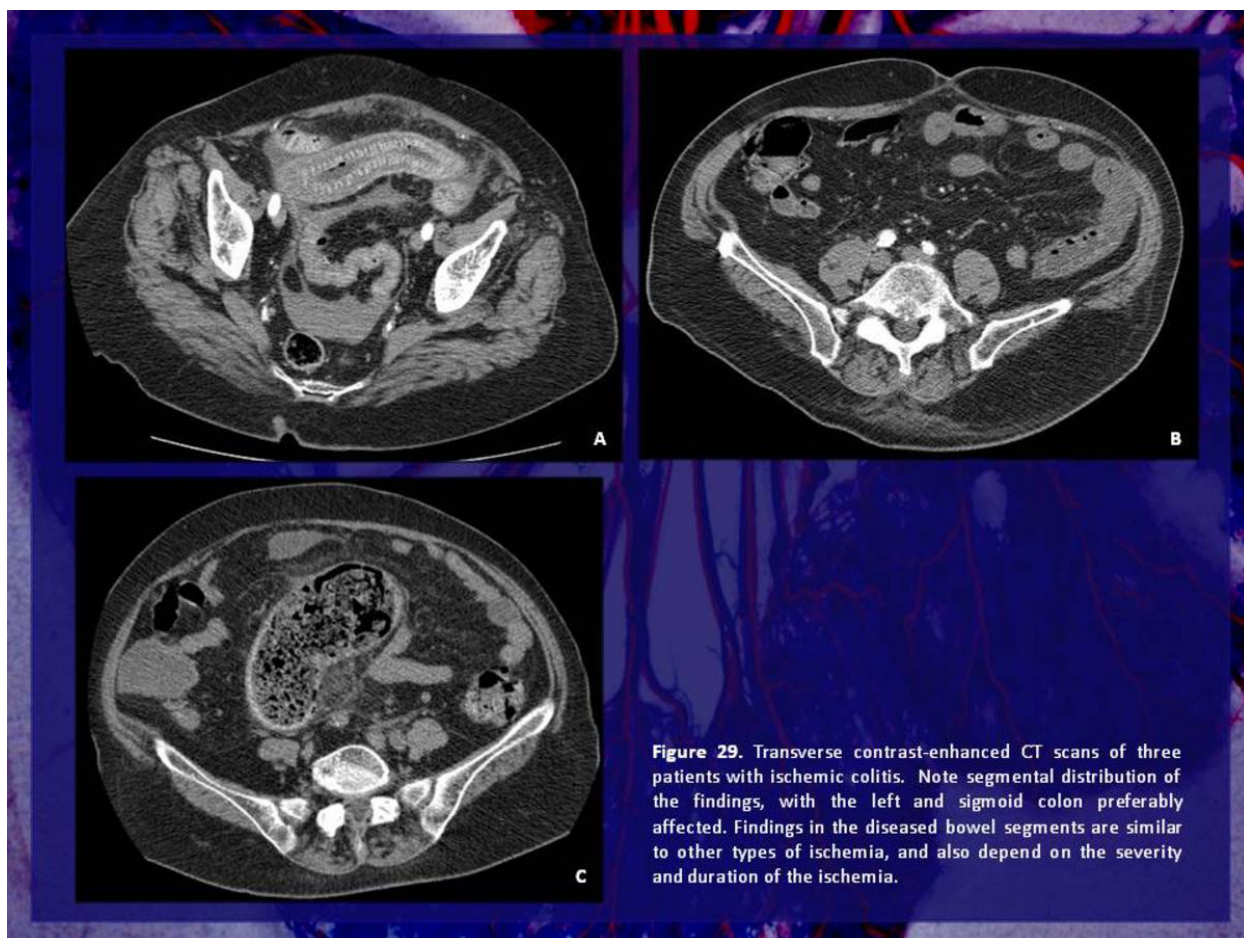


Fig. 33

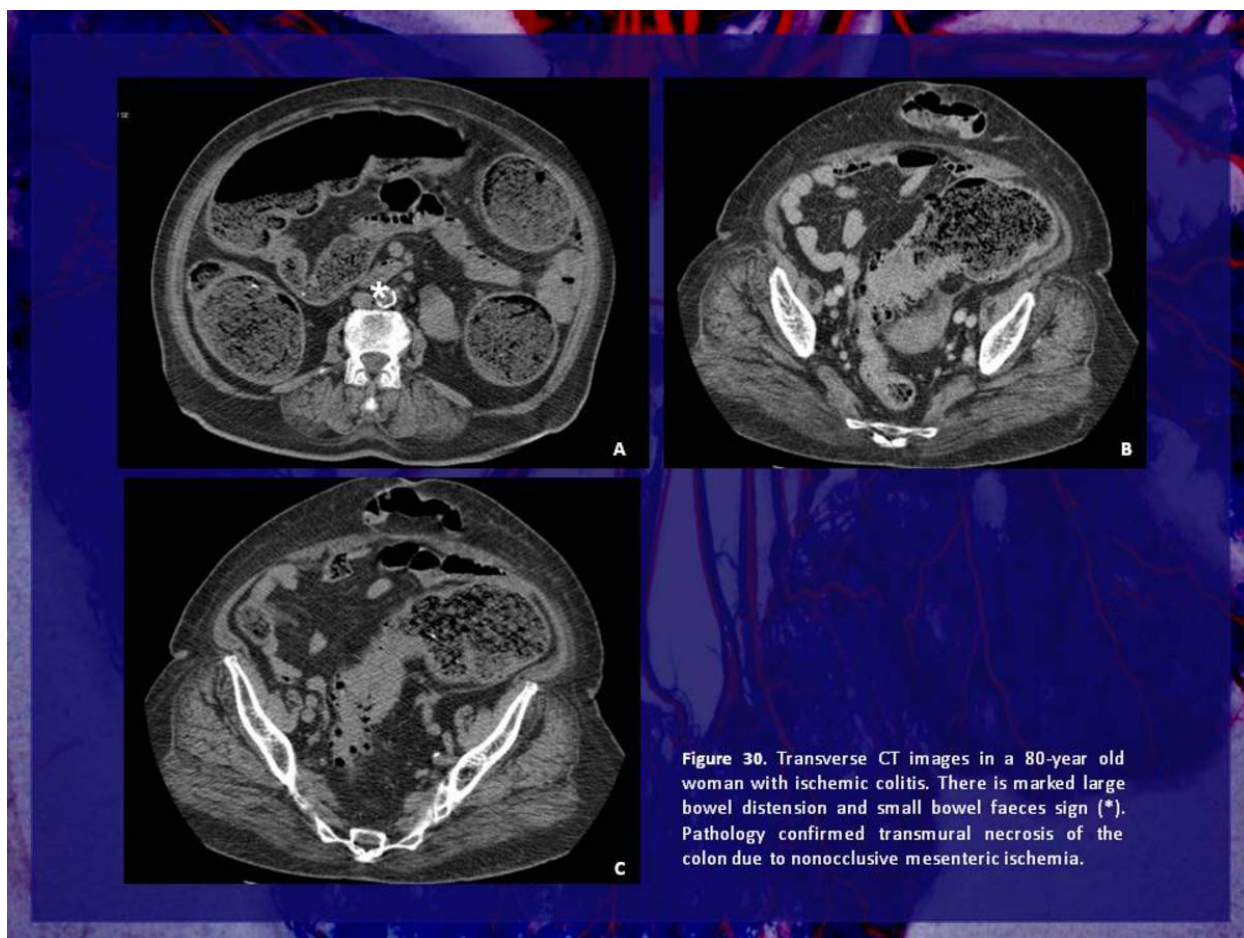


Fig. 34

Conclusion



Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

Images for this section:

CONCLUSIONS

- ✦ Despite all the advances that have been achieved on medical imaging, the diagnosis of mesenteric ischemia remains a challenge, since the clinical, laboratory and radiological features are variable and tend to be non-specific. A high level of clinical suspicion is needed, as the outcome crucially depends on an early accurate diagnosis and prompt treatment.
- ✦ Radiologists should be aware of the spectrum of imaging findings and underlying mechanisms of this potentially fatal condition in order to help avoiding the high morbidity and mortality that can arise from it.

Fig. 1



Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

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Fig. 1

References

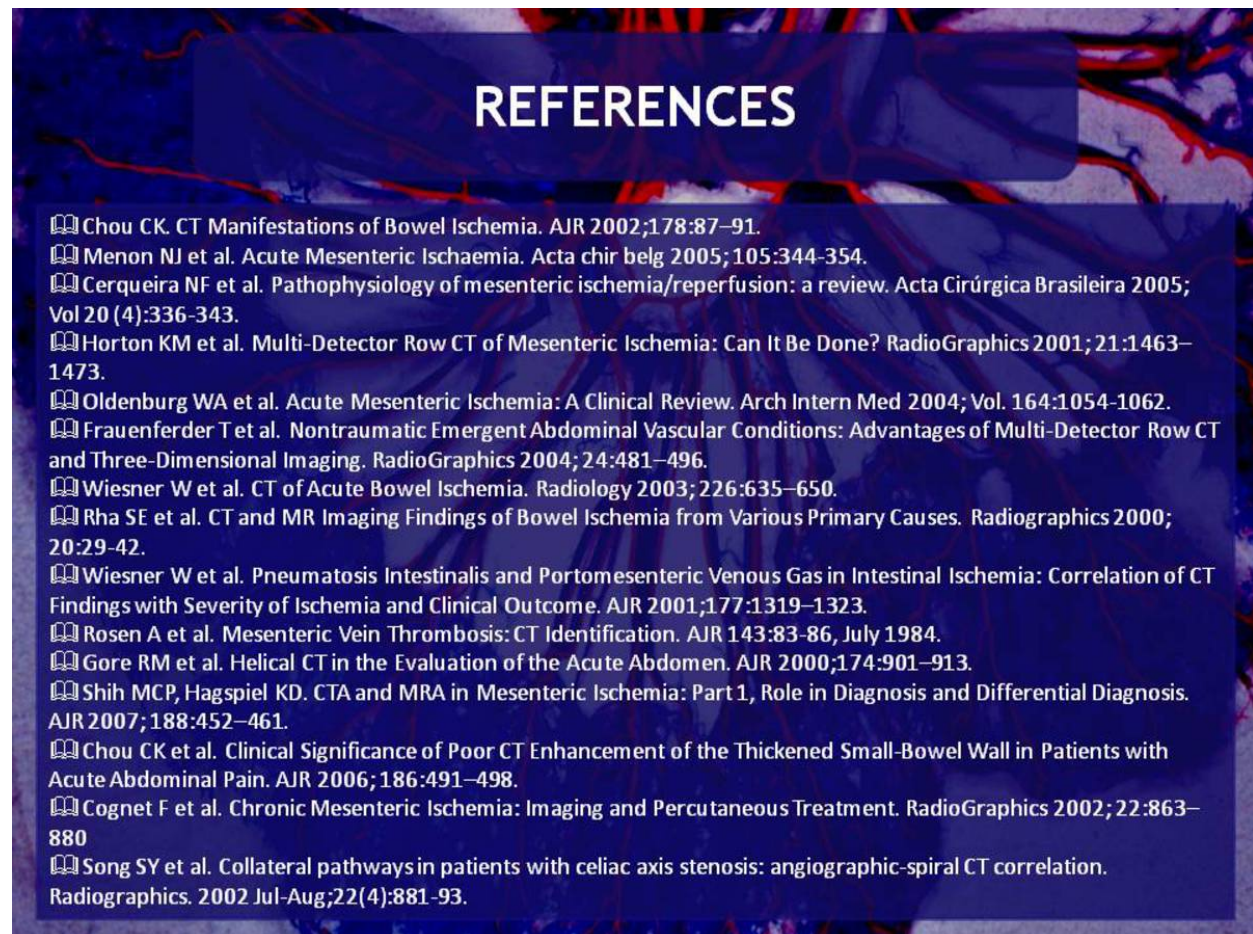


Fig.

References: C. Ruivo; Radiology, Hospitais da Universidade de Coimbra, Coimbra, PORTUGAL

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Fig. 1

